

SERVICE AGREEMENT

Hypnotherapist Responsibilities:

- Provides hypnotherapy
- Listens to client goals, values, and beliefs
- Be clear and direct in providing feedback
- Maintains ethics, professionalism, personal integrity, honesty, and sincerity
- Holds the client accountable and responsible for their change-work
- Creates a safe, supportive environment for client to process emotionally
- Shows respect for clients' beliefs and learning style
- Evaluates how using the hour will yield highest gain
- Shows client how to find and recognize answers to their questions from within themselves

Hypnotherapist CANNOT:

- Offer a quick fix (most sustainable change work requires multiple sessions over time)
- Substitute for psychiatric treatment or professional counseling
- Diagnose or cure illness
- Solve clients' problems for them
- Control or force client to act outside of their own free will

Client Responsibilities:

- Must be accountable, take full responsibility to achieve desired results
- Show up for appointments on time and prepared
- Be totally honest, voice feelings/thoughts
- Be coachable, teachable, willing to learn
- Eliminate internal resistance, or speak about it
- Trust the change-work process
- Fulfill all homework assignments
- Pays invoices on time or ahead of time
- Takes ownership of his/her own physical, mental/emotional well-being, decisions, choices, actions, and results
- Understands results are not guaranteed, and will vary from client to client
- Will get out of hypnosis change-work what they put into it

Client Signature _____

Date _____