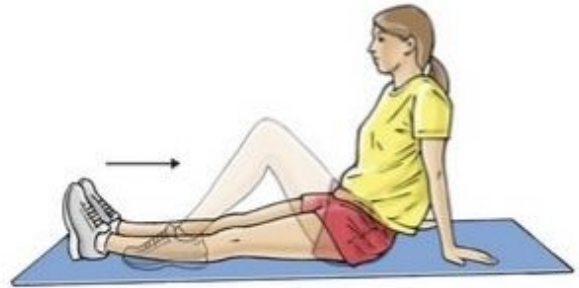


Medial Collateral Ligament Injury Rehabilitation Exercises



Passive knee extension



Heel slide



Clam exercise



Straight leg raise



Side-lying leg lift



Prone hip extension