



# The Ark Dothan

WWW.THEARKDOTHAN.ORG | 334-794-7223 | 475 WEST MAIN ST., DOTHAN AL 36301



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## Ark Rules for Men's Program (As of 12/2/2019)

### General:

1. You must follow the direction given by a person in authority.
2. Resident agrees that staff or Law Enforcement may conduct Random searches of their person and their personal property, to include vehicles, at any time.
3. Resident also agrees log on to allow staff to view all social media accounts, texts, and phone messages or other apps, if requested.
4. Tier 0 & Tier 1 Residents are not allowed money of any kind while in the lower tier groups. Tier 2 residents shall not borrow or lend money.
5. There are no weekly family visits permitted at the ARK. Family and Friends Days are scheduled monthly. When a resident is accepted into the ARK, there is no Family/Friends visitation for the first thirty (30) days.
6. Residents MAY NOT have family visits at The Harbor.
7. There are no week-end passes for Tier zero (0) or Tier one (1). Tier two (2) residents are eligible for one (1) pass per month (for the first two months) after they have moved into Tier two (2) status. For the remainder of their stay, Tier two (2) residents may be eligible for two (2) passes per month. Passes may be revoked at any time for any reason. Any resident who has taken a home pass, can expected to be drug tested upon their return.
8. Residents can leave the program at any time or be expelled from the program at any time for any reason. Any personal property left after 48 hours of leaving will become the property of the Ark.
9. All residents with income must pay a dorm fee of \$432.00 monthly
10. Residents are not eligible for employment until they have completed the Discipleship Class.
11. Resident must continue to attend classes and progress towards earning a GED while a in the program until the GED is completed.
12. Any resident with a car must give proof registration current tags and insurance.

13. While residents may bring their personal vehicle to the program Tier zero (0) and Tier one (1) residents must submit their vehicle keys to the Ark. Residents may not use personal vehicles at any time. Keys will be returned either when the resident quits/dismissed from the program or when the resident has moved into Tier two (2) status.

#### Ark Property:

1. Any use, including business use of an ARK vehicle must be approved before operating the vehicle.
2. ARK vehicles are for business use only. Personal use of ARK vehicles is NOT allowed.
3. No alcohol, drugs or drug paraphernalia, this includes rolling papers/ machine and empty cigarettes, and no vapes/vaping will be permitted on or off the premises. This means, only manufactured prepared cigarettes are allowed. Any resident found using or possession drugs or alcohol will be immediately expelled from the program.
4. Tobacco use is only permitted in the designated areas from 6:00 – 7:25 AM, 11:30 AM – 12:30 PM, 2:30 PM -2:45 PM and after work hours.
5. No open flames are permitted in any Ark Building. This includes cigarette smoking, candles and incense.
6. The Chapel rest rooms are off limits to residents. Men may not use the women rest room; women may not use the men rest room.
7. No one is allowed in the back part of the building unless assigned to work there. The back doors are to remain locked at all times.

#### Community Engagement:

1. All residents must submit to random drug and alcohol tests on a periodic basis. A failed drug test or breathalyzer or failing to submit to a test will result in immediate dismissal from the program.
2. There is absolutely no engaging in sexual activity of any kind. This includes viewing or possession of pornography and “sex toys.”
3. No fraternization. Fraternization between male and female residents is prohibited.
4. Inappropriate or flirtations interaction with staff, residents and volunteers is prohibited.
5. No weapons of any kind (gun, knives, etc.) are allowed on Ark property.
6. Arguing, fighting, violence or threats of violence are all unacceptable and will not be tolerated.
7. Spreading gossip, rumors, using profanity and bragging about sins and crimes is not permitted
8. Food is NOT permitted on the second floor of the ARK Main Campus except in designated areas.
9. Areas that are marked off by a RED LINE are off limits. Do NOT CROSS RED LINES without approval. If resident will cross a red line on the outside of the building, such a resident must be properly signed out and will sign in upon their return.

10. Residents have the right to appeal any write-up/dismissal from the program. The appeal must be made to the Men's Director. Final appeal may be made to the Executive Director.

#### Personal Care:

1. Residents are required to shower EVERY day.
2. Male residents are required to maintain any facial hair in a neat and trimmed manner.
3. Appearance must be neat. Clothes must not have holes.
4. Resident must be dressed in presentable manner while on the first floor during work hours and special events.
5. Male residents are required to wear collared shirts and long pants (unless required to wear other approved attire for specific work tasks.)
6. NO sagging. Pants must be pulled up to the waist.
7. Head coverings (i.e. hoodies, hats, kufi, kippah etc.) will not be worn indoors.
14. Clothing must be laundered according to schedule. Residents cannot leave the premises if he is washing or drying clothes. Do not change the water cycle on washers.
15. Resident is responsible for personal cleanliness and cleanliness of his living space. Beds must be made daily and area must be clean and organized daily.
16. No pictures or stickers on the walls or furniture.
17. Toilets, Showers and Sinks areas must be tidy after each use.
18. No one is permitted to lie in bed unless they are sick with a fever of at least 100 degrees. If resident is sick for a period of three (3) consecutive days, resident will be required to seek medical attention.
19. No one is allowed in the dorm areas from 9:00 A.M. – 4:30 P.M; except lunch break.

#### Medications

1. Medication will only be allowed at the ARK in emergency situations, unless the Director has authorized a prescription medication to be administered by the staff. In such cases, it is the responsibility of the resident to inform the staff of the prescribed time, so they can receive their medication.
2. Only the following medication are approved for residents at the ARK.
  - a. **Antidepressants** (EX: Celexa, Cymbalta, Effexor, Elavil, Lexapro, Prozac, Paxil Remeron, Savella, Wellbutrin and Zoloft)
  - b. **Antianxiety Meds** (EX: Buspar, Vistaril)
  - c. **Mood Stabilizers/Seizure Meds** are only allowed if accompanied by a letter from the prescribing physician documenting the disorder.
  - d. **Non-habit forming ADD/ADHD Meds** (EX: Straterra and Intuniv are acceptable)
  - e. **Anti-Inflammatory Meds** may be used AS Labeled (EX: Ibuprofen)

### Daily Activities:

1. ARK I.D.s should be worn AT ALL TIMES.
2. Work Therapy will be from 9:00 AM until 4:30 PM; with an hour for lunch at 11:30 AM – 12:30 PM unless otherwise scheduled. Residents must be on time. No exceptions.
3. There are no bathroom breaks or smoke breaks during class time unless approved by the teacher.
4. Tier zero (0) & Tier one (1) residents are NOT permitted to have electronic devices of any kind. If Tier 0 or Tier 1 Residents are found with electronic devices of any kind, it will be confiscated and returned when the resident has moved into Tier two (2) status. ONLY tier two (2) residents may have electronic devices.
5. You must attend all scheduled meetings, counseling sessions and church services on time, unless you have been excused by leadership. Residents must attend church services weekly.
6. You must complete daily and weekly work and homework assignments and Bible memorization by each FRIDAY. If you need additional help to complete homework or to learn verses, speak to the instructor or a staff member so that a tutor may be assigned to you. Curfew is at 7:00 PM. No one is allowed outside the building between the hours of 9:00 PM and 6:00 AM without special permission from leadership. Lights out at 10:00 PM.
7. All residents must sign in and out when they leave and return to the ARK property. No one is permitted to leave during class or work therapy without permission.
8. When residents are away from campus for work or appointments, Resident should ONLY call The Ark or Ark Staff for pick up. Do not call other residents.

### Ark Thrift Stores

1. Theft of property will not be tolerated. Any person taking items from fellow Ark Residents, out of Donated items, Out of the Ark Warehouse or From the Ark Thrift Stores is subject to prosecution.
2. Ark Employees, Ark Residents may NOT accept gifts or tips from donors on pick-ups, drop-offs, or any work therapy project. At no time is it appropriate to accept gifts or tips.
3. Ark Residents will conduct themselves in a respectable manner at all times.
4. Residents are not Ark employees. Residents do not have the authority to represent themselves as such to anyone inside or outside of the Ark.

### Specific Tier Two (2) Rules:

1. Upon completion of Tier one (1), the resident must secure employment within 30 days or have an approved plan of action by the Director.
2. Resident must continue to adhere to the schedule until they begin their employment.
3. Anyone with income must pay dorm fees of \$432.00 monthly.
4. Each working resident will be assessed a \$25.00 Transportation fee each week.
5. Resident must continue all scheduled Counseling Sessions, and Classes and Community Service through The Harbor on Wednesdays and Saturdays.

6. Resident may attend any church but must bring that Church's bulletin to verify attendance.
7. Curfew is at 9:00 PM. Any exception requires the approval by the Men's Director.
8. Any resident with a car must give proof registration current tags and insurance.
9. All other rules and regulation apply.

I have read and understand the conditions of participating as a resident of the Ark and I agree to the expectation listed above. Please initial by each rule above.

Printed Name:

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Signature:

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