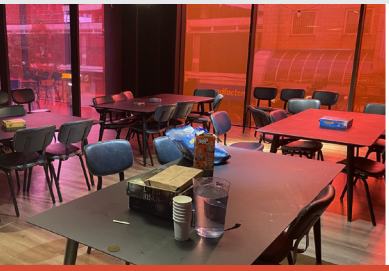
Autism Friendly Surrey

Neurodivergent Night Out - Redhill







A twice monthly group for adults to meet friends and take part in activities at The Light in Redhill from 7pm to 9pm

We meet on the 1st and 3rd Monday of each month - 7pm to 9pm



The Light
3-11 Gallery Walk,
High Street,
Redhill, Surrey,
RH1 1RA







The group is hosted by The Light in Redhill and supported by Beth, Kira and Mike from The Autism by Experience team.

Details of the meet up

- This is a social activities group rather than a support/discussion group. On arrival we are based in the Red Room upstairs in the cinema foyer. Activities start around 7.30pm.
- People can sign up on arrival for an activity such as bowling, karaoke pool or darts. There are also a range of board games to use in the Red Room, and some of the group go over to the Posadero Lounge from 7.30pm for a drink and a chat.
- It is free to attend, though there is a cost for activities such as bowling.
- Most group members are in their 20's and 30's, but anyone over 18 is welcome. You can buy food and drink at The Light, though there is no obligation to.

Autism by Experience
Community Interest Company

No need to book a place, though please do let us know if you plan to attend as a group of three or more people. **Email** afc@autismbyexperience.co.uk