

June 2020 - 3S Art Newsletter

Acadia National Park

Acadia National Park in Maine



(Click here) [History of Acadia National Park](#)

Top things to do in Acadia and Bar Harbor



(Click here) [Ride the Park Loop](#)



Click here for information on [the Carriage Path](#)



[Click here to get information on Cadillac Mountain](#)

Acadia the first National Park east of the Mississippi - The first national park in the East, Acadia National Park in Maine began in the early 20th century, when wealthy property owners on Mount Desert Island began donating land to protect it for public use. Along with the tallest mountain on the US Atlantic coast, the 46,000-acre park includes several other mountains, lakes, ponds, beaches, forests, meadows, and cliffs along an irregular coastline of rocky points, sounds, and inlets.

Acadia National Park in Maine I love this National Park. I remember going to the top of Cadillac Mountain to watch the sunrise in the most easterly portion of the United States. It is truly a beautiful event and site to see, the sunrise from the top of this mountain over the United States.

Things to do in Acadia National Park - Among the things to do on a visit to Acadia are hiking, biking, camping, carriage rides, and seeing the park's many natural features on a car tour or on the handy Island Explorer buses. You'll find restaurants and lodging in hotels, resorts, vacation rental cottages, motels, and cabins in Bar Harbor and other towns outside the park, where you can also rent canoes, kayaks, sailboats, and motorboats and sign up for fishing trips, whale-watching, and nature cruises. Here are few suggestions:

1. **Park Loop Road**

-
visit
all
the
attractions
along
this
loop

2. **Carriage Roads**

-
ride
a

bike
or
hike
along
this
car
free
path

3. **Cadillac
Mountain**

-
ride
or
hike
to
the
top
of
this
mt.
to
see
the
sunrise

4. **Jordon's
Pond**

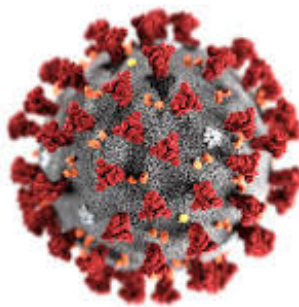
-
have
a
**lobster
roll
in
a
popover**
at
the
restruant
**Jordon
Pond
House**



IT'S ALL ABOUT LOBSTER

Any Maine stay is about, well, lobster. Nowhere is that fact driven home more bluntly than at **Thurston's** (Steamboat Wharf Road, Bernard; 207-244-7600; thurstonslobster.com), in a half-plastic, half-canvas tent overlooking a working harbor and surrounded by stacks of lobster pots. You choose your live lobster, they cook it and you pick it up on a plastic tray.

If you prefer a cottage setting, try **Abel's Lobster Pound** (Abels Lane off Route 198, south of Junction 233; 207-276-5827), a lively family-owned restaurant set in a spruce grove on a fjord, where you eat on picnic tables illuminated by tiki torches overlooking the yacht basin or in the knotty pine dining room. A 1.5-pound lobster is \$35 with baked potato.



CDC advice on International Travel

Covid 19 and Travel

**I absolutely love to travel and miss the adventures. However, every foreign travel that I planned for 2020 has been canceled, including a beautiful planned trip to Tuscany for an art retreat and at a Viking cruise that started in my favorite city of Venice Italy. I for one, am a little hesitant to get on a plane in these crazy times.

Forget getting on a cruise which is simply out of the question. A drivable National Park is a better alternative if hotels begin to open up as the economy is restarted. Acadia is great travel destination. This link is a good one to bookmark which provides FAQs by the CDC and provides answer to travel questions both domestically and internationally.

Anthony Russo



Click here and listen

Beautiful Calming Music

Lately, I have ventured into the field of creating music \ art videos. Please take a look and listen to this calming music in these troubled times. Consider purchasing this album composed by these talented musicians (Pamela Whitman and Rich Kurtz). Enjoy.



*California Dreamin' - Forever
New Album*

Beautiful Smooth Jazz

Here is another music / art video with Rich Kurtz that has a different style. The music is smooth jazz and one of the tracks is the famous Mamas and Papas song California Dreamin'. Enjoy this music and on this link



Acacia watercolor painting

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