



welcome

EPISCOPAL CHURCH OF THE ASCENSION

Sixth Sunday After Pentecost, Year C

Holy Eucharist Rite II

10 am

July 20, 2025

405 Talbot Hall Road
Norfolk, Virginia 23505
(757) 423-6715

ORDER OF SERVICE

Prelude

Processional Hymn

"All are Welcome"

Maroon Hymnal 741

Opening Acclamation

Book of Common Prayer p. 355

Gloria

Blue Hymnal S-280

Collect and Lessons

Book of Common Prayer p. 357

The Collect

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The First Lesson

Amos 8:1-12

This is what the Lord God showed me-- a basket of summer fruit. He said, "Amos, what do you see?" And I said, "A basket of summer fruit." Then the Lord said to me,

"The end has come upon my people Israel;

I will never again pass them by.

The songs of the temple shall become wailings in that day," says the Lord God;

"the dead bodies shall be many,
cast out in every place. Be silent!"

Hear this, you that trample on the needy,
and bring to ruin the poor of the land,
saying, "When will the new moon be over
so that we may sell grain;
and the sabbath,

so that we may offer wheat for sale?

We will make the ephah small and the shekel great,
and practice deceit with false balances,
buying the poor for silver
and the needy for a pair of sandals,

and selling the sweepings of the wheat."
 The Lord has sworn by the pride of Jacob:
 Surely I will never forget any of their deeds.
 Shall not the land tremble on this account,
 and everyone mourn who lives in it,
 and all of it rise like the Nile,
 and be tossed about and sink again, like the Nile of Egypt?
 On that day, says the Lord God,
 I will make the sun go down at noon,
 and darken the earth in broad daylight.
 I will turn your feasts into mourning,
 and all your songs into lamentation;
 I will bring sackcloth on all loins,
 and baldness on every head;
 I will make it like the mourning for an only son,
 and the end of it like a bitter day.
 The time is surely coming, says the Lord God,
 when I will send a famine on the land;
 not a famine of bread, or a thirst for water,
 but of hearing the words of the Lord.
 They shall wander from sea to sea,
 and from north to east;
 they shall run to and fro, seeking the word of the Lord,
 but they shall not find it.

The Word of the Lord

Thanks be to God.

The Psalm

Psalm 52

1 You tyrant, why do you boast of wickedness *
 against the godly all day long?
 2 You plot ruin;
 your tongue is like a sharpened razor, *
 O worker of deception.
 3 You love evil more than good *
 and lying more than speaking the truth.
 4 You love all words that hurt, *
 O you deceitful tongue.

5 Oh, that God would demolish you utterly, *
topple you, and snatch you from your dwelling,
and root you out of the land of the living!
6 The righteous shall see and tremble, *
and they shall laugh at him, saying,
7 "This is the one who did not take God for a refuge, *
but trusted in great wealth
and relied upon wickedness."
8 But I am like a green olive tree in the house of God; *
I trust in the mercy of God for ever and ever.
9 I will give you thanks for what you have done *
and declare the goodness of your Name in the presence of the
godly.

The Epistle

Colossians 1:15-28

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers-- all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him-- provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout

the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

The Word of the Lord

Thanks be to God.

Sequence Hymn

"Guide My Feet"

Maroon Hymnal 684

The Gospel

Luke 10:38-42

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of the Lord

Praise to you, Lord Christ.

Sermon	<i>The Very Rev. Stewart Tabb</i>
Nicene Creed	<i>Book of Common Prayer p. 358</i>
Prayers of the People	<i>Book of Common Prayer p. 392</i>
The Peace	<i>Book of Common Prayer p. 360</i>

Holy Communion

Offertory Sentence	
Offertory	
“I Heard the Voice of Jesus Say”	<i>Blue Hymnal 692</i>
Eucharistic Prayer B	<i>Book of Common Prayer p. 367</i>
Sanctus	<i>Blue Hymnal S-125</i>
The Lord’s Prayer	<i>Book of Common Prayer p. 364</i>
Breaking of the Bread	<i>Book of Common Prayer p. 364</i>
Communion Hymn	
“I am the Bread of Life”	<i>Blue Hymnal 335 vs. 1 and 2</i>
Post Eucharistic Prayer	<i>Book of Common Prayer p. 366</i>
Recessional Hymn	
“All My Hope on God is Founded”	<i>Blue Hymnal 665</i>
Dismissal	<i>Book of Common Prayer p. 366</i>

In Our Prayers

Alexander Beamon, Joe Beck, Gloria Carter, Billy Clark, Linda Day, Elaine Evans, Diane Forrest, Sam Hedgecock, Kate Hien, Katie Hughes, Rick Jones, Paul Joseph, Bryan Knight, Shana Paul, Sydney Ruloph, Diane Shephard, Nancy Whitman, and Margaret Wynn.

We pray for Sean our Presiding Bishop, Susan our Bishop, Stewart our Rector, and Genevieve our Deacon.

We pray that the people of Ascension may grow ever deeper in our relationship with God and with our neighbors.

We give thanks for the anniversary of Lana & Richard Butler (7/21).

We give thanks for those who serve on Altar Guild.

Announcements

Stewart will be out of the office after service today until Thursday, July 24th. If you have a pastoral emergency, please call Deacon Genevieve Nelson at 757-275-6245.

The Juliets will meet for lunch at Eggs Up Grill (738 W 22nd Street, Norfolk, VA, 23517) on Friday, July 25th at 11:30am. Please RSVP by calling, emailing, or texting Donna Killmon at 757-270-5094.

The Diocesan Creation Care Team is dedicated to the education, action, and advocacy of God's world. They will be showing three creation care-focused documentary films between July 21st and September 15th. Ascension is hosting! The team will show the films in-person and will follow each film with an invitation for discussion about reactions and take-away thoughts. We are invited to attend.

- **July 21st at 6:30p.m.** – *Common Ground* by Josh Tickell and Rebecca Harrell Tickell. “The film profiles a hopeful and uplifting movement of white, black, and indigenous farmers who are using alternative “regenerative” models of agriculture that could balance the climate, save our health, and stabilize America’s economy – before it’s too late.”
- **August 18th at 6:30p.m.** – *Cooked -Survival* by Zip Code by Judith Helfand. The film deals with the “worst heat disaster in US history that occurred in Chicago in 1995 where 739 residents – mostly elderly and black died over the course of one week. The film addresses extreme weather, disparity, and the politics of disaster.”

- **September 15th at 6:30p.m.** – *Virginia's Calling* by Barry Lyons and Linda Nieman. The film “addresses how a woman of faith grapples with the challenge of her flooded home after a hurricane and how she responds within her community to raise awareness about climate change and advocacy.”

Food Pantry Needs Our food pantry is in need of plastic bags to help distribute food to those in need. If you have any extra plastic bags at home, please consider donating them to our pantry. Your contribution will make a big difference in helping us serve our community. All plastic bag donations can be placed in the blue bin in the Narthex. Monetary contributions are also accepted and help us purchase food from the Food Bank for much less than if we were to buy it from the store.

Outreach, Collections, & Opportunities

Catholic Worker needs more pairs of men's white socks and granola bars. Thank you!

Outreach Steve Baggarly from Catholic Worker is seeking donations to support his ministry during the summer heat. With rising temperatures, staying hydrated is essential, and Gatorade is especially needed for distribution throughout the week. In addition, travel-size deodorant, rain ponchos, and razors are also in high demand. Steve is deeply grateful for the continued generosity of our congregation as we come together to care for our community during this heatwave.

Reminder: The deadline for announcements is Tuesday at 5pm. Announcements received after that time may not make it into the bulletin or the emailed announcements.

Weekly Studies:

Tuesday Centering Prayer meets at 7:45am on Tuesdays on Zoom for one hour. The meeting opens at 7:30 for chatting, then at 7:45 we proceed with the reading of a psalm, 20 minutes of silent prayer/meditation followed by a discussion of the reading. The group is currently reading *The Great Search: Turning to Earth and Soul in the Quest for Healing and Home* by John Philip Newell. We are a diverse group with members joining from three countries and various religious backgrounds. You are invited to join us at any time. To get on the Zoom invite list, please contact Anji Harris (anjiharris54@gmail.com) or Sally Miller (757-489-5293 or samiller903@yahoo.com).

Re-Imagining Church meets on Thursdays at 8am. The meeting serves as a time of spiritual reflection and planning as we listen for and try to follow God's call to Ascension. Please join us; your perspective may be how God is informing us what we should be doing next.

Join Zoom Meeting:

<https://us02web.zoom.us/j/86978887176?pwd=xI7YlfzPv6WROl0aGIKgWT6z7tYg2c.1>

Meeting ID: 869 7888 7176 **Passcode:** 171544

Thursday Mid-Morning Seekers' Bible Study will watch a video, read scripture passages, and discuss the questions together. I recommend joining the meeting early in case you have any issues getting connected. I hope to see everyone on Thursday at 10:00 am! If you are not on the email group or have trouble accessing the Zoom, please contact Susan Meredith at merbec@cox.net or 757-617-1959.

Meeting ID: 810 7002 6611 **Passcode:** Bible

A Look at the Week Ahead:

Monday

6:30 pm Creation Care Movie "*Common Ground*" – Rose Hall

Tuesday

7:30 am Centering Prayer – Zoom

10:00 am Food Pantry - Pantry

11:30 am Building & Grounds – Rose Hall

Thursday

8:00 am Re-Imagining Church - Zoom

10:00 am Food Pantry – Pantry

10:00 am Mid-Morning Seeker's Bible Study – Zoom

Friday

11:30 am Juliets' Lunch – Eggs Up Grill

Sunday

9:00 am Coffee & Adult Formation

10:00 am Holy Eucharist Rite II - Sanctuary

OUR VISION IS

Honoring the Past
Looking Forward in Hope
Be the Face of Healing
Healing is the Core Value

Your Vestry is here to serve you!

Susan Meredith*	2024-2026	merbec@cox.net	757.617.1959
Anji Harris+	2023-2026	Anjiharris54@gmail.com	757.831.3474
Pat Duncan	2023-2026	Patlduncan2020@gmail.com	478.777.0904
Karen Newbern^	2024-2027	newby0325@gmail.com	757.685.6935
Luke Suber	2024-2027	lukeuber@yahoo.com	361.779.7216
Carol Evans	2024-2027	cevans1017@gmail.com	757.335.1774
Robin Kruger	2025-2028	Rekruger54@gmail.com	757.470.9882

*Senior Warden +Junior Warden ^Register

Clergy

Bishop The Right Reverend Susan Haynes

Rector The Very Reverend Stewart Tabb

Deacon The Reverend Genevieve Nelson

Guest Pianist Karla Stead

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