

Shopping List

Medicines

- Pain relievers Adult and Children (tylenol, Motrin, etc- generic is fine)
- Multi Vitamins (adult and children)
- Vitamin: E, Omega 6-9, Calcium, B-complex, B-12, b-6, C
- Skin Ointment
- Diaper Rash meds
- Hydrocortisone
- Anti-itch cream
- Laxatives
- Funds to buy adult diaper's in cuba (\$350)
- Bio-Flex (generic fine)
- Cholesterol reducing meds
- Diabetes testing strips
- Medical supplies - glove, bandages, cotton, alcohol wipes, etc
- Any other medicine we use on a regular basis

Gifts

- Make up & Make up bags
- Fingernail supplies
- small children's toys (boys & girls)
- mens ties
- razors
- Hair supplies (brushes, clips, headband etc)
- crayons, markers, coloring books
- games
- small mirrors
- jewelry
- Any small lightweight item that is a nice gift

Technology

- Laptops (up to 13)
- USB Flash drive (as many as we can get)
- External Hard-drive (up to 13)
- Ink Toner: HP60 (color/b/w)
- printer (minimim 2)
- digital camera (minimim 2)
- tablet
- unlocked cell phone - (tri-band)

Food

- Cuban Coffee
- Sason Completo (Goya)
- Lollypops (& other candies)
- Seasonings (cinnamon, cumin,
- Peanut Butter, nuts, tuna in packets,

Miscellaneous

- Haircutting clipper set
- Baseballs/softballs, bats and baseball gloves
- Frisbees
- scissors (craft and hair cutting)

Ministerial

- Spanish Bibles
- Spanish devotional books
- Communion Cups
- Craft supplies
- Teaching flannel Board Bible Story sets
- Specific books requested. If you are interested in buying books for the Seminary let me know and we will work it out

For Seminary Students

- Pens, Highlighters,
- small notebooks