

CONFERENCE SCHEDULE

Day 1: March 19, 2026

- **7:00 - 8:00 am: Registration**
- **8:00 - 8:30 am: Opening, Welcome, and Hula by Ka Hale 'I 'O Kahala Halau**
Kumu Hula Halau: Leimomi Maldonado
- **8:30 - 9:15 am: Keynote Presentation: Alan Pedersen – “Getting Right with Grief”**
- **9:30 – 10:45 am: Workshops**
 - Larry Carlat: “**A Space in the Heart: A Survival Guide for Grieving Parents: The End, Early Grief**”
 - Dr. Bob Baugher: “**Supporting People after a Suicide**”
 - Glen Lord and Tanya Lord: “**Support After a Substance Use Related Death**”
- **11:00 am - 12:15 pm: Workshops**
 - Dr. Heidi Horsley, Dr. Gloria Horsley, and Alan Pederson: “**Ten Things You Can Do to Decrease Anxiety After Loss!**”
 - Janée J. Baugher: “**Creative Writing and Grieving**”
 - Tami Cox Martinez: “**Grief is My Middle Name**”
 - **Suicide Loss Panel** (Moderator: Dr. Bob Baugher): Panel includes Larry Carlat, Tami Cox Martinez
- **12:30 - 2:00 pm: Lunch on Your Own**
- **2:00 - 3:15 pm: Workshops**
 - Laura Trinkle: “**I'm Completely Alone, What Now?**”
 - Jordon Ferber: “**How is Your Mother?**” (**Sibling Loss**)
 - Glen Lord and Tanya Lord: “**Loss of a Young Child**”
- **3:30 – 4:45 pm: Workshops**
 - Dr. Bob Baugher: “**Love and Grief**”
 - Rebecca Horsley Bara: “**Grief Release**”
 - Anna Arnett: “**Surviving the Loss of Multiple Children: Reclaiming Joy After the Unthinkable**”
- **6:00 pm: Workshop (Optional, Evening by the Beach)**
 - Gabby Gouveia – “**Yoga by the Beach**” (Meet in the lobby at **5:30 pm** for walking to Ala Moana Beach)

CONFERENCE SCHEDULE

Day 2: March 20, 2025

- **7:00 - 8:00 am: Registration**
- **8:00 - 9:15 am: Welcome and Keynote: Roy Davies – “I Can Still Be a Light”**
- **9:30 – 10:45 am: Workshops**
 - Janée J. Baugher: **Creative Epistolary (Letter) Writing & Grief**
 - Steve Parker, Stacy Parker, Anna Arnett, and Carmen Guevara: **“Loss to Fentanyl”**
 - Jordon Ferber: **“Suddenly Alone” (Sibling Loss)**
 - Rebecca Horsley Bara: **“All Levels of Yoga: Healing Through Movement”**
- **11:00 am – 1:30 pm: Buffet Lunch with Keynote: Jennifer Perez – “Gritty Grief” & Raffle**
- **1:30 – 2:45 pm: Workshops**
 - Larry Carlat: **“A Space in the Heart: A Survival Guide for Grieving Parents – The Beginning, Later Grief”**
 - Barbara Davies: **“Stepparents - It’s Complicated”**
 - Laura Trinkle: **“Leading After Loss”**
 - Dr. Heidi Horsley: **“Sibling Loss Sucks!” (Sibling Loss)**
- **3:00 – 4:15 pm: Workshops**
 - **Sibling Panel Workshop** (Q & A related to Sibling Loss), moderated by Dr. Heidi Horsley: Panel includes Jordon Ferber, Jennifer Perez, Rebecca Horsley Bara
 - **Parent Panel Workshop** (Q & A related to **Unexpected or Sudden Child Loss**), moderated by Alan Pedersen: Panel to include Laura Trinkle, Dr. Gloria Horsley, Larry Carlat, Tami Cox Martinez, Carmen Guevara, Anna Arnett
 - **Parent Panel Workshop** (Q & A related to **Medical or Long-term Child Loss**), moderated by Roy Davies: Panel includes Steve & Stacy Parker, Barbara Davies, Gabby Gouveia
 - Glen Lord and Tanya Lord: **“Love Winks: Signs, Symbols, and Dreams”**
- **4:30-5:00 pm: Closing Workshop** (Experiential Option)
 - **Candle-lighting Event to Remember** led by Alan Pedersen
- **4:15 - 6:00 pm: Pick up CEU Certificates** (must have sign in/out for each day and submitted assessments at the end of the conference)