



DANCE + FITNESS

# Dance & Fitness Term 1, 2022 Timetable

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MORNINGS</b>						
<b>PARENT &amp; ME BALLET</b> 2 -3 years old with parent participation		9.00am – 9.30am				
<b>PRESCHOOL BALLET</b> 4-5 years old		9.30am – 10.00am				
<b>AFTERNOONS</b>						
<b>RECREATIONAL BALLET</b>						
<b>JAZZ</b>						
<b>HIP HOP</b>						
<b>LYRICAL/CONTEMPORARY</b>						
<b>FITNESS PILATES &amp; YOGA</b>						

**Monday 31 January to Saturday 9 April 2022**  
**Trial any class for first 2 weeks for free**  
**Upstairs @ Eastern Gymnastics Academy**