

June 2022 - 3S Art Newsletter



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Biking on the Jersey Shore

is a great way to get out and enjoy this June weather. My brother-in-law and I especially enjoy our morning bike rides and stopping for breakfast along the way. In the past year, we've had breakfast in 58 different local restaurants. You'll find a listing of them below.

These bike rides also provide inspiration for my art work including the painting above that I did for a friend.

Jersey Shore Restaurants

Anthony and Frank's (R.O.M.E.O - Retired Old Men Eating Out) B & B (Bike

#	Resturant	Town	Recommendation
1	Delight Bakery	Allenhurst, NJ	
2	Asbury Hotel	Asbury Park, NJ	Comfortable lobby, pool table
3	Asbury Park Roastery	Asbury Park, NJ	In the lobby of the Parmount Theatrebuidng
4	Bagel Talk	Asbury Park, NJ	
5	Booskerdoo Coffee & Baking	Asbury Park, NJ	Strong coffee and bake goods
6	Cafe Volan.	Asbury Park, NJ	
7	Cardinal Provision	Asbury Park, NJ	#2 on the Shore -Got to try their chicken and waffle breakfast. Also try their fresh
8	Franks Deli.	Asbury Park, NJ	
9	Porto	Asbury Park, NJ	Very good Pizza
10	Purple Glaze	Asbury Park, NJ	#1 Donut shop in Asbury - Best place in Asbury Park to buy fresh donuts.
11	Speakatry	Asbury Park, NJ	The breakfast wraps were very good.
12	Sunset Dinner	Asbury Park, NJ	
13	Sunset Landing	Asbury Park, NJ	
14	Sweetwaters	Asbury Park, NJ	
15	Toast	Asbury Park, NJ	This place is good and is on Cookman Avenue in Asbury Park
16	Sissies	Atl Highland, NJ	Very good breakfast and watch the boats in the marina and NYC ferry Seastreet
17	Avon Pavillion	Avon, NJ	Great place in the summer to have a meal and watch the waves on the beach
18	Maeberry Market	Avon, NJ	
19	Comfi	Belmar, NJ	#1 on the Shore for Breakfast , huge portions, also get ^{Text} Perogies, YUM
20	Main Street Donut	Belmar, NJ	Great Donut shop
21	Back in Time Cafe	Bradley Beach, NJ	Great out door dining at the RR station
22	Bagel International	Bradley Beach, NJ	
23	Butter Biscuit.	Bradley Beach, NJ	
24	Perfection Perk Cafe	Bradley Beach, NJ	
25	The General Store	Farmingdale, NJ	Great breakfast with a unique antique atmosphere
26	Dunking Donuts	Highlands, NJ	
27	Route 36 Pizza	Highlands, NJ	
28	Water Witch	Highlands, NJ	
29	Colonial Coffee Shop	Howell, NJ	Nice place to go if you bike ride around Manasquan Reservoir
30	Jillaneys.	Keansburg, NJ	
31	Grateful Deli	Lock Harbor, NJ	Great little place to stop on the way to Asbury Park. Owner- Mary
32	Amy's.	Long Branch, NJ	
33	Bagel Boy	Long Branch, NJ	
34	Bagel Store	Long Branch, NJ	
35	Caputo Bakery	Long Branch, NJ	#1 Bakery for pastries on the Shore
36	Miller's Luncheonette	Long Branch, NJ	#1 Value for Breakfast Great place for the money, only takes cash, very reasonable.
37	Shore coffee	Long Branch, NJ	Expensive
38	Tony Baloney.	Long Branch, NJ	
39	Turning Point	Long Branch, NJ	
40	Alittos	Lyncroft, NJ	
41	Dunkin' Donuts	Lyncroft, NJ	
42	Kitchen Witch.	Monmouth Beach,	
43	Bagel Talk	Neptune City	Very reasonable \$ and very good bagels
44	Sunset Dinner	Ocean , NJ	Very good, reasonable \$\$\$
45	All Star Bagel shop	Ocean Grove, NJ	
46	Bake Shop-	Ocean Grove, NJ	
47	Bing's Deli	Ocean Grove, NJ	
48	Starving Artist- Ocean	Ocean Grove, NJ	
49	The Porch Crepe Cafe	Ocean Grove, NJ	Only open in the summer but tasty crepes
50	Brennan Deli- Ocean	Ocean, NJ	
51	Danny's Place	Ocean, NJ	Excellent home fries
52	GiGi.	Sea Bright, NJ	
53	Yokes on You	Sea Bright, NJ	#1 place to start with breakfast before biking Sand Hook bike path
54	AM Kitchen	Spring Lake, NJ	Great breakfast place on Main Street in town
55	Dunes Donuts	Spring Lake, NJ	#1 Donut shop on the shore
56	Nick and Sons Bakery	Spring Lake, NJ	#1 Bakery on Shore for bread - Excellent bakery for breads and pastries
57	Scone Pony Bakery	Spring Lake, NJ	Clever name and great scones. Try punkin or carrort scone.
58	Spring Lake Cafe	Spring Lake, NJ	



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