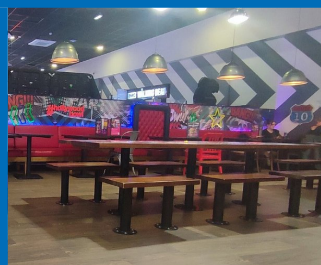


Crawley Leisure Park Monthly Social Meet-Up



**6.30pm to 8.30pm once a month on the fourth
Wednesday evening of the month.**

For autistic and neurodivergent adults. (no diagnosis required)

This regular social meet-up is supported by Beth, Kira and Mike from Autism by Experience alongside James and Sam from Neurodiversity Ninjas.



**Crawley Leisure Park, London Road, Crawley,
RH10 8LR. Dates for autumn / winter 2026:**

- Weds 23rd Sept
- Weds 28th Oct
- Weds 25th Nov

Summary of the meet up - please see page two for more details

- This meet-up would suit adults who are keen to meet new people, connect with old friends and have a fun night out.
- We will use Hollywood Bowl as a base as there is a spacious bar area to meet in.
- Our team's role is to help people to get to know each other and help to organise people into groups for any activities they want to do whilst at the Leisure Park.
- There is no charge to attend, but people need to pay for their own activities, food and drink.

Who can come to the meet-up?

This meet-up is for all autistic / neurodivergent adults. We want this event to be as inclusive as possible. There is no pressure to join in any activity, we all have a different idea of what a good night out involves, and there's plenty of space to do your own thing.

We understand that some people may bring a supporter (staff or family member) to help them to take part.

Depending on the needs of the person you support you are welcome to stay and join in with us, or just be around either in the venue or even pop out to a food outlet yourselves.

The support we offer

People attending are responsible for their own behaviour. If they need additional support, they will need to bring someone with them to provide this.

We will always offer the following:

- A warm welcome and support to get to know other attendees
- Help to organise people into groups to join activities, especially for anyone who has come on their own or for the first time
- Help and reassurance in an emergency, such as distress due to a misunderstanding, health difficulty, lost wallet, or a change in travel plans after the event. We would always wait with someone until they have a safe way to get home.

The limitations of our support

The event is likely to be popular and our team can't provide attendees the level of support a one to one family member or support worker might.

We are not able to monitor things like attendees sharing their contact details, leaving the venue, spending too much money, or consuming too much alcohol.

Is this just a bowling event?

No, there are a range of things to do at Crawley Leisure Park, and we are keen to support people to meet others and take part in whatever they would like to do. Options include:

- Bowling, pool and arcade at Hollywood Bowl
- Mini-golf and adult ball pool at Caddies
- Grab some food at any of the food outlets



Use the QR Code or go to www.crawleyleisurepark.com to find out more

Do we need to say we're coming?

No, this is an informal drop-in event, we will not be keeping an attendance list.

- On arrival you'll find our team in the bar area inside Hollywood Bowl, look out for the Red Ninja which will be prominent on our table.

