



welcome

EPISCOPAL CHURCH OF THE ASCENSION

Third Sunday After Pentecost, Year C

Holy Eucharist Rite II

10 am

June 29, 2025

405 Talbot Hall Road
Norfolk, Virginia 23505
(757) 423-6715

ORDER OF SERVICE

Processional Hymn

"God of Grace and God of Glory"

Blue Hymnal 594

Opening Acclamation

Book of Common Prayer p. 355

Gloria

Book of Common Prayer p. 356

Collect and Lessons

Book of Common Prayer p. 357

The Collect

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The First Lesson

2 Kings 2:1-2, 6-14

When the Lord was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; for the Lord has sent me as far as Bethel." But Elisha said, "As the Lord lives, and as you yourself live, I will not leave you." So they went down to Bethel.

Then Elijah said to him, "Stay here; for the Lord has sent me to the Jordan." But he said, "As the Lord lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground.

When they had crossed, Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it

will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces. He picked up the mantle of Elijah that had fallen from him, and went back and stood on the bank of the Jordan. He took the mantle of Elijah that had fallen from him, and struck the water, saying, "Where is the Lord, the God of Elijah?" When he had struck the water, the water was parted to the one side and to the other, and Elisha went over.

The Word of the Lord

Thanks be to God.

The Psalm

Psalm 77: 1-2, 11-20

1 I will cry aloud to God; *

I will cry aloud, and he will hear me.

2 In the day of my trouble I sought the Lord; *

my hands were stretched out by night and did not tire;

I refused to be comforted.

11 I will remember the works of the Lord, *

and call to mind your wonders of old time.

12 I will meditate on all your acts *

and ponder your mighty deeds.

13 Your way, O God, is holy; *

who is so great a god as our God?

14 You are the God who works wonders *

and have declared your power among the peoples.

15 By your strength you have redeemed your people, *

the children of Jacob and Joseph.

16 The waters saw you, O God;

the waters saw you and trembled; *

the very depths were shaken.

17 The clouds poured out water;

the skies thundered; *

your arrows flashed to and fro;

18 The sound of your thunder was in the whirlwind;
your lightnings lit up the world; *
the earth trembled and shook.
19 Your way was in the sea,
and your paths in the great waters, *
yet your footsteps were not seen.
20 You led your people like a flock *
by the hand of Moses and Aaron

The Epistle

Galatians 5:1, 13-25

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.
For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another. Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.
By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

The Word of the Lord

Thanks be to God.

Sequence Hymn

"Jesus Calls Us O'er the Tumult"

Blue Hymnal 550

The Gospel

Luke 9:51-62

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

The Gospel of the Lord

Praise to you, Lord Christ.

Sermon	<i>The Very Rev. Stewart Tabb</i>
Nicene Creed	<i>Book of Common Prayer p. 358</i>
Prayers of the People	<i>Book of Common Prayer p. 392</i>
The Peace	<i>Book of Common Prayer p. 360</i>

Holy Communion

Offertory Sentence	
Offertory Hymn	
"Praise to God, Immortal Praise"	<i>Blue Hymnal 288</i>
Eucharistic Prayer B	<i>Book of Common Prayer p. 367</i>
The Lord's Prayer	<i>Book of Common Prayer p. 364</i>
Breaking of the Bread	<i>Book of Common Prayer p. 364</i>
Communion Hymn	
"My God, Thy Table Now is Spread"	<i>Blue Hymnal 321</i>
Post Eucharistic Prayer	<i>Book of Common Prayer p. 366</i>
Recessional Hymn	
"Seek Ye First the Kingdom of God"	<i>Blue Hymnal 711</i>
Dismissal	<i>Book of Common Prayer p. 366</i>

In Our Prayers

Alexander Beamon, Joe Beck, Gloria Carter, Billy Clark, Linda Day, Elaine Evans, Diane Forrest, Sam Hedgecock, Kate Hien, Katie Hughes, Rick Jones, Paul Joseph, Bryan Knight, Shana Paul, Sydney Ruloph, Diane Shephard, Nancy Whitman, and Margaret Wynn.

We pray for Sean our Presiding Bishop, Susan our Bishop, Stewart our Rector, and Genevieve our Deacon.

We pray that the people of Ascension may grow ever deeper in our relationship with God and with our neighbors.

We pray for all the victims of gun violence, and for those who feel they have no recourse but to resort to gun violence.

We give thanks for the birthdays of Karla Stead (7/4) and Elizabeth Suber (7/5).

We give thanks for the anniversary of Luke Suber & Kathryn Kramer (7/2).

We give thanks for our pastoral care team.

Announcements

Youth Mission Trip We are so proud of our amazing youth who will be heading out on a mission trip to Massanetta Springs in July! Your hearts for service, courage to step out in faith, and willingness to be the hands and feet of Jesus are truly inspiring. We'll be praying for safe travels, meaningful connections, and lives changed—both yours and those you serve.

Norfolk Historical Society The next monthly meeting of the Norfolk Historical Society will be held on Wednesday, July 9th at 7:00PM at the MacArthur Memorial Theater.

The subject is "*ICEX: US Navy Ice Camps in the Arctic*" and the speaker will be our own Captain Merrill Dorman, USN (retired). Please come and join us for what is sure to be a very interesting presentation by Merrill. As always, the NHS speaker series is free and open to the public.

June is the month emphasizing "Ending Gun Violence". You will see Stewart wearing an orange stole. Orange represents the color hunters wear for protection.

There are several ways we can protect our children and one another.

- 1) Secure all guns in your home and cars.
- 2) Talk to our children and grandchildren about gun safety.
- 3) Ask about the presence of unsecured guns when children are visiting friends.
- 4) Be aware of our children and family members' behavior. When they begin to isolate themselves, engage them and listen to them. Seek help if needed.
- 5) Support efforts to end gun violence, financially or by volunteering. This is a Just Faith effort to engage us all in helping to end gun violence in our country.

Food Pantry Needs Our food pantry is in need of plastic bags to help distribute food to those in need. If you have any extra plastic bags at home, please consider donating them to our pantry. Your contribution will make a big difference in helping us serve our community. All plastic bag donations can be placed in the blue bin in the Narthex. Monetary contributions are also accepted and help us purchase food from the Food Bank for much less than if we were to buy it from the store.

Outreach, Collections, & Opportunities

Outreach Steve Baggarly from Catholic Worker needs Gatorade to distribute during the week. With temperatures rising, staying hydrated is critical. We're collecting donations of Gatorade to support our community through this heatwave. Thank you for your support!

Catholic Worker Steve Baggarly's ministry is in need of travel-size deodorant, rain ponchos, and razors. He is deeply appreciative of the help he has received from our congregation.

Reminder: The deadline for announcements is Tuesday at 5pm. Announcements received after that time may not make it into the bulletin or the emailed announcements.

Weekly Studies:

Tuesday Centering Prayer meets at 7:45am on Tuesdays on Zoom for one hour. The meeting opens at 7:30 for chatting, then at 7:45 we proceed with the reading of a psalm, 20 minutes of silent prayer/meditation followed by a discussion of the reading. The group is currently reading *The Great Search: Turning to Earth and Soul in the Quest for Healing and Home* by John Philip Newell. We are a diverse group with members joining from three countries and various religious backgrounds. You are invited to join us at any time. To get on the Zoom invite list, please contact Anji Harris (anjiharris54@gmail.com) or Sally Miller (757-489-5293 or samiller903@yahoo.com).

Re-Imagining Church meets on Thursdays at 8am. The meeting serves as a time of spiritual reflection and planning as we listen for and try to follow God's call to Ascension. Please join us; your perspective may be how God is informing us what we should be doing next.

Join Zoom Meeting:

<https://us02web.zoom.us/j/86978887176?pwd=xI7YlfzPv6WROIOaGIKgWT6z7tYg2c.1>

Meeting ID: 869 7888 7176 **Passcode:** 171544

Thursday Mid-Morning Seekers' Bible Study will watch a video, read scripture passages, and discuss the questions together. I recommend joining the meeting early in case you have any issues getting connected. I hope to see everyone on Thursday at 10:00 am! If you are not on the email group or have trouble accessing the Zoom, please contact Susan Meredith at merbec@cox.net or 757-617-1959.

Meeting ID: 810 7002 6611 **Passcode:** Bible

A Look at the Week Ahead:

Tuesday

7:30 am Centering Prayer – Zoom

10:00 am Food Pantry - Pantry

11:30 am Building & Grounds – Rose Hall

Thursday

8:00 am Re-Imagining Church - Zoom

10:00 am Food Pantry – Pantry

10:00 am Mid-Morning Seeker's Bible Study – Zoom

Sunday

9:00 am Coffee & Adult Formation

10:00 am Holy Eucharist Rite II - Sanctuary

OUR VISION IS

Honoring the Past
Looking Forward in Hope
Be the Face of Healing
Healing is the Core Value

Your Vestry is here to serve you!

Susan Meredith*	2024-2026	merbec@cox.net	757.617.1959
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*Senior Warden +Junior Warden ^Register

Clergy

Bishop The Right Reverend Susan Haynes

Rector The Very Reverend Stewart Tabb

Deacon The Reverend Genevieve Nelson

Guest Pianist Karla Stead

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