



Kentucky Riverkeeper

Drips, Ripples and Waves

Newsletter Fall 2024

www.kyriverkeeper.org

PO Box 1296, Richmond KY 40475

Kentucky Riverkeeper Board

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Roberta Hounshell
Teri Williams— Secretary
Peter Switalski

Pat Banks
Kentucky Riverkeeper

Issues facing your
Kentucky River
in the short term
and long term...
this is for our
Children!

- ◆ Restore and Protect
- ◆ Enforcement
- ◆ Storm Runoff
- ◆ Sewage/Aging Infrastructure
- ◆ Mercury
- ◆ Water Quality and Flow
- ◆ Mining and Industry abuses.
- ◆ Agricultural Nonpoint Source Pollution
- ◆ Environmental Justice
- ◆ Education



Shaped by Water

Sponsored by The Kentucky Riverkeeper
Exhibit June 4– August 2024
Gallery on Main

Featured Artists

The Kentucky Watercolor Society Board

Pat Banks, Sue Hinkebein,

Margorie Leinbach, Sherrie Graham-Greene

Marian O'Shaughnessy, Connie Tucker and the

Gallery on Main Community Artists

Shaped by Water exhibits have been a project of the KRK since 2002. This is an opportunity for artists to create impressions, expressions and images of our precious water and a way for community people to reconnect and embrace their water and celebrate our shared experiences and shared need of clean, clear, sparkling water.

We are Shaped by Water!

We are connected to our water.

We are Shaped by Water

We are vigilant and empowered to protect our water !



Clean Ups and Events 2024

- ◆ Earth Day at Legacy Park 4-20-24.
- ◆ Clark County Road Clean Up with partners, Boonesborough Boat Club 4-20-24
- ◆ Madison County Road Clean Up 5-5-24.
- ◆ Kentucky Water Ways Alliance and Kentucky Riverkeeper, co - hosted the NWF Ohio River Report, at the Paul Sawyer Library Frankfort KY 5-2-24.
- ◆ Round Table at the Waterfront, Winchester KY– Report on the Ohio River Watershed Project with NWF and Updates on the Kentucky River Water Trail 5-22-24.
- ◆ Shaped by Water, Exhibit and Reception, Gallery on Main, Richmond KY. 5-18-24
- ◆ Madison County Fall Road Clean Up 10-13-24
- ◆ Kentucky Riverkeeper Golf Scramble 10-21-24.
- ◆ Toyota River Clean Up and Picnic, Boonesborough, Madison Co. and Clark Co. 10-27-24. (More info to come.)

For more information go to our website

www.kyriverkeeper.org ,

or call: Pat Banks, 859-200-7442

Kentucky Riverkeeper Presentations and Community Outreach 2024

- ◆ Appalachian Studies Association, Round table with LiKEN, Cullowhee NC. 3-8-2024.
- ◆ Hunters and Anglers, Georgetown KY , 7-10-24.
- ◆ Chapter C, PEO, Lexington KY, 8-1-24.
- ◆ Democratic Women of Madison Co, 8-12-24
- ◆ Sierra Club, Lexington KY, 9-16-24



Hope Beoker, Kentucky Riverkeeper Board Member, our Hero, in her own words.

After years of spending time in the outdoors and my love for adventuring, I realized the need to be more educated about areas and prepared for unforeseen circumstances is crucial. I've always been passionate about sharing outdoor experiences with others and get excited when others are inspired by both the woods and water alike. This passion is not only what led me to become a Board Member for the Kentucky Riverkeeper but to also join the Wolfe County Search and Rescue Team this year.

This year, I never imagined one of my first rescue missions would be so impactful. Being part of the rescue team finding the hiker, Scott Hern who has been missing for 14 days in July. Hern had lost his way and his ability while hiking a dense part of the Red River Gorge in search of a waterfall.

The experience from the search and rescue changed the way I saw how one can contribute to someone else's greatest time of need. This mission also showed me the greatness that can happen when people can come together—in this case, so that someone could live!

I am still inspired by people that embrace the world's wildness, but hope with that curiosity to also be educated and prepared for their surrounding areas. Most importantly I encourage folks to always be inspired to be part of something bigger than themselves – you never know where it will take you!



Hope Beoker and Ryan Sparks, Kentucky Riverkeeper Board and part of the Wolfe County Search and Rescue Team. Thank you for your community service!

The Kentucky Riverkeeper and our partner, LiKEN Secures \$3.1 Million USDA Forest Service Funding for Agroforestry and Watershed Restoration in Appalachia

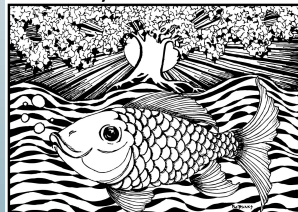
Project aims to boost local economies through sustainable land management in Eastern Kentucky and Southern West Virginia

Lexington, KY, May 1, 2024 - The Livelihoods Knowledge Exchange Network (LiKEN) has been awarded over \$3.1 million in funding from the United States Department of Agriculture Forest Service, under the bipartisan Inflation Reduction Act. This grant will support LiKEN's "Community Wealth from Healthy Rivers and Forests" project across 26 counties in eastern Kentucky and southern West Virginia. The project focuses on increasing household incomes through the sustainable use of non-timber forest products and enhancing local watershed management.

This funding includes a \$1 million subaward from the Center for Heirs' Property Preservation. LiKEN will distribute a portion of its grant funds to partner organizations including [Friends of the Tug Fork River](#) and [Kentucky Riverkeeper](#).



Kentucky RIVERKEEPER®



Discover the Kentucky River Watershed

Through History, Science, Art, Culture, Conservation, Recreation and Education

Excerpt from the Teachers Tool Kit*



Three Sisters Casserole with Cornbread

Topping Makes 8 servings

For the cornbread topping:

- 1/2 and 1/4 cups yellow cornmeal
- 1/2 cup all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 2 tablespoons unsalted butter, melted
- 1/2 cup whole milk
- 1/2 cup water

For the Filling:

- 3 tablespoons extra virgin olive oil
- 2 tablespoons tomato paste **or** 1/2 cup dried tomatoes
- 1 yellow onion, diced
- 4 cloves of garlic, minced
- 1 pound of any squash or pumpkin, peeled and cubed

Continued:

- 1 can (15 ounces) diced fire roasted tomatoes
- 1 teaspoon coriander
- 1 1/2 teaspoon ground cumin
- 1/2 teaspoon chili powder
- 1/4 teaspoon smoked paprika
- 1/2 teaspoon salt
- 1 cup vegetable broth
- 1 cup fresh or frozen corn kernels
- 1 (15 ounce) can of any beans, rinsed and drained
- 2 cups chopped spinach or kale

**Inspired from the
Native American Gardening of
corn, squash and beans.**

Heat your oven to 350 degrees F., Grease a 9x13 inch baking dish and put it aside.

Make the filling:

Use a large skillet or a Dutch oven (**or if you are adventurous, a cast iron pan with a lid over an open fire!!!**)

Put the oil in, heat it, add the onion and cook for about 4-5 minutes.

Add the garlic and cook for another minute.

Add the squash, tomatoes, tomato paste or dried tomatoes, spices and salt. Add in the broth and bring mixture to a boil.

Cover the pot and turn down the heat. Simmer for about 15-18 minutes or until the squash or pumpkin is tender.

While yor filling is simmering:

Mix the cornmeal, flour, baking powder, and salt. With a wooden spoon slowly stir in the butter, milk, water. Set aside for about 10 minutes.

Get back to the filling that has been simmering and add in the corn, beans and greens. Continue cooking, covered, for 3-5 minutes until the mixture thickens and all ingredients are well mixed.

Transfer to a baking dish (or if you are adventurous and cooking over an open fire just add the cornbread mixture in biscuit sized clumps on top of the mixture in your cast iron pan and put the lid on!)

Form generous biscuit sized clumps of cornbread topping and place on top of the mixture

Bake for about 20-25 minutes 350 degrees (the adventurous cook needs to check the iron pan in the open fire to see when the cornbread is done!)

Let the casserole sit for about 5-10 minutes before serving!!

This freezes well should anything be left over!!! If you do so, let it thaw in the refrigerator overnight

**Appalachia Corps Summer Internship
Riccardo Paolo D'Amato
Department of History, University of Kentucky**



Riccardo, developed a template for community based studies and documentation of water infrastructure by county.

He looked at histories, resources and infrastructure development largely from 1930 to present. He completed studies of Letcher and Owsley counties. These studies can be found on our website,

www.kyriverkeeper.org ,

We hope to continue this work for the counties in the whole Kentucky River Watershed!! This important information will give community members a basic grounding of their current local water infrastructure and will help inform future water needs.

Thank you Riccardo for excellent work!

**Announcing
the Kentucky Riverkeeper's
new office manager,
Teri Williams**

We welcome Teri to this new position made possible by the **USDA Forest Service Funding**. She has served as the Kentucky Riverkeeper Secretary, founder of the non profit ,TLC Cat Refuge, avid environmentalist, grandmother, grows a large garden and lives with her family in Berea.

She will help supervise the 4 new Community Engagement Coordinators (TBA) for Madison, Clark, Estill, Lee, Owsley and Lesley Counties.

This will help the Kentucky Riverkeeper build capacity to work in the region, bring resources to landowners and enhance local water and land management. Remember what happens on the land effects our water!

**Our new main office is:
20 Court Street
Winchester KY.**



Kentucky RIVERKEEPER[®]

Annual Golf Scramble

Monday, October 21, 2024

University Club at Arlington

Registration starting at 12:00 pm

Shotgun start at 1:00pm



Your participation in and support of the Annual Kentucky RIVERKEEPER golf scramble will help us bring a heightened awareness of water quality and pollution issues to our communities and legislators.



Registration Fees

Individual--\$100.00

Team--\$400.00

Registration Fee Includes:

- Green & Cart Fees plus two beverages
- Food & Refreshments before and after play
- Awards Reception following play.
- Quality Kentucky River Water Trail Print
- Door Prizes

Scramble Format

Four-person scramble with a shotgun start and use of skirts, mulligans, and other advantageous tools available for purchase at registration.

The Kentucky RIVERKEEPER organization supports the mission of returning the Kentucky River to a drinkable, swimmable, fishable waterway.

**Please sign up as soon as you can, but definitely by Friday,
October 18th if possible.
It will make our job easier at check in.**

Player Registration Form

Individual Entry--\$100 Team Entry--\$400

Team Name: _____

Player 1

Name _____

Address _____

City _____ ST _____ ZIP _____

Phone _____

Email _____

Player 2

Name _____

Address _____

City _____ ST _____ ZIP _____

Phone _____

Email _____

Player 3

Name _____

Address _____

City _____ ST _____ ZIP _____

Phone _____

Email _____

Player 4

Name _____

Address _____

City _____ ST _____ ZIP _____

Phone _____

Email _____

Registration at 12:00

Shotgun Start at 1:00

University Club at Arlington

Richmond, KY

Make check payable to:

Kentucky RIVERKEEPER

PO Box 1296

Richmond KY 40476

Or pay online at

www.kyriverkeeper.org

*The Kentucky RIVERKEEPER is a 501(c)3 non-profit
Corporation registered in the state of Kentucky.*

EIN: 26-0037087

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Your support of the Annual Kentucky RIVERKEEPER golf scramble will help us bring a heightened awareness of water quality and pollution issues to our communities and legislators.

Help return the Kentucky River to her natural state by joining us for a fun day on the links.



Sponsor Information

Organization _____

Contact _____

Phone _____

Email _____

Email logos to

kentuckyriverkeeper@gmail.com

by October 17th if possible.

It will make it easier for us to make signs etc.

Call 859-200-7442 for

Donation pick-up or other questions.

Sponsorship Opportunities

Show your support for one of Kentucky's finest natural resources—the Kentucky River—and the communities that depend upon it for water, recreation, and our connection to the natural world.

Tournament Underwriter--\$1000+

Recognized for the tournament on all publicity, event banners, hole sponsorship, and a Team Entry (4 players). Recognized throughout the year as a major supporter via web site and newsletters.

Gold Sponsor--\$750

Event banners, tournament web site, hole sponsorship, 1 cart sponsorship and 2 player entries.

Silver Sponsor--\$500

Event banners, tournament web site, hole sponsor.

Hole Sponsor--\$100

Name and logo will be posted on a hole.

Gift/Award Opportunities

You or your organization are encouraged to provide items for winning teams (4 like items) or individual players (e.g. longest drive/closest to the pin). You are also invited to supply items for goody bags to be distributed at registration. Please call about your donations by October 5th. We will arrange pick up.

Sponsors: If you have a player/team, please list them on the Player Registration Form. Thank You!

Make check payable to:
Kentucky RIVERKEEPER

P.O. Box 1296
Richmond KY 40476
Or

Pay online at www.kvriverkeeper.org

For questions or more information,
Call/text Pat Banks at 859-200-7442
or email

kentuckyriverkeeper@gmail.com

EIN: 26-0037087

The Kentucky RIVERKEEPER is a 501(c)3 non-profit Corporation registered in the state of Kentucky, EIN#26 00037087. CG Exempt EXE 0002092. Your donations are tax deductible.



Kentucky RIVERKEEPER®



If you would like to become a member or donate to support Kentucky Riverkeeper events and projects, please designate how you would like to contribute to the wonderful cause. You can donate online at www.kyriverkeeper.org,

Send Check to: PO Box 1296, Richmond KY 40475

CONTACT INFORMATION

Name _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

_____ \$25.00 _____ \$50.00 _____ \$100.00 _____ Other

Thank you for your support! Drink Fish Swim!

Credit Card Number _____

Security Code (on back) _____ Expiration Date _____

Signature _____

NOTES/COMMENTS/PROJECTS:

_____ I would like to be notified about river clean-ups, paddle events, and other Riverkeeper events.

_____ Put me on your email list.

Comments or suggestions. _____

