



## **November 2022 - 3S Art Newsletter**

As I explored alternative art forms over the last several newsletters, it has become obvious that humans have a deep seated need to express themselves and the myriad mediums they employ are fascinating. We'll end this series, for now, by exploring one more art form - dance. This a perfect follow on to the last newsletter's topic, music videos, as dance is an integral part of music videos and so many other forms of human expression.

In dance human movement becomes the medium for sensing, understanding, and communicating ideas feelings, and experiences. Dance has always been one of humans intrinsic expressions. Community gatherings, family moments, war and peace, the change of seasons - all these are moments expressed through collective and individual dances.

### **History of Dance**

The earliest historical records showing the origins of dance are cave paintings in India dating to about 8,000 BC. Egyptian tomb paintings also depict dance in about 3,000 BC.

These early dances may have been religious in nature, and by the era of Ancient Greece, people were incorporating dance into celebrations of the wine

god Dionysus (and later the Roman god Bacchus) and into ritual dances at the Ancient Greek Olympic Games. And just as we do today, early people danced for enjoyment, seduction and entertainment. Read more about the history of dance



[Click here more information](#)

### **The Power of Dance**

Dancers and choreographers can convey a complete story without uttering a sound. A single flick of a wrist or a point of a toe can express emotions in a way no words can.

If you've had the good fortune to see the Broadway show Hamilton, examples of the power of art of dance abound. Throughout the show, dancers' movements express so much more than these fantastic lyrics can do on their own. One of the dancers, "the bullet" represents death and in one of the final scenes depicts in slow motion the fatal shot Aaron Burr used to kill Hamilton. The impact would pale without this performance.



*Click for video*

## **The Artists**

Although not my medium of choice, who can deny the artistry of Fred Astaire, Gene Kelly, Rudolf Nureyev, Michael Jackson, Les Twins, Madonna, Usher, Martha Graham, just to name a few. And can any of us deny the desire to “get jiggy with it” to express joy during the most important times of our lives.



## **A Few of the Most Famous Dancers**

[Click here](#)

## **A Few of the Most Famous Choreographers**

[Click here](#)

# My ART - The 3S Art



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## Art Show

Thanks to all that joined me and **Ernie Massarotti** at my art show at the **Beach**

**Grill in Long Branch.** The art will be displayed through 2022. Some of the proceeds helped the Seeing Eye Dog Foundation. Please support this local business which is open for breakfast and lunch



**Buy a raffle for this oil painting at the beach Grill.** The drawing will be held on December 1, 2022. This is a donated painting and all proceeds will be contributed to the Seeing Eye Dog Foundation.

**Mary Beth Higgins - Editor**

**Anthony Russo - Artist**



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