

SERVICE DISCLAIMER

As a new client, I, _____, understand that if I choose to purchase a treatment plan package for hypnotherapy service from Best Hypnotherapy Denver, I am agreeing to the following terms:

- a. I understand that working with Best Hypnotherapy Denver means I am committing to doing long-term work on the root causes of my issues, and not quick fix symptom relief.
- b. I understand that creating improvements upon my issues will take an average duration of 4 to 6 sessions or more, with predictable progress, but no guarantees and absolutely no quick fixes.
- c. I understand that it may take days to several weeks before I begin to feel or become aware of my improvements from addressing my root causes.
- d. I understand that hypnotherapy will not change my personality and will not change behaviors I've had my entire life without doing long-term work.
- e. I understand that the hypnotherapist is a supporter to my emotional unravelling process and that he/she has no control over me and is not responsible for how quickly I progress.
- f. I understand change occurs only when I have taken responsibility for my emotions, feeling and talking about them, and following the hypnotherapist's recommendations.
- g. I understand that having mental resistance means that I am still afraid of change. It is not the same as accessing my emotions. I understand that my progress of improvement will be significantly slower if I cannot access my issues emotionally.
- h. As I emotionally unravel, my hypnotherapist will provide the support, encouragement, and techniques to help me to feel safe and foster a smooth process of advancement.
- i. The hypnotherapist can coach me to access and unravel my limited beliefs and guide me to access the feelings which will allow me to benefit from hypnotherapy and CBT more quickly.

I understand that Best Hypnotherapy Denver works differently from most other hypnotists in that we offers deep, comprehensive emotional change-work therapy for clients who are ready to take responsibility, process, feel, and unravel their core emotional root issues which, in time, will offer long-lasting, transformative results.

I have READ and UNDERSTAND the Service Disclaimer and by signing, I AGREE to the terms.

Signature _____

Date _____