

NJ Division of Developmental Disabilities DDD Resource Team -- Information Packet

Staff: Board Certified Behavior Analysts
Speech-Language Pathologists
Registered Nurse

We Provide Trainings: Workshops are presented at no cost to agencies.
Remote or In-person with COVID precautions

Topics include:

- ✓ Behavior Support Plans
- ✓ Behavior Analytic Principles
- ✓ Pica
- ✓ Swallowing Disorders and Mealtimes
- ✓ Common health issues in the I/DD Population

We Provide Individualized Supports: Online-based or telephone-based

- Consultative Services
- Recommendations and Staff Training.
- Assistance for Community Behavior Specialists.
- Staff Training for Mealtime Needs.
- Communication and Hearing Support.

Contact us by emailing presenters directly to register for workshops. See information on the following pages.

For individualized supports and all other questions:

Please contact us at DDD.ResourceTeam@dhs.nj.gov or reach the specific trainer whose workshop you are interested in as listed below.

Course Descriptions

DYSPHAGIA AND MEALTIME ISSUES

Please email these trainers directly with questions or to register for trainings.

Managing Dysphagia for Community Providers

Creating a safe dining experience is of utmost importance. This workshop will explain swallowing and dysphagia. Participants will learn how to prepare modified food and drink textures, set up meals, as well as supervise and cue individuals effectively to prevent aspiration and choking. There will be reviews of swallow studies and participants will understand why the individuals we serve are at very high risk of choking. Participants will leave with practical information on how to make dining a safe, calm, and pleasant experience for everyone. This training is geared towards all staff working with individuals in residential settings and day programs including nurses and administrative staff. Direct Support staff working in family homes are also welcome to participate in this training. **Trainer: Ambika Bhattacharya, SLPD, ambika.bhattacharya@dhs.nj.gov**

Trainers: Please contact the speech pathologist designated by county (Northern/Southern).

<p>Counties in the NORTH: Bergen, Essex, Hudson, Hunterdon, Middlesex, Morris, Passaic, Somerset, Sussex, Union, Warren,</p> <p>Email Ambika Bhattacharya, SLPD-CCC at ambika.bhattacharya@dhs.nj.gov</p>	<p>Counties in the SOUTH: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Mercer, Monmouth, Ocean, Salem</p> <p>Email Rachel Stahl, MA CCC-SLP at rachel.stahl@dhs.nj.gov</p>
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The Choking Risks of Regular Diets

In 2021, we saw an unprecedented amount of choking incidents for DDD service participants on regular diets. This training will explain how individuals without swallowing disorders or modified diets still present a high choking risk. Participants will learn how to best support service recipients during mealtime and how to reduce choking risks. The course is for all staff working with individuals, including nurses and administrative staff. **Trainer: Rachel Stahl, SLP, rachel.stahl@dhs.nj.gov**

Caring for a Person with a Feeding Tube

People with feeding tubes have unique social-emotional needs. This workshop is designed for people who socialize with and care for them. While the actual feeding is done by a qualified nurse, there are many things that we all should know. This course focuses on the person, not on how to give tube feedings. Participants will also learn how feeding tubes are placed into the body and the vocabulary surrounding enteral (non-oral) feeding. **Trainer: Rachel Stahl, SLP, rachel.stahl@dhs.nj.gov**

Course Descriptions

BEHAVIOR ANALYTIC TOPICS

Please email the trainer directly with questions or to register for Behavior Analysis workshops. Delia Sequeira, M.S. BCBA at delia.sequeira@dhs.nj.gov

- Workshops labeled with numbers (1), (2), (3), (4), and (5) are part of a sequence and need to be taken as a sequence in order.
- Workshops in the Behavior Supports 101, 102, and 103 series can be taken separately. They make a great introduction to the 5 Workshop series.

Basic Principles of Applied Behavior Analysis for Direct Support Staff

The workshop will cover basic concepts and principles of behavior science. It will present the information in a way that can be useful for agency staff in order to implement behavior support plans, active treatment and improve overall interactions between staff and Individuals. This series is applicable for any direct support staff of any agency. Certificates of attendance will be awarded upon completion. For your convenience, the trainer can also travel and provide this training at an agency site (i.e. Group home, agency office, day program, etc.).

Developing Positive Interactions between Direct Support Staff and Individuals

Either Basic Applied Behavior Analysis for Direct Support Staff or Functions of Behavior are prerequisite for this workshop. Once the basic concepts and principles of behavior are covered, staff will be presented with information on how to create and maintain positive interactions with individuals by applying the material covered in the basic concepts and principles workshop. This series is aimed towards all agency staff (direct support staff and professional staff).

Understanding Pica from a Behavioral Perspective: Managing the Environment for Prevention

This presentation is an introductory training on Pica, ingesting inedibles, as viewed through Applied Behavior Analysis. It will cover basic information about Pica, how to manipulate the environment to prevent it and the applied behavior analysis approach explained in layman's terms. This series is aimed towards all agency staff (direct support staff and professional staff).

Functions of Behavior (1)

Function is one of the most important pieces of information one can have about behavior in order to understand it, work to reduce challenging behaviors and increase appropriate replacement behaviors as well as other functional skills. The training discusses the why of behavior along with some basic principles of behavior. This is the first class of a series that is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Course Descriptions

BEHAVIOR ANALYTIC TOPICS (CONTINUED)

Understanding Functional Behavior Assessments and Behavior Support Plans (2)

Functions of Behavior workshop is a pre-requisite for this training. Understanding documentation that relates to the individual's behaviors is imperative to provide quality services. The training will cover the particulars of what a Functional Behavior Assessment (FBA) is, how one conducts an FBA and how that leads to the creation of a Behavior Support Plan (BSP). This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Data Collection and Interpretation (3)

Functions of Behavior workshop is a pre-requisite for this workshop. In order to determine how to change behavior it is important to be able to identify behavior of interest, operationally define it and measure it. Understanding how to collect and interpret data is the most important step in the analysis of target behavior progress. The workshop will focus on providing the tools to do this as well as demonstrate how to collect behavior data and interpret it. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Training Behavior Support Plans (4)

Understanding Functional Behavior Assessments and Behavior Support Plans is a pre-requisite for this workshop. Proper training of Behavior Support Plans (BSP) for all staff that will be working with an Individual is imperative to achieve successful behavior change. This workshop will look at best practice methods of training BSPs for staff to competency, and how to measure staff performance. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Teaching Functional Skills (5)

Data Collection/Interpretation is a pre-requisite for this workshop. This workshop will focus on the basic strategies for teaching functional skills to Individuals. The focus of a BSP is not to only decrease pinpointed challenging behaviors. It is to also to be used as a tool to provide teaching strategies for appropriate replacement skills. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Behavior Supports 101: An Introduction

The workshop will cover basic concepts of taking on behavioral supports. It will present important information regarding ruling out reasons for behavioral changes, and understanding the reasons behind behavior through a brief overview of the behavioral principles. This will assist in identifying when a service recipient needs additional supports. This series is applicable to any person providing supports to service recipients.

Behavior Supports 102: A primer on Best Practices

The workshop will cover basic information regarding the characteristics of good behavior services that fall in line with expectations of behavior analytic services. It will also discuss the importance of accurate information within the documentation. This series is applicable to any person providing supports to service recipients.

Behavior Supports 103: Obtaining Successful Outcomes: An Organizational Perspective

The workshop will cover basic information on the role that an organization and training play to achieve successful outcomes. Proper training of staff can improve performance, as well as produce successful outcomes for the service recipients. These are critical steps to consider when providing behavior supports. This workshop is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Course Descriptions

HEALTH TOPICS

Ostomy Care

Caring for colostomies, ileostomies, and urostomies is important, as they can be utilized by the individuals we serve. This presentation discusses what ostomies are, the types of ostomy pouches available, removing, cleaning, and applying pouches, and possible complications. This is meant as an introductory or refresher for ostomy care. Hands-on education and training by a primary nurse or doctor are recommended in conjunction with this presentation. This training is appropriate for all direct care staff including nurses and other caregivers. **Trainer: Laura Creamer, RN, Laura.Creamer@dhs.nj.gov**

Frequent Five Health Problems + Two

The individuals we serve are at increased risk for additional health problems that can be fatal. This presentation discusses five of the most frequently occurring problems: Aspiration Pneumonia, Constipation, Dehydration, Seizures, and Urinary Tract Infection (UTI). With two newly added health topics, we have seen an increase in, Gastroesophageal Reflux (GERD) and Infection/Sepsis. This information will increase awareness and understanding of health concerns and equip staff with the knowledge to prevent or manage them when they occur. This training is appropriate for all direct care staff including nurses and other caregivers along with the administrative staff. **Trainer: Laura Creamer, RN, Laura.Creamer@dhs.nj.gov**