

## **Job Description**

### **Assistant Climbing Coach**

#### **Job Title:**

Assistant Coach

#### **General Description:**

The VRG Assistant Coach will be responsible for facilitating, implementing, and supporting the VRG Competitive Climbing Team practices and events, as developed by the Head Climbing Coach. The assistant coach will work alongside other assistant coaches to fulfill the long and short-term objectives identified by the Head Coach to prepare our athletes for the physical, mental, and tactical challenge that surround competition climbing. This position requires an excitement and dedication to coaching, learning, fostering a positive community in a sports setting, and working with youth athletes. VRG Team Coaches represent the apex of our coaching workforce, acting as ambassadors for our company and role models for our climbers. This management position reports to the Head Coach and General Manager.

#### **Responsibilities:**

##### **Leadership & Development**

- Carry out comprehensive training schedules for the youth climbing team as developed by the Head Coach
- Assist in carrying out climber assessments & support team athletes in their individual progress.
- Drive athlete discipline, good citizenship and adherence to the Code of Conduct during practice.
- Accept in-gym feedback from employees and customers on athlete behavior and citizenship, and adjust behavior where necessary.
- Lead by example during scheduled practices and comps, and promote a productive and positive team culture.
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##### **Communication, Professionalism & Accountability**

- Be a positive and active role model in the climbing and Valley Rock Gym community.
- Communicate with the Head Coach as to the progress and on-going development of each youth athletes goals and objectives.

- Engaged with the parents of our youth athletes to discuss details of upcoming events, on-going goals in our practice sessions, and general updates about the climbing team program.

### **Managing Risk**

- Maintain a positive and safety conscious environment for team members, customers, guests, and employees.
- A high attention to detail to ensure that youth athletes are practicing their sport in a safe, healthy, and productive way.

### **Qualifications**

- A background in sports coaching, with an emphasis on skill and movement-based sports.
- A general understanding of competition strategy and tactics in any highly skill-based sport.
- Ability to facilitate practice sessions for a wide range of athletic abilities and ages.
- Experience in the disciplines of bouldering, sport climbing, speed climbing, or traditional climbing.
- Experience working with youth athletes in a competitive sport.
- Good interpersonal communication skills between co-workers, youth athletes, parents, and supervisors
- A desire to consistently develop and expand upon your knowledge and tools surrounding sports education, sports psychology, physiology, and indoor rock climbing in general.

### **Work Hours**

- Part-time, 10-15 hours per week plus occasional weekends for competitions and outdoor team trips.
- Expected to work afternoon/evening hours

### **Environmental and Physical Demands**

- Comfortable working in a loud, high energy environment on a regular basis
- Comfortable working at height, moving up and down a climbing wall safely
- Continuously stand and walk on unstable and uneven surfaces for long periods of time
- Able to repeatedly lift, move, and carry up to 50 lbs of weight on a regular basis
- Able to balance, kneel, pull, push, and grasp objects on a regular basis
- Have the visual acuity to assess fine details

## **Compensation, Benefits and Perks:**

- Pay DOE
- Facility Membership
- Access to pro-deals through our outdoor industry partners

To Apply

Please email your resume and cover letter to:

[jobs@valleyrockgym.com](mailto:jobs@valleyrockgym.com)