

### **Patient Consent Form**

#### *Botulinum Toxin Injections ('cosmetic injections') ('botox injections')*

**To the patient:** This disclosure is not meant to alarm you; it is simply an effort to better inform you so that you may give or withhold your consent for this treatment.

I have requested that Megan Eppens, FNP-BC, attempt to improve my facial lines with a Botulinum cosmetic injection. These injections, commonly known as 'Botox injections' have been FDA approved for use in the cosmetic treatment for glabellar frown lines only ("on-label" use). Injections in other areas of the face to improve appearance of facial lines can be performed, but the FDA has not approved those uses ("off-label use). The results of these cosmetic injections are often dramatic, although the practice of medicine is not an exact science, and no guarantees can be or have been made concerning expected results.

Cosmetic injections into the small muscles between the brows causes those specific muscles to halt their function (be paralyzed), thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. This paralysis is temporary, and re-injection is necessary within 3-4 months. It has been explained to me that other temporary and more permanent treatments are available.

The possible side effects of cosmetic injections include but are not limited to:

- 1.) **Risks: I understand there is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, eyelid droop, nausea, respiratory problems, and allergic reaction.**
- 2.) **Other potential risks of cosmetic injections**
  - a. Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur
  - b. Most people have lightly swollen, pinkish bumps where the injections went in, for a couple of hours or even several days
  - c. Headaches following treatment, for the first day and could persist for several days or weeks
  - d. Local numbness, rash, pain at the injection site, flu-like symptoms with mild fever, back pain
  - e. Respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin
  - f. Bruising is possible anytime you inject a needle into the skin and can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent
  - g. Temporary or permanent impaired vision or double vision due to corneal damage caused by inadequate blinking ability

- h. While local weakness of the injected muscles is representative of the expected pharmacological action of cosmetic injections, weakness of adjacent muscles may occur because of the spread of the toxin

While effects beyond the local area being injected are extremely unlikely, they are not impossible. If I have trouble swallowing, talking, or breathing, or have slurred speech or muscle weakness I will seek emergency medical care immediately. Furthermore, I will follow all aftercare instructions as described by my provider to ensure appropriate healing

Cosmetic injections are not an exact science and there might be an uneven appearance of the face with some muscles more affected than others. In most cases this uneven appearance can be corrected by more cosmetic injections in the same or nearby facial muscles. However, in some cases this uneven appearance can persist for several weeks or months.

This list is not meant to be inclusive of all the possible risks associated with cosmetic injections as there are both known and unknown side effects associated with any medication or procedure.

Cosmetic injections should NOT be administered to pregnant or nursing women.

**Additionally:**

I understand that I am having cosmetic injections for cosmetic purposes only. These injections are not being used to treat headaches, spasticity, eye disorders, or any other medical conditions. No suggestion of benefit of cosmetic injections for any medical conditions have been made by Megan Eppens, FNP-BC, or her staff.

I understand that the results are temporary, and several sessions may be needed for optimal results. The duration of effect generally lasts for approximately three to four months. Continuing treatments are necessary to maintain the effect of the cosmetic injections over time. No guarantee has been made as to the outcome of my being treated with these cosmetic injections, and I understand that the results may not be satisfactory to me.

I consent to the photographing of the procedure(s) to be performed and stored in this clinic's electronic health record (EHR) system, including appropriate portions of my face, for medical, scientific, or educational purposes. Furthermore, before and after photographs may be used for promotional purposes while always maintaining complete patient confidentiality.

The number of units injected is an estimate of the number of cosmetic injections required to paralyze the muscles. I understand there is no guarantee of results of any treatment. I understand the regular charge applies to all subsequent treatments.

I understand and agree to all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs, and that I have had sufficient opportunity for discussion and to ask questions. I hereby give consent to

perform this and all subsequent cosmetic injection treatments with the above understood. I hereby release Beauty By ME, LLC, Megan Eppens, FNP-BC, the person injecting the cosmetic injection, and the facility from liability associated with this procedure.

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Patient Printed Name

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Patient Signature

Date: