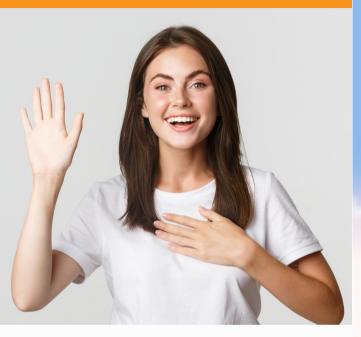
# TAKE THE PLEDGE



# PLEDGE TO DRIVE DRUG-FREE!

Monroe County Coalition is working to prevent impaired driving in Monroe County and to remind residents that impaired driving is dangerous, and against the law.

# MONROE COUNTY COALITION \* COM

SAFE AND DRUG FREE PARTNERSHIPS OF MONROE

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### **OUR MISSION:**

To foster community changes to reduce substance abuse and the consequences of substance abuse through community collaborative efforts. Support and advocate for a Safe and Drug-Free Community.

#### **OUR VISION:**

To provide a culturally competent, behavioral health and wellness approach to substance abuse prevention in Monroe County.



Sponsored by Monroe County Coalition, Inc., Thriving Mind South Florida, and the State of Florida, Department of Children and Families



# I STEER CLEAR









### **DRIVE DRUG-FREE**



Most people know, driving under the influence of alcohol and other drugs is not safe, smart, legal, or the right thing to do.







ALCOHOL IS A DRUG.



DRIVE STONED, GET STOPPED.



#### I STEER CLEAR

According to the National Institute on Drug Abuse, the use of illicit drugs or the misuse of prescription drugs can make driving a car unsafe—just like driving after drinking alcohol. Drugged driving puts the driver, passengers, and others who share the road at risk. Along with marijuana, prescription drugs are also commonly linked to drugged driving crashes.

- Some prescription drugs for anxiety
- Some anti-depressants
- Products containing codeine
- Some cold remedies and allergy products
- Tranquilizers
- Sleeping pills
- Pain relievers
- Diet pills, "stay awake" drugs, and other medications with stimulants (e.g. caffeine, ephedrine, pseudoephedrine)
- Products that contain stimulants may cause excitability or drowsiness.

Never combine medication and alcohol while driving.

#### I STEER CLEAR

## Drinking and driving is an issue no one should take lightly. These facts show us why:

Every day, about 28 people in the United States die in drunk-driving crashes — that's one person every 52 minutes. In 2019, these deaths reached the lowest percentage since 1982 when NHTSA started reporting alcohol data — but still, 10,142 people lost their lives. These deaths were all preventable.

Driving after drinking is deadly. Yet it still continues to happen across the United States. If you drive while impaired, you could get arrested, or worse — be involved in a traffic crash that causes serious injury or death.

Alcohol is a substance that reduces the function of the brain, impairing thinking, reasoning, and muscle coordination. All these abilities are essential to operating a vehicle safely. If you drive while impaired, you could get arrested, or worse — be involved in a traffic crash that causes serious injury or death. Approximately one–third of all traffic crash fatalities in the United States involve drunk drivers (with BACs of .08 g/dL or higher).

#### I STEER CLEAR

# According to the National Institute on Drug Abuse:

- Marijuana significantly impairs judgment, motor coordination, and reaction time, and studies have found a direct relationship between blood THC concentration and impaired driving ability.
- Marijuana is the illicit drug most frequently found in the blood of drivers who have been involved in vehicle crashes, including fatal ones.
- Fatal crashes involving drivers who recently used marijuana doubled in Washington after the state legalized the drug, (AAA).
- Several meta-analyses of multiple studies found that the risk of being involved in a crash significantly increased after marijuana use, (NIDA).
- Studies in several localities have found that approximately 4 to 14 percent of drivers who sustained an injury or died in traffic accidents tested positive for THC, (National Institute of Drug Abuse).