

Waiver of Liability

**ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY, AND INDEMNITY AGREEMENT**

DECLARATIONS: This is entered into between Lauren Booker Yoga and Therapy and the undersign ("Client"). Then provision of yoga and therapy by Therapist to Client, and the Client's use of any premises, facilities or equipment are contingent upon this Agreement.

ASSUMPTION OF RISK: You agree that if you engage in any physical activity on our premises or use any facility or equipment on our premises for any purpose, you do so at your own risk and assume the risk of any and all injury and/or damage you may suffer, whether engaging in physical exercise or not. This includes injury or damage sustained while and/or resulting from using and premises or facility, or using any equipment, whether provided to you by Therapist or otherwise. You assume the risk of your participation in any therapy session or yoga class. You agree that you are voluntarily participating in the aforementioned activities and assume all risk of injury, illness, damage, or loss or theft of any personal property, whether arising out of the negligence of the Therapist or otherwise.

INDEMNIFICATION: By execution of this agreement, you hereby agree to hold harmless Therapist from any loss, liability, damage, or cost the Client may incur due to the provision of therapy and/or yoga by Therapist to you.

ACKNOWLEDGMENTS: You expressly agree that the forgoing release, waiver, assumption of risk and indemnity agree is intended to be as broad and inclusive as permitted by the law in the State of Texas and Georgia and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

YOU ACKNOWLEDGE THAT YOU HAVE CAREFULLY READ THIS WAIVE AND RELEASE AND FULLY UNDERSTAND THAT IT IS A RELEASE OF LIABILITY, EXPRESS ASSUMPTION OR RISK AND INDEMNITY AGREEMENT. YOU ARE AWARE AND AGREE THAT BY EXECUTING THIS WAVIER AND RELEASE, YOU ARE GIVING UP YOUR RIGHT TO BRING A LEGAL ACTION OR ASSERT A CLAIM AGAINST THERAPSI FOR THERAPIST'S NEGLIGENCE. YOU HAVE READ AND VOLUNTARILY SIGNED THE WAIVER AND RELEASE AND FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS, OR INDUCEMENTS APART FOR THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Please sign and email to: [LaurenBookerYogaandTherapy@gmail.com](mailto:LaurenBookerYogaandTherapy@gmail.com)**