



## **EPISCOPAL CHURCH OF THE ASCENSION**

Pentecost, Year A  
Holy Eucharist Rite II  
10 am  
May 24, 2026

**405 Talbot Hall Road  
Norfolk, Virginia 23505  
(757) 423-6715**

# ORDER OF SERVICE

## *THE WORD OF GOD*

Prelude

Processional Hymn  
"Gather Us In"

*Maroon Hymnal 743*

Opening Acclamation

*Book of Common Prayer p. 355*

"Glory to God"

*Blue Hymnal S-280*

Collect and Lessons

*Book of Common Prayer p. 357*

### **The Collect**

Almighty God, on this day you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

### **The New Testament**

### **The Acts of the Apostles 2:1-21**

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and

Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

‘In the last days it will be, God declares,  
that I will pour out my Spirit upon all flesh,  
and your sons and your daughters shall prophesy,  
and your young men shall see visions,  
and your old men shall dream dreams.

Even upon my slaves, both men and women,  
in those days I will pour out my Spirit;  
and they shall prophesy.

And I will show portents in the heaven above  
and signs on the earth below,  
blood, and fire, and smoky mist.

The sun shall be turned to darkness  
and the moon to blood,  
before the coming of the Lord's great and glorious  
day.

Then everyone who calls on the name of the Lord shall be  
saved.' "

The Word of the Lord

**Thanks be to God**

- 25 O LORD, how manifold are your works! \*  
in wisdom you have made them all;  
the earth is full of your creatures.
- 26 Yonder is the great and wide sea  
with its living things too many to number, \*  
creatures both small and great.
- 27 There move the ships,  
and there is that Leviathan, \*  
which you have made for the sport of it.
- 28 All of them look to you \*  
to give them their food in due season.
- 29 You give it to them; they gather it; \*  
you open your hand, and they are filled with good  
things.
- 30 You hide your face, and they are terrified; \*  
you take away their breath,  
and they die and return to their dust.
- 31 You send forth your Spirit, and they are created; \*  
and so you renew the face of the earth.
- 32 May the glory of the LORD endure for ever; \*  
may the LORD rejoice in all his works.
- 33 He looks at the earth and it trembles; \*  
he touches the mountains and they smoke.
- 34 I will sing to the LORD as long as I live; \*  
I will praise my God while I have my being.
- 35 May these words of mine please him; \*  
I will rejoice in the LORD.
- 37 Bless the LORD, O my soul. \*  
Hallelujah!

## The New Testament Epistle

1 Corinthians 12:3b-13

No one can say “Jesus is Lord” except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body-- Jews or Greeks, slaves or free-- and we were all made to drink of one Spirit.

The Word of the Lord

**Thanks be to God**

Sequence Hymn

“Breathe on Me, Breath of God”

*Blue Hymnal 508*

## The Gospel

John 20:19-23

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

The Gospel of the Lord

**Praise to you, Lord Christ.**

Sermon

*The Reverend Mimi Lacy*

The Baptismal Covenant

*Book of Common Prayer p. 304*

## The Ascension Discernment Prayer

*(In response to our Baptismal Covenant, we join together in reciting the Ascension Discernment Prayer).*

O God of wisdom and guidance,  
We ask that you lead our parish in this season of discernment.  
Bless our Search Committee with clarity,  
Bless our Vestry with faithfulness,  
And bless our whole congregation with patience and hope.  
May the Holy Spirit guide and instill in the people of Ascension a  
glorious vision of the future.  
And finally, we ask that You prepare the priest You are calling  
to join us,  
and prepare us to welcome them and serve together in your name.  
Through Jesus Christ our Lord. Amen.

The Peace

*Book of Common Prayer p. 360*

## *Holy Communion*

Offertory

“Like the Murmur of the Dove’s Song”

*Blue Hymnal 513*

Eucharistic Prayer D

*Book of Common Prayer p. 372*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Sanctus

*Blue Hymnal S-125*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he that comes in the name of the Lord.**

**Hosanna in the highest.**

*The people kneel or stand, and the Celebrant continues*

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, for your holy people,

the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

*Remember all who minister in your Church including Sean our Presiding Bishop, Susan our Bishop, and Mimi, our Guest Priest.*

*Remember all your people, and those who seek your truth.*

*Remember the people of Ascension, that formed by our Baptismal promises we might embody God's Community of Shalom in the world.*

*Remember those whom we name before you now:*

*Joe Beck, Susan Beers, Gloria Carter, Billy Clark, Linda Day, Marilyn Doughty, Elaine Evans, Diane Forrest, William Grygar, Kate Hien, Rebecca Hirschler, Katie Hughes, Sharon Jones, Bryan Knight, Phoebe Montagna, Alessandra Myers, Shana Paul, Sydney Rudolph, Linda Sawyer, Diane Shephard, Doug Thompson, Courtney Wheeler, and Margaret Wynn.*

*Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.*

*We give thanks for the birthdays of Nellwyn Beamon and Jaimon Jones.*

*We give thanks for the anniversaries of Daniel & Karla Stead and Bruce & Diane Shephard.*

*We give thanks for those who serve on the Altar Guild.*

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in unity of the Holy Spirit, for ever and ever. **Amen.**

The Lord's Prayer

*Book of Common Prayer p. 364*

And now, as our Savior Christ has taught us, we are bold to say

Our Father, who art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those  
Who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom,  
And the power, and the glory,  
For ever and ever. Amen.

Breaking of the Bread	<i>Book of Common Prayer p. 364</i>
Communion*	
Communion Hymn	
“Thou, Who at Thy First Eucharist Didst Pray” vs. 1-2	<i>Blue Hymnal 315</i>
Post Eucharistic Prayer	<i>Book of Common Prayer p. 366</i>
Recessional Hymn	
“Eternal Father, Strong to Save”	<i>Blue Hymnal 608</i>
Dismissal	<i>Book of Common Prayer p. 366</i>
Postlude	

*Pentecost Reception in Rose Hall following the service.*

*\*You may come to the rail to receive communion or a blessing.  
 Communion wine may be received from the common cup or by intinction.  
 If you choose intinction, please hold the bread up for the Lay Eucharistic  
 Minister to take it from you who will dip it in the second cup and return  
 it. If coming for a blessing, or if not receiving the communion wine,  
 simply approach the rail and cross your arms over your chest.*

# *In Our Prayers*

Joe Beck, Susan Beers, Gloria Carter, Billy Clark, Linda Day, Marilyn Doughty, Elaine Evans, Diane Forrest, William Grygar, Kate Hien, Rebecca Hirschler, Katie Hughes, Sharon Jones, Bryan Knight, Phoebe Montagna, Alessandra Myers, Shana Paul, Sydney Rudolph, Linda Sawyer, Diane Shephard, Doug Thompson, Courtney Wheeler, and Margaret Wynn.

We pray for Sean our Presiding Bishop, Susan our Bishop, and Mimi, our Guest Priest.

We pray for the people of Ascension, that formed by our Baptismal promises we might embody God's community of Shalom in the world.

We give thanks for the blessings of this life.

We give thanks for the birthdays of Nellwyn Beamon (5/28) and Jaimon Jones (5/28).

We give thanks for the anniversaries of Daniel & Karla Stead (5/26) and Bruce & Diane Shephard (5/30).

We give thanks for those who serve on Altar Guild.

## **The Ascension Discernment Prayer**

O God of wisdom and guidance,

We ask that you lead our parish in this season of discernment.

Bless our Search Committee with clarity,

Bless our Vestry with faithfulness,

And bless our whole congregation with patience and hope.

May the Holy Spirit guide and instill in the people of Ascension a glorious vision of the future.

And finally, we ask that You prepare the priest You are calling to join us,

and prepare us to welcome them and serve together in your name.

Through Jesus Christ our Lord. Amen.

# Announcements

**We welcome The Reverend Mimi Lacy** as our supply celebrant and preacher this morning.

**We give thanks to Karla Stead** for playing the piano for us this morning!

**Breakfast with Jesus** - Beginning today and through the summer, adults will gather at 9am for coffee and goodies to discuss the scripture for the day. We will have a nursery from 9-11am all summer. We will not have Godly Play until the fall.

**Food Pantry Sundays – A Message from Carol Evans:** The food pantry is slowing slightly, but with the current economic situation, we may be serving more neighbors soon. Our current budget is tight, and we would certainly be short were it not for the generous support of the Pamunkey community. Please consider donating funds or non-perishable food to our continuing mission on the last Sunday of the month, Food Pantry Sunday. You may designate contributions to Ascension Food Pantry. Also, there is a bin in the Narthex where you may place non-perishable items. We will continue this observance, even though I will be ending my leadership term on June 1<sup>st</sup>. It's been the best job ever! You meet a lot of fantastic people and work with some of the most amazing workers. If you want to join in on the fun, please call or text me at my number on the back of the bulletin.

**Office Closure:** The office will be closed on Monday, May 25<sup>th</sup> in observance of Memorial Day.

**The Juliets will meet for lunch at Guads Mexican Restaurant** (7515 Granby Street, Norfolk, VA, 23505) on Friday, May 29<sup>th</sup> at 11:30am. Please RSVP by calling or texting Donna Killmon at 757-270-5094. Thank you!

**May 31st Trinity Sunday - Morning Prayer Service** (*No Eucharist*)  
Readings, Prayers, Homily, and Music  
Worship Leader Katherine Lawrence will be the officiant.

## Chanco Chatter

### **Chanco on the James: 2026 Summer Camp Registration Now Open!**

Summer is almost here, and Camp Chanco is ready for another unforgettable season on the James. For more than 50 years, Chanco has offered a fun, faith-centered camp experience for youth ages 8–16. From zip lines and high ropes to sailing, archery, arts and crafts, and outdoor adventures, every day is filled with opportunities to try something new. Campers build confidence, form lasting friendships, explore God’s creation, and grow in Christian community — all in a safe and welcoming environment. To register, visit <https://chanco.org/camps/camp-info/>

### Creation Care

Thanks for participating in our trial recycling program! You can mix all your items together in your collection box. Drop off your items during office hours at DIOSOVA 11832 Rock Landing Drive Suite 100, Newport News (M-F 9-3) or Church of the Ascension 405 Talbot Hall Road, Norfolk (M-Th 9am-12pm). Ascension will also have a small outdoor collection box in their outdoor breezeway beginning April 2026. You can also mail your box to: Attn: Creation Care Team, 405 Talbot Hall Road, Norfolk, VA 23505.

### THE FOLLOWING ITEMS CAN BE RECYCLED

- **BEAUTY PRODUCTS AND PACKAGING** - Empty Cosmetic, Hair & Skin Care Packaging including Aluminized Tubes, Cosmetic Cases & Sticks, Plastic Packaging  
Unacceptable Items: Aerosol & Pressurized Cans, Cardboard, Electronic Items, Nail Polish Bottles & Removers, Partially Full & Full Packaging, Perfume Bottles, Wood & Bamboo, Wooden Eyeliner Pencils
- **PENS, PENCILS & MARKERS** - Pens, Pencils (non-wood), Highlighters, Markers & Caps, Mechanical Pencils, Pen & Pen Caps, Permanent Markers & Caps. Unacceptable Items: Paint Brushes, Wooden Pencils
- **BOTTLE CAPS** – Metal & Plastic Drink Bottle Caps  
Unacceptable Items: Bottles, Packaging, Liquids

- **WATER FILTERS** - Any Brand & Any Size Water Filters Unacceptable Items: Air Filters, Oil Filters

- **CONTACT LENSES & PACKAGING** - Contact Lenses, Plastic Film, Pods, And Cardboard Packaging Unacceptable Items: Contact Lens Solution, Bottles

- **ORAL CARE WASTE & PACKAGING** - Floss Containers, Toothbrush & Toothpaste Outer Packaging, Toothbrushes, Toothpaste Tubes & Caps Unacceptable Items: Floss, Other Oral Waste Care Items

- **COFFEE BAGS** – Empty Coffee Bags Unacceptable Items: Capsules, Coffee Grounds, Discs, Filters, Coffee Electronics, Other Coffee Packaging

- **CORKS** – Synthetic Beverage Corks Unacceptable Items: Natural Corks, Aluminum Champagne Twists, Bottle Caps, Bottles, Foil, Screw Tops

- **STRAWS** – Any Size Plastic Straws Unacceptable Items: Paper Straws, Biodegradable Straws

- **DISPOSABLE CUPS & LIDS** – Paper Coated Cups, Plastic Cups, Plastic Lids Disposable Cups

& Lids that have been rinsed and dried Unacceptable Items: Biodegradable Plastic Cups & Lids, Juice Boxes & Pouches. Other Rigid Plastic Containers

- **GLUE STICKS & BOTTLES** – Empty Craft Glue Stick Containers & Empty Glue Bottles

Unacceptable Items: Industrial Adhesive Containers

Questions – contact Canon Lynn Farlin at 757-676-6188 or [lfarlin@diosova.org](mailto:lfarlin@diosova.org)

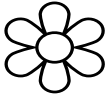


## Outreach, Collections, & Opportunities:

**Catholic Worker Needs:** Coffee and white socks are always needed. Thank you very much!

### *Sunday Seeds*

Below are just a few of the ways Ascension is serving our community:



- Each month, members of our church family lovingly prepare 100 sandwiches, which are delivered to Catholic Family Worker for distribution to those experiencing homelessness.
- June is National Gun Violence Prevention Month, with various themes to prevent this violence. On Sunday June 7th, there will be a table in the Narthex with information on how we can make a difference. Please consider wearing something orange to signify your solidarity with this effort and to do your part in helping to make a difference in the lives of our children, families, and friends.

Please watch for upcoming volunteer opportunities—we welcome your participation and support!

**Reminder:** The deadline for announcements is Tuesday at 5pm. Announcements received after that time may not make it into the bulletin or the emailed announcements.

## Weekly Studies:

**Tuesday Centering Prayer** meets at 7:45am on Tuesdays on Zoom for one hour. The meeting opens at 7:30 for chatting, then at 7:45 we proceed with the reading of a psalm, 20 minutes of silent prayer/meditation followed by a discussion of the reading. The group is currently reading *After the Apple: Women in the Bible - Timeless Stories of Love, Lust, and Longing* by Naomi Harris Rosenblatt. We are a diverse group with members joining from three countries and various religious backgrounds. You are invited to join us at any time. To get on the Zoom invite list, please contact Anji Harris (anjiharris54@gmail.com) or Sally Miller (757-489-5293) or [samiller903@yahoo.com](mailto:samiller903@yahoo.com).

**Re-Imagining Church meets on Thursdays at 12pm.** The meeting serves as a time of spiritual reflection and planning as we listen for and try to follow God's call to Ascension. Please join us; your perspective may be how God is informing us of what we should be doing next.

### Join Zoom Meeting:

<https://us02web.zoom.us/j/88559209322?pwd=BubDI0FA8IXIwryikkt4Jito7gq0r.1>

**Meeting ID:** 885 5920 9322    **Passcode:** 346720

**Thursday Mid-Morning Seekers' Bible Study** will watch a video, read scripture passages, and discuss the questions together. I recommend joining the meeting early in case you have any issues getting connected. I hope to see everyone on Thursday at 10:00 am! If you are not on the email group or have trouble accessing the Zoom, please contact Susan Meredith at [merbec@cox.net](mailto:merbec@cox.net) or [757-617-1959](tel:757-617-1959).

**Meeting ID:** 832 5615 4914    **Passcode:** 614216

## **A Look at the Week Ahead:**

### **Monday**

The office will be closed in observance of Memorial Day.

### **Tuesday**

7:30 am Centering Prayer – Zoom

10:00 am Food Pantry – Pantry

11:30 am Buildings & Grounds – Rose Hall

### **Thursday**

10:00 am Food Pantry – Pantry

10:00 am Mid-Morning Seekers' Bible Study – Zoom

12:00 pm Re-Imagining Church – Zoom

### **Friday**

11:30 am Juliet's Lunch – Guads Mexican Restaurant

### **Sunday**

9:00 am Breakfast with Jesus – Hall for Coffee Then Lounge  
(Nursery from 9-11am)

10:00 am Trinity Sunday Morning Prayer – Sanctuary

# OUR VISION IS

Honoring the Past  
Looking Forward in Hope  
Be the Face of Healing  
Healing is the Core Value

**Your Vestry is here to serve you!**

Susan Meredith*	2024-2026	<a href="mailto:merbec@cox.net">merbec@cox.net</a>	757.617.1959
Anji Harris+	2023-2026	<a href="mailto:Anjiharris54@gmail.com">Anjiharris54@gmail.com</a>	757.831.3474
Pat Duncan	2023-2026	<a href="mailto:Patlduncan2020@gmail.com">Patlduncan2020@gmail.com</a>	478.777.0904
Karen Newbern^	2024-2027	<a href="mailto:newby0325@gmail.com">newby0325@gmail.com</a>	757.685.6935
Luke Suber	2024-2027	<a href="mailto:lukesuber@yahoo.com">lukesuber@yahoo.com</a>	361.779.7216
Carol Evans	2024-2027	<a href="mailto:cevans1017@gmail.com">cevans1017@gmail.com</a>	757.335.1774
Robin Kruger	2025-2028	<a href="mailto:Rekruger54@gmail.com">Rekruger54@gmail.com</a>	757.470.9882

\*Senior Warden +Junior Warden ^Register

## Clergy

**Bishop** The Right Reverend Susan Haynes  
**Supply Priest** The Reverend Mimi Lacy

**Guest Pianist** Karla Stead

All music is used with permission under One License A-701614 and CCLI 2009175