

# Youth Groups, Child Play Sessions and Activities



**The Autism by Experience team have mapped clubs, sessions and activities across Surrey.**

This list is broken down into East Surrey and West Surrey. We will keep this handout updated so please do let us know anything you think should be added or updated. Please just email us at:

Email: [afc@autismbyexperience.co.uk](mailto:afc@autismbyexperience.co.uk)

Version 1b – November 2025

## Surrey Wide

### Surrey Libraries

Libraries across Surrey offer a range of inclusive activities for children and young people, including:

- Sensory Rhymetime sessions
- Autism friendly Lego Clubs
- Craft activities
- SEN Stay and Play sessions



Each library advertises their events on their pages on the Surrey County Council website. Use the link below to find your local library and see what events they offer.

[Find your local library](#)

## ATLAS Participation Group

8 to 25 year olds



A group for young people with additional needs and disabilities to meet, talk about their experiences and ideas to raise awareness of inclusion and improve services in Surrey for other young people.

[ATLAS](#)

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## Riding For the Disabled Association (RDA)

Various groups across Surrey providing horse riding for children and young people with additional needs and disabilities.



[Find your local RDA](#)

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## East Surrey

### PM Active SEND Youth Club

Woodhatch Community Centre, Whitebeam Drive, Reigate, RH2 7LS.

Fridays, 5.30pm to 7pm.

11 to 16 year olds.

£2.50 per session.

A youth club specifically designed for young people with Special Educational Needs and Disabilities (SEND).

A safe, friendly, welcoming space to socialise, make friends, and try a variety of activities, supported by experienced staff who understand and adapt to young people with additional needs.

- [Youth Club | PMActive](#)
- 07791 498878
- [hello@pmactivesurrey.co.uk](mailto:hello@pmactivesurrey.co.uk)



### **PM Active Reigate SEND After School Club**

Woodhatch Community Centre, Whitebeam Drive, Reigate, RH2 7LS.

Wednesdays, 3.45pm to 4.45pm.

5 to 10 year olds.

£4.50 per session.

For pupils from all the Reigate primary schools. A fully inclusive multisport session open for children of all experience levels and abilities.

- [After School Clubs | PMActive](#)
- 07791 498878
- [hello@pmactivesurrey.co.uk](mailto:hello@pmactivesurrey.co.uk)



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### **PM Active Inclusive Home Education Sports and Movement Club**

Horley Leisure Centre, Anderson Way, Horley, RH6 8SP.

Tuesdays, 10.30am to 11.30am.

Young people up to 16 years old.

£6 per session.

A fun focused multi sports and movement club specifically for young people who, for whatever reason, access an education other than via full time school attendance. Young people can develop the vital physical skills required for life whilst staying active and socialising with other young people.

- [Home Education Groups | PMActive](#)
- 07791 498878
- [hello@pmactivesurrey.co.uk](mailto:hello@pmactivesurrey.co.uk)



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### **PM Active Home Education Bricks Club**

42a Prices Lane, Woodhatch, RH2 8AX

Tuesdays 1.30pm to 3pm

Up to 16 year olds.

£9 per session.

Fun, focused low demand sessions for children not currently able to access school.

- [PM Active Home Education Bricks Club](#)
- 07791 498878
- [hello@pmactivesurrey.co.uk](mailto:hello@pmactivesurrey.co.uk)



## Yip4Youth Reigate

YMCA Sovereign Centre, Sliphatch Road, Reigate, RH2 8HA

12 to 17 year olds.

Saturdays, 10.30am to 4.30pm.

£33 per day.

A friendly and fun youth club for young people with additional needs and disabilities, including young people who need 1:1 support.

- 01737 222859
- [charlotte.payne@ymcaeastsurrey.org.uk](mailto:charlotte.payne@ymcaeastsurrey.org.uk)
- [Yip4Youth | Reigate & Banstead – YMCA East Surrey](#)



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## Limpsfield Grange Girls Youth Club

Limpsfield Grange School, Limpsfield, RH8 0RZ

Wednesdays, 4.30pm to 5.30pm.

11 to 16 year olds.

Youth Club for autistic girls living locally to Limpsfield. Email Mrs Solomon for more details.

[Mrs.solomon@limpsfield-grange.surrey.sch.uk](mailto:Mrs.solomon@limpsfield-grange.surrey.sch.uk)

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## Epsom Phab

Nescot, Reigate Road, Epsom.

Fridays, 7.30pm to 9.30pm.



A club providing inclusive activities for young disabled and non disabled people. Sports, arts, crafts, games, drama, music and outings.

[Home - Epsom & Ewell Phab](#)

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## Thursday SEN meet

The Arc soft play, 39 Weston Drive, Caterham, CR3 5XY

Thursdays, 6pm to 8.30pm.

12 to 18 year olds.



A youth group for young people with additional needs to socialise and join in fun activities such as clay making, cinema club, pizza making, soft play and Art club.

<https://www.thearccaterham.co.uk/special-needs-activities>

## The Rainbow Group

Sessions in Horley and Tandridge for 0-5 year olds. Free activities for children with additional needs and disabilities. Advice and support available from an early support worker.

- Horley Young Peoples Centre, The Old Fire Station, Albert Road, Horley, RH6 7JA
- Tandridge Family Centre, Hurst Green School, Wolfs Wood, Oxted, RH8 0HJ.

[Rainbow Group Horley](#)



[Rainbow Group Tandridge](#)



## Mini Phab

St Josephs Church Hall, St Margaret Drive, Epsom, KT18 7JQ  
Fridays, 9,30am to 11am.  
0-5 year olds.



An inclusive and welcoming toddler group with toys, games, sensory stories, inclusive signing and singing.

[Home - Epsom & Ewell Phab](#)

## One Step at a Time

Welcare Family Centre, 24 Warwick Road, Redhill, RH1 1BU  
Mondays, 12.30pm to 2pm.  
0-5 year olds.



Play and communication group for children with additional needs and disabilities.

[Family Support in East Surrey - Welcare](#)

## Speech and Language Stay and Play

Mole Valley Family Centre.  
Wednesdays, 1.15pm to 2.30pm.  
0-5 year olds.



A 5 weeks stay and play group for children where there is a concern about development of speech and language skills.

[Mole Valley Family Centre Timetable - YMCA East Surrey](#)

## All Dance Abilities

Croydon, Reigate and Hookwood.  
3 to 16 year olds.



SEND dance classes for children and young people with additional needs and disabilities.

[All Dance Abilities lessons](#)

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## Head2Head sensory theatre A Sense of Fun SEND Drama Group

The Barn Hub, Oxted.  
Wednesdays, Thursdays and Saturdays.  
Ages 7 to 18.



Creative, inclusive, confidence boosting drama sessions for children and young people with SEND.

[H2H Drama Group](#)

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## Saturn V

Saturn V Rebound Hall, William Road, Caterham, CR3 5NN

A specialist trampolining centre for adults and children with additional needs and disabilities. Physical exercise, therapeutic exercise, fun and recreation in the form of Rebound Therapy and trampolining.

- 01342 323530
- [info@saturnv.co.uk](mailto:info@saturnv.co.uk)
- [Saturn V - Special Needs. Approved by ReboundTherapy.org](https://www.saturnv.co.uk/Saturn-V-Special-Needs-Approved-by-ReboundTherapy.org)



## Leatherhead and Dorking Gymnastics Club

The Gymnasium, Fetcham Grove, Guildford Road, Leatherhead, KT22 9BL  
Tuesdays and Fridays, various times between 4pm and 7.30pm



Gymnastics classes specifically for children and young people with additional needs and disabilities, from beginners to competitive.

[Leatherhead and Dorking Gymnastics Club](#)

## **SEN Exclusive Sessions at Silvermere Softplay**

Silvermere Softplay, Mill Lane, Dorking, RH4 1DX

Every other Tuesday, 3.30pm to 5pm

Monthly on Sundays, 3.30pm to 5pm



Reduced capacity, quieter environment, zen den, weighted blankets and noise cancelling headphones.

[SEN Exclusive Sessions](#)

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## **Wacky Kingdom Softplay**

Belfry Shopping Centre, Station Road, Redhill, RH1 1<sup>ST</sup>

SEN friendly sessions: Wednesdays, 1.20pm to 3.20pm and 3.30pm to 5.30pm.  
1-6 year olds.



[SEN Friendly Sessions](#)

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## **Special Needs Soft Play session**

The Arc Softplay. 39 Weston Drive, Caterham, CR3 5XY  
Thursdays.  
3pm to 7pm.



Dedicated softplay and sensory room session run by a trained volunteer for children with additional needs.

<https://www.thearccaterham.co.uk/special-needs-activities>

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## **Neurodivergent Youth Club - Epsom**

Neurodivergent friendly youth group for ages 11-16 starting on Friday 7th November

Only £2 per child and a space where those who may have struggled to make friends previously can be around people who may know how they feel.

[Neurospicy Coaching UK website](#)

[Form to sign up](#)



## West Surrey

### National Autistic Society Youth Club

Godalming.  
Tuesdays, from 7pm to 9pm.  
For 11 to 18 year olds.  
£5



Youth club for autistic young people with a variety of fun activities in a safe, structured Autism friendly environment. Meet new friends, learn and play.

[NAS Surrey Branch | NAS Family Support and Clubs for Children & Young People](#)

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### Challengers Family Fun Days

Guildford and Farnham.  
Various Sundays, 10am to 2pm.  
For 0 to 18 year olds.  
Free.



Fully inclusive and free Family Fun Days. Children and young people with additional needs and disabilities can come and enjoy the Challengers soft play and outdoor playground with their families.

[The Hub - Challengers](#)

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### Challengers Family After-School Sessions

Guildford and Farnham.  
Various days, 4pm to 6.30pm.  
For 4 to 18 year olds.  
Free.



Fully inclusive and free after school sessions such as; Dance, Gaming and Lego and Stay and Play. Days, locations and ages vary.

[The Hub - Challengers](#)

### **Third Space**

Broadwater Youth Centre, Summers Road, Farncombe,  
Godalming, GU7 3BH

Tuesdays.

11 to 16 year olds from the local area.



A relaxed and understanding youth group environment for local 11 to 16 year olds who are home schooled or unable to access school.

Gaming room, outside space, board games, music room, pool and snacks.

<https://godalming-tc.gov.uk/godalming-youth-service/>

<https://linktr.ee/godalmingyouth>

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### **Haslemere Neurodivergent Group**

Haslemere Youth Hub, St Christopher Road, Haslemere, GU27 1DQ

Tuesdays, from 5.30pm to 7pm.

Year 7 upwards

£4.30



An accessible space where neurodivergent young people can have fun and be supported.

<https://www.thehaslemerehub.com/teens>

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### **The Green Hub Project**

Milford, Godalming

10 to 18 year olds



Social and therapeutic gardening sessions for neurodiverse or anxious young people.

[Green Hub | https://greenhub.org.uk](https://greenhub.org.uk)

### **Bright Lights Junior Youth Group**

Orbit soft play, Vicarage Road, Egham, TW20 8NL  
Thursdays, 5.45pm to 7.15pm.  
5 to 13 year olds.  
£20 per month.



An inclusive junior youth group for 5 to 13 year olds with additional needs and disabilities living in North Surrey. Play in the soft play, join in games or arts and crafts activities and join in fun trips out.

<https://brightlights-club.org.uk/>

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### **All Aboard Club CIC inclusive play sessions**

Brookwood Memorial Halls, 150 Connaught Road, Brookwood, Woking, GU24 0AL  
11am to 12.30pm.

Adhoc, Surrey wide toy train play sessions for neurodivergent children.

Reduced price first sessions are available. Understanding staff on hand.

<https://allaboardclub.com/>



### **Appeer**

Woking  
Monthly on Sundays  
7 to 18 year olds



Social interest peer groups for autistic girls and teens held monthly on Sundays.

Other groups include a weekday group for autistic 10 to 14 year old girls who are unable to attend school, adhoc weekend activity sessions and online gaming sessions.

- 07861 696542
- [hello@appeer.org.uk](mailto:hello@appeer.org.uk)
- [Appeer CIC](#) 7-12 year olds
- [Appeer CIC](#) teens

### White Lodge Play ASC Scheme

Holloway Hill, Lyne, Chertsey, KT16 0FA  
Sundays, monthly, 10am to 4pm  
5 to 11 year olds



Play scheme for autistic children, creating a space for socialising and fun activities.

**Please note there is currently a waiting list.**

[Play and youth clubs for disabled children.](#)

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### White Lodge Youth ASC Scheme

Holloway Hill, Lyne, Chertsey, KT16 0FA  
Sundays, monthly, 11am to 5pm  
Tuesdays, weekly, 6pm to 9pm  
12 to 18 year olds



Youth scheme for autistic young people, creating a space for socialising and fun activities.

**Please note there is currently a waiting list.**

[Play and youth clubs for disabled children.](#)

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### Teen Zone-In!

Grange Community Junior School, Wren Way, Farnborough, GU14 8TA  
Every other Friday, 6.30pm to 8.30pm.  
11 year olds and over – parents / carers must attend.  
£3 per child.



Fun youth sessions for neurodivergent young people – Lego, crafts, cooking and games.

[www.the-zone.org.uk](http://www.the-zone.org.uk)

[info@thezone.org.uk](mailto:info@thezone.org.uk)

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### LinkAble Next Steps

Woking  
12 to 18 year olds  
Mondays, Tuesdays, Fridays and Saturdays, various times



An engaging programme of fun activities that support young people to make friends, try new things and practice life skills. Includes ASD Tuesday Game Night.

[Next Steps | LinkAble](#)

## LinkAble Play Sessions

Woking

5 to 11 year olds

Saturdays, 9.30am to 3.30pm and Sundays, 10.15am to 3.15pm



A safe and supported environments for children with additional needs and disabilities, where they can be themselves, make friends and try lots of fun activities.

[Play | LinkAble](#)

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## F6it Art Club

The Edge Leisure Centre, Haslemere, GU27 1QB

Once a month, 10am to 12pm.



Inclusive art club for children and young people who are Neurodivergent, or have learning or physical disabilities.

[hello@f6it.org](mailto:hello@f6it.org)

07717 536445

[f6it](#)

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## Edgelings Stay and Play Group

Edge Ahead, St John's Church, Church Road, Woking, GU21 7QN

Mondays, 10am to 12pm.



Free inclusive baby and toddler sessions. A warm and welcoming space to relax, chat and meet other parents / carers.

[Edgelings Stay and Play group](#)

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## Little Diamonds Group

Stanwell Family Centre, Hadrian Way, Stanwell, TW19 7HE

Tuesdays, 10.30am to 12 or 12.30pm to 2pm

0-5 year olds



A smaller group for children with additional needs and disabilities. Fun activities, sensory resources, sensory room, advice and support

[Support for children with additional needs — Stanwell Family Centre](#)

### **Play and Learn Plus**

The Bungalow, Sythwood School, Woking, GU21 3AX  
Tuesdays, 9.45am to 11.15am  
0-5 year olds



Free sensory play and learn sessions for children with additional needs and disabilities. Specialist play opportunities and a safe space to meet other parents and carers to SEND children.

[Projects, Groups & Courses | Home-Start Runnymede & Woking](#)

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### **SENDSory Play**

Guildford Children's Centre, Hazel Avenue, Guildford, GU1 1NR  
Mondays, 10am to 11.30am  
0-5 year olds



Sensory play sessions for children with additional needs and disabilities.

<https://www.familiesfirstguildford.com/how-to-access-support/groups-courses/>

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### **Mini Meadows Stay and Play**

Loseley Fields Family Centre, Green Lane, Binscombe, Godalming, GU7 3TB  
Wednesdays, 10am to 11.30am  
0-4 year olds



Fun play sessions for children with additional needs and disabilities and their families.

<https://www.barnardosfamilycentressurrey.org.uk/waverley-timetable>

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### **Sensory Stay and Play, Hale Family Centre**

Hale Family Centre, Upper Hale Road, Farnham, GU9 0LR  
Tuesdays, 9.30am to 11am  
0-5 year olds



Sensory stay and play sessions for children with additional needs and disabilities. Support and advice from visiting professionals.

[Waverley Timetable : Surrey Barnardos Family Centres](#)

## **Synergy Dance Inclusive Dance, Move and Shine**

The Edge Leisure Centre, Haslemere, GU27 1QB  
Saturdays, 10am to 11am  
6 to 15 year olds



Synergy Dance provides a range of inclusive dance, movement and singing classes for children and young people with additional needs and disabilities.

[SEND Workshops in Schools](#)

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## **Stop Gap Inclusive Dance**

**Farnham**

14 year olds+ - Mondays 5pm to 6.30pm  
16 year olds+ - Wednesdays, 5.30pm to 7pm



Dance groups for young people with additional needs and disabilities.

<https://www.stopgapdance.com/learn-and-practice/youth-and-community/youth/>

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## **Guildford Shakespeare Company Drama Club**

Guildford

11 to 15 year olds - Mondays, 6.15pm to 7.15pm  
and 16 to 21 year olds – Mondays 7.15pm to 8.15pm



Drama groups for Autistic young people and young adults. Participants are supported in a fun, nurturing environment to discover self-expressions through games, drama and story-telling.

[gscfacilitator@guildford-shakespeare-company.co.uk](mailto:gscfacilitator@guildford-shakespeare-company.co.uk)

<https://www.guildford-shakespeare-company.co.uk/gsc-drama-clubs/>

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## **Falcon flyerz Hockey club**

Weybridge, Guildford, Epsom and Windsor

Inclusive hockey club for people with additional needs and disabilities.

Have fun, learn new skills and make friends.

[Flyerz Hockey](#)



### **Surrey Sports Park Saturday club**

Surrey Sports Park, Guildford, GU2 7AD

8 year olds +

Saturdays, 2.30pm to 4.30pm



Fun multi sports club for children and young people with additional needs and disabilities and their families. Contact them for more information.

<https://surreysportspark.co.uk/sport>

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### **F6it Sport and Recreational groups**

West Surrey

0 to 25 year olds



Regular fun sport and recreational sessions across West Surrey for children and young people with additional needs and disabilities: Frame Football, Art Club, Family Swin, Wheelchair Multi-Sports, Sayer Croft.

- [hello@f6it.org](mailto:hello@f6it.org)
  - 07717 536445
  - [f6it](#)
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### **Farnham Town FC Saints**

Mead Lane, Farnham, GU9 7DY

8 year olds +



A vibrant football for all programme enabling young people with additional needs and disabilities to participate in organised football activities.

[Farnham Town Saints - Farnham Town FC](#)

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### **Guildford Saints FC PAN Team**

Kings College, Southway, Guildford, GU2 8DU

Sundays, 9.30am to 11am



Football training and matches for children and young people with additional needs and disabilities.

- [info@guildfordsaints.org](mailto:info@guildfordsaints.org)
- [Teams - Guildford Saints FC](#)

## **Camberley Town Youth FC.**

Tomlinscote 3G Pitch, Tomlinscote Way, Frimley, Camberley, GU16 8PY  
11 to 16 year olds.



Inclusive football sessions for children with additional needs and disabilities.

- 07796 626659
  - [royderuijter2010@hotmail.com](mailto:royderuijter2010@hotmail.com)
  - [www.ctyfc.co.uk/teams](http://www.ctyfc.co.uk/teams)
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## **SEN Teens Yoga Balance Workshops**

Elmbridge Xcel Leisure Complex, Waterside Drive, Walton-on-Thames, KT12 2JG

Yoga workshops for neurodivergent teens and young people.

Contact Elmbridge Xel for more information



[Elmbridge Xel](#)

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## **Active Autism Football**

Fulham FC Training Ground, Motspur Park, New Malden, KT3 6PT  
5 to 16 year olds.  
Saturdays.



Fulham FC football coaching for Autistic children and young people.

[Active Autism Football](#)

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## **Frensham Pond Sailability**

Frensham Pond, Farnham  
Saturday mornings, April to October  
All ages



Sailing for people with additional needs and disabilities.

<https://www.farnhamswimability.org.uk/sailing.html>

## **Inclusive swim school**

Cranleigh and Guildford

All ages

Various day and times

Swimming lessons for children with additional needs and disabilities.

07940 400906

[info@inclusiveswimschool.co.uk](mailto:info@inclusiveswimschool.co.uk)

[Inclusive Swim School](#)

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## **SEND soft play session**

Woking Leisure Centre

6 to 14 year olds



A dedicated SEND soft play session – a calmer inclusive environment designed for children with additional needs. Sensory lights, sensory wall and added sensory toys and reduced capacity.

[Buy SEND Soft Play \(6 - 14 Years\) Tickets online - Freedom Leisure Woking](#)

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## **The Hive Community Hub soft play**

The Hive, Park Barn Drive, Guildford, GU2 8EN

Tuesdays, 9am to 11am

0-6 year olds



SEND sessions in this welcoming small soft play.

<https://www.guildford.gov.uk/article/26174/Soft-Play>

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## **Ninja Warrior**

2 Thornberry Way, Guildford, GU1 1DQ

First Saturday of the month, 9am.

Inclusive SEN session.



<https://ninjawarrioruk.co.uk/guildford/groups/>

### **Inflatazone, Woking Leisure Centre**

Woking Leisure Centre, Kingfield Road, Woking, GU22 9BA  
6 to 16 year olds

Various dates and times during weekends and school holidays



Exclusive sessions on this giant inflatable obstacle course for children who will enjoy a quieter adventure with fewer participants.

[Inflatazone | Woking Leisure Centre | Freedom Leisure](#)

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### **Jump In SEND session, Camberley**

6-7 Admiralty Way, Camberley, GU15 3DT

Ages 4+

Mondays, 6pm to 7pm



Quieter sessions without music and reduced lighting for children with SEND.

[CAM - SEN Session - Jump In Adventure Park Camberley](#)

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### **Jump In SEND session, Esher**

Unit 4, Royal Mills, Sandown Industrial Park, Mill Road, Esher, KT10 8BL

Ages 4+

Mondays, 6pm to 7pm



Quieter sessions without music and reduced lighting for children with SEND.

[ES - SEN Session - Jump In Adventure Park Esher](#)

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### **360 Play Farnborough**

The Meads Shopping Centre, Farnborough, GU14 7GL

Monthly on Fridays, 6.30pm to 8.30pm

SEND sessions.



[Children with SEND - 360 Play](#)

## **Air Hop, Guildford**

Midleton Industrial Estate, Guildford, GU2 8XW  
Mondays 6pm to 7pm.  
Ages 4+

Inclusive SEND session.



<https://www.airhop.co.uk/guildford-adventure-trampoline-park/sessions/airhop-sen/>

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## **Playzone and Sensory Explorers**

The Hive, Park Barn Drive, Guildford, GU2 8EN.  
Last Tuesday of the month, 9am to 11am.  
For 6 year olds and under.



Quieter Playzone sessions for children with additional needs and disabilities.

01483 444 150

receptionfc@guildfordnsc.surrey.sch.uk

[PlayZone - Guildford Borough Council](#)