



The Ark Dothan

WWW.THEARKDOTHAN.ORG | 334-794-7223 | 475 WEST MAIN ST., DOTHAN AL 36301



Ark Rules for Men's Program (as of 2/22/19)

General:

1. No alcohol, drugs, or drug paraphernalia possession or use will be permitted on or off the premises. Any resident found using or possessing drugs or alcohol will be immediately expelled from the program.
2. You must follow the directions given by any person in authority.
3. All residents must submit to random drug and alcohol tests on a periodic basis. A failed test or failing to submit to a test will result in immediate dismissal from the program.
4. Tobacco use and vaping is only permitted in the designated areas from 6:00-7:25am, 11:30am-12:30pm, 2:30-2:45 pm, and after work hours.
5. There is absolutely no engaging in sexual activity of any kind. This includes viewing or possession of pornography and "sex toys."
6. No weapons of any kind (guns, knives, etc.) are allowed on Ark property.
7. No smoking, vaping, incense, candles, or open flames are permitted in any Ark building.
8. Ark residents agree that staff or law enforcement may conduct random searches of their person and their personal property (including their vehicles) at any time.
9. Arguing, fighting, violence, or threat of violence are all unacceptable and will not be tolerated.
10. Spreading gossip, rumors, using profanity, and bragging about sins and crimes is not permitted.
11. No borrowing or lending of money is allowed.
12. Personal use of Ark vehicles is not allowed. Any use must be approved before operating the vehicle. Keep vehicles free of trash.
13. Inappropriate or flirtatious interaction with staff, residents, and volunteers is prohibited.
14. Fraternalization between male and female residents is prohibited.
15. Residents are required to shower every day. Appearance must be neat. Clothes must not have holes.
16. Male residents are required to maintain any facial hair in a neat and trim manner.
17. Male residents must wear collared shirts and long pants (unless required to wear other approved attire for specific work tasks). Pants must be pulled up to the waist.
18. Head coverings (i.e. hoodies, hats, etc.) will not be worn indoors.

19. Clothing must be laundered weekly. Resident cannot leave the premises if he or she is washing or drying clothes. Don't change the water cycle on washer. Clean the lint trap when you dry your clothes.
20. The resident is responsible for personal cleanliness and cleanliness of his or her living space. Beds must be made daily and area must be clean and organized daily. This rule extends to the bathroom and shower area. There shall be no pictures or stickers on the wall or on furniture.
21. No one is permitted to lie in bed unless they are sick with a fever of at least 100 degrees. If resident is sick for a period of 3 consecutive days, they will be required to seek medical care.
22. Medication will only be allowed at the Ark in emergency situations, unless the Director has authorized a prescription medication to be administered by the staff. In such cases, it is the responsibility of the resident to inform the staff of the prescribed time, so they can receive their medication.
23. Residents must be up no later than 6:15 a.m. Monday through Friday. Breakfast is to be served at 6:45 a.m. There will be no breakfast after 7:15 a.m. unless otherwise scheduled.
24. Male residents must report to the sanctuary at the Ark Main Campus by 7:30 a.m. for daily devotional.
25. Work detail will be from 9:00 a.m. until 4:30 p.m. with an hour lunch period at 11:30 a.m. Two days per week, residents will participate in the Discipleship Class from 9:00 a.m. until 11:30 a.m., unless otherwise scheduled. Residents must be on time. No exception.
26. There are no bathroom breaks or smoke breaks to be taken during class time unless approved by the teacher.
27. Cell phones are to be left in the dorm area and are not allowed during work/class hours. After second violation, cell phone will be confiscated.
28. You must attend all scheduled meetings, counseling, mentorship, and church services on time, unless you have been excused by leadership. Residents must attend church service weekly (not required while on pass).
29. You must complete daily and weekly work and homework assignments and Bible memorization by each Friday. If you need additional help to complete homework or to learn verses, speak to a staff member so a tutor may be assigned to you.
30. Curfew is at 9:00 p.m. No one is allowed outside the building between the hours of 9:00 p.m. and 6:00 a.m. without special permission from leadership. Do not exit the front door of the Ark Main Campus after 4:30 p.m. Lights must be out and cell phones must be put away at 10:00 p.m.
31. Residents may get a weekend pass after being in the program for 30 days. Anyone that tested positive for drugs or alcohol upon admission will not be eligible for a pass for a minimum of 60 days, and the first weekend pass must be approved by the Men's or Women's Director. Passes may only be used to visit family members.
32. Once a resident is eligible, he or she may take a weekend pass every month. Passes may only be used to visit family members.
33. All residents must sign in and out when they leave and return to the Ark property. No one is permitted to leave during class or work detail without permission.
34. No resident may sign out or leave the premises if they are behind in class work or memory verses.
35. Residents may have visitors on Sundays during and after church until 3:00 p.m. Male residents' visitors must stay in the chapel or lobby areas. Female residents' visitors must stay in the classroom area.
36. No visitors are allowed in the men's dorm area or Women's Center at any time.

37. No one is allowed in the dorm bedroom areas from 9:00 a.m. to 4:30 p.m. (except lunch break).
38. No food is permitted on the second floor of the Ark Main Campus except in designated areas.
39. No food is permitted in the Women's Center bedroom areas.
40. When at the Ark Main Campus, chapel bathrooms are off limits. Women's restrooms are off limits to men. Men's restrooms are off limits to women.
41. No one is allowed in the back building of the Ark Main Campus unless they are assigned to work in that area.
42. Back doors at the Ark Main Campus are to be locked at all times.
43. Areas that are marked with a red line are off limits. Do not cross red lines without approval. If a red line is outside of the Ark building, the resident must be signed out and/or have proper approval to cross the line.
44. Any items taken from donations, fellow Ark residents, Ark Thrift Store, etc. is theft and will not be tolerated. The responsible party may be prosecuted.
45. You may not accept "gifts" or tips from donors on pick-ups, drop-offs, or any other situations.
46. Only call staff or the Ark for pick-up from appointments or work. Do not call other residents.
47. Residents will conduct themselves in a respectable and responsible manner at all times.
48. Residents are not Ark employees. Residents do not have the authority to represent themselves as such to anyone inside or outside of the Ark.
49. Residents can leave the program at any time or be expelled from the program at any time for any reason. Any personal property left after 48 hours of leaving will become property of the Ark.
50. All residents with income must pay a dorm fee of \$108.00 per week.
51. Residents are not eligible for employment until they have completed the Discipleship Class.
52. Residents must continue to attend classes and progress towards earning a GED while a resident until obtained or move out.
53. Residents have the right to appeal write-ups and/or dismissal from the Ark. The appeal must be made to the Men's Director or Women's Director (as applicable). Final appeal may be made to the Executive Director.

Tier 2 Rules:

1. Upon completion of Tier 1, the resident must secure employment within 30 days or have an approved action plan by the Director.
2. Residents must continue to adhere to the schedule until they have secured employment.
3. Residents that do not have employment must continue to actively seek employment.
4. Anyone with income must pay program fees of \$108 per week after one week. After the first week dorm fees are paid in advance.
5. Resident must attend all scheduled classes unless working. This includes The Harbor on Wednesdays and Saturdays.
6. Resident may attend any church but must bring bulletin to verify attendance (minimum of 3 times per month).
7. Curfew is at 10 p.m. when employed. Exceptions require approval by Men's or Women's Director.
8. 30 days after completing Discipleship Class resident may have a weekend pass every week.
9. Resident must consent to random drug and/or pregnancy tests.
10. All other "general" rules and regulations apply.

11. Residents must be dressed in a presentable manner while on the first floor during work hours and special events.

Tier 3 Rules:

“General” rules numbered 23-27, 29-33, 46, 51 and “Tier 2” rule number 5 do not apply.

I have read and understand the conditions of participating as a resident of the Ark, and I agree to the expectations listed above.

Signature:

Printed Name: _____ Date: _____