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## November 2025 Thankful for Our Time in America



Bethel Church – Lake Jackson, Texas



Olney Community Church - Oregon

## GIVE THANKS TO GOD FOR THE THINGS HE HAS DONE!

One of my favorite scripture passages is Philippians 4:6-7.

"Be anxious for nothing, but in everything by prayer and supplication, with **THANKSGIVING**, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

Life on Earth deals hard blows, after all... this place is not Heaven, and it's not the "New Earth." Loss can be devastating, illness can be debilitating, betrayal can leave us questioning, rejection can wound us to the core, and we don't understand! Maybe that's where you find yourself this Thanksgiving. The Lord knows that these difficult situations can make us anxious, but He has given us the solution.

That solution? Prayerful **THANKSGIVING**! Our loving Creator has "hardwired" our hearts and minds to respond to prayerful thanksgiving

with "the peace that surpasses understanding." In stressful times, I always begin with thanks for the basics. "Thank you, God, that I can breathe. Thank you, God, that I can see. Thank you, God, that I can walk. Thank you, God, that I can speak." It isn't long before my downcast eyes begin to lift.

Then more thanksgiving comes to mind: "I thank you, Lord, that I have a bed to sleep in." (The Lord provided 20 beds for Mike and me to sleep in this trip!) "I thank you for my family and friends. I thank you for giving me the inner strength and the grace to keep going. I thank you for saving me." At this point, my hands are raised to my Savior, and my eyes have shifted off my problems to Him! Now I can finally begin to thank Him for the trial I'm going through because I know He is with me and will never leave me!

The writer of Hebrews reminds us, "Don't love money; be satisfied with what you have. For God has said, 'I will never fail you. I will never abandon you.' So we can say with confidence, The Lord is my helper, so I will have no fear. What can mere people do to me?" Hebrews 13:5-6

Wishing you a blessed Thanksgiving Day and more so, a blessed Thanksgiving Life defined by gratitude.

Mike and Cheryl Freese and The JFM Board of Directors



This month, we attended the ICOM Missions Conference in Atlanta, Georgia.

The breakout sessions were encouraging and informative. The missionary tools and resources were abundant, and the lunches for the missionaries

were over-the-top! We are thankful for the connections we made and are praying they will be fruitful. We are thankful for our hosts, Janet and Ken Webb, and our friend, their Aunt Sharon Thorbeck, who joined us in Atlanta.

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We are grateful for our time in America, and we are thankful for you!

It has been a season of moving from State to State and telling about the amazing things God is doing in Kenya. We are thankful for our dear friends and family who have opened their homes and given us a place to rest our heads. We treasure the wonderful fellowship and meals we have shared these past 2 months. Below are some pictures from our 2025 USA travels.

We will be headed back to Kenya early December. We thank the Lord for the dear friends of JFM who have given generously to the work we need to accomplish in 2026. God bless you all!





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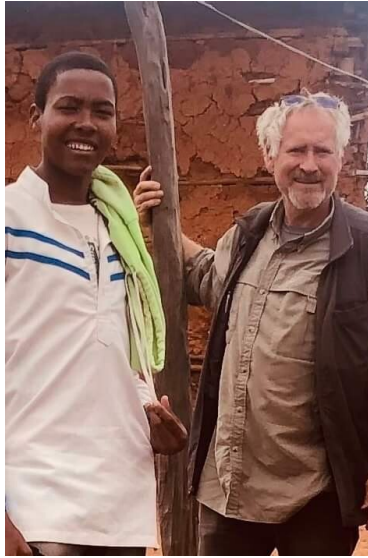
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**Please join us in praying for these ministry needs:**



**Please continue praying for Paul Minyarit, a young man who loves the Lord and is such a bright student. Paul is a member of the JFM Oloruko Church and a JFM-sponsored college student pursuing a teaching degree. Paul is only 21, but this year he began experiencing kidney failure. He has been going to dialysis twice a week. This month, we received a message from Paul that he had to stop his studies because the dialysis isn't working and he needs a kidney transplant. Please pray for Paul. He needs a miracle.**

**Please pray for** the Kenyan people to turn to Jesus for salvation as the JFM missionaries, pastors, evangelists, and church members share the Good News of Jesus.

**Please pray for** JFM's 90 sponsored students, our schools, and safety for those working at the JFM Headquarters and schools.

**Please pray for** Mike and Cheryl's remaining time in the USA that they will be at the right place at the right time.

**Please pray for** safe travels back to Kenya on December 8th for Mike, Cheryl, and also for Steve and Marissa Barkemeyer, who will be joining them in Kenya for 3 months.

**Please join us in praying for these dear friends of JFM:**

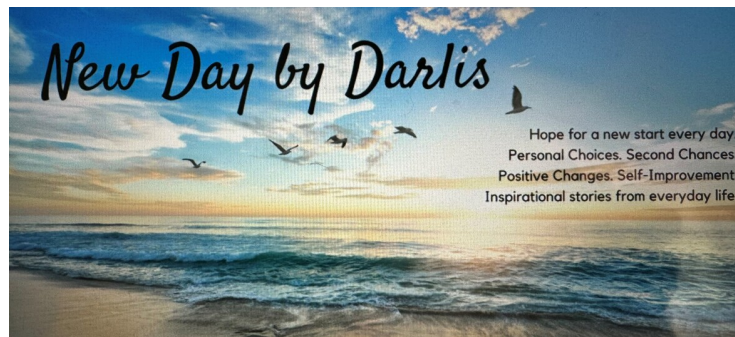


**Please pray for the family of Pat Vickers Stokes. Pat, a dear friend of JFM, finished her race this month.**

**Pastor Mark Garrett**, of The Well in Hemet, California, is battling cancer and needs a miracle.

**Paul Friedrich** is undergoing cancer treatment, and God is sustaining him. Please join us as we pray for pain relief and a complete healing miracle for our friend.

**Paul Dixon** needs complete healing from cancer.



Darlis Sailors, a dear friend of JFM, posts a weekly blog. If you need encouragement, we highly recommend

[New Day by Darlis](#)

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**May the Holy Spirit guide you, may the grace of Yeshua help you in every situation, and may the love of the Father flow through you! God bless you and keep you and make His face to shine upon you and give you peace!**

**Mike, Cheryl and the JFM Team**

**The Holy Spirit may be speaking to you about contributing to His work in Kenya. If so, you can click on the donate button below to use a credit card or access PayPal. You can also use the mailing address (please note the change of address):**

Jesus Frees Ministries

C/O PO Box 195

Culleoka, TN 38451

[www.JesusFrees.org](http://www.JesusFrees.org)



**VENMO** is now another donation option for JFM's mission in Kenya. In your Venmo App, search for **Jesus Frees Ministries** and select "Charities". Your tax-deductible receipt will be emailed to you.

**WANT TO HELP? - DONATE WITH A CARD OR PAYPAL**



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