

Occupational Therapy

At TLC, our board-certified occupational therapists offer comprehensive assessments and treatment sessions tailored to the client's individual needs. Occupational therapists address areas such as fine motor, visual motor and self-help skills, coordination, postural control, sensory sensitivities and modulation difficulties (including attention/regulation and calming or alerting activities). We work in the context of children's daily activities (or "occupations"), which include learning and participating in school, participating in self-help activities (such as getting dressed and managing fasteners) and, of course, playing! Play is an important occupation for children as it allows them opportunities to learn and develop motor planning, postural control, gross and fine motor skills, praxis, problem-solving and much, much more! At TLC, our occupational therapists have both a sensory-motor room (including a variety of suspended equipment) and a fine motor room, each with a wide range of equipment available.