

CONFERENCE SCHEDULE

Day 1: March 19, 2026

- **7:00 - 8:00 am: Registration** Garden Lanai
- **8:00 - 8:30 am: Opening, Welcome, and Hula by Halau Lilia Makanoe**
Kumu Hula: Shelsea Ai
- **8:30 - 9:00 am: Keynote Presentation: Alan Pedersen – “Getting Right with Grief”**
- **9:15 – 10:30 am: Workshops**
 - Larry Carlat: **“A Space in the Heart: A Survival Guide for Grieving Parents: The End, Early Grief”** Garden Lanai
 - Dr. Bob Baugher: **“Supporting People after a Suicide”** Carnation
 - Glen Lord and Tanya Lord: **“Support After a Substance Use Related Death”** Plumeria
- **10:45 am – 12:00 pm: Workshops**
 - Dr. Heidi Horsley, Dr. Gloria Horsley, and Alan Pederson: **“Ten Things You Can Do to Decrease Anxiety After Loss!”** Plumeria
 - Janée J. Baugher: **“Creative Writing and Grieving”** Carnation
 - Tami Cox Martinez: **“Grief is My Middle Name”** Garden Lanai
 - **Suicide Loss Panel** (Moderator: Dr. Bob Baugher): Panel includes Larry Carlat, Tami Cox Martinez
- **12:00 - 2:00 pm: Lunch on Your Own**
- **2:00 - 3:15 pm: Workshops**
 - Laura Trinkle: **“I’m Completely Alone, What Now?”** Plumeria
 - Jordon Ferber: **“How is Your Mother?” (Sibling Loss)** Carnation
 - Glen Lord and Tanya Lord: **“Loss of a Young Child”** Garden Lanai
- **3:30 – 4:45 pm: Workshops**
 - Dr. Bob Baugher: **“Love and Grief”** Carnation
 - Rebecca Horsley Bara: **“Grief Release”** Garden Lanai
 - Anna Arnett: **“Reclaiming Joy After Multiple Losses”** Plumeria
- **5:30 pm: Workshop (Optional, Evening by the Beach)**
 - Gabby Gouveia – **“Yoga by the Beach”** (Meet in the lobby at **5:30 pm** for walking to Ala Moana Beach)

This program is approved by the National Association of Social Workers – Hawai’i Chapter (Approval HI62792023-193) for up to 14 social work continuing education contact hours.

CONFERENCE SCHEDULE

Day 2: March 20, 2025

- **7:30am – 8:30 am: Registration Hibiscus Foyer – Social Workers Only**
- **8:30 am – 9:15 am: Welcome and Keynote: Roy Davies – “I Can Still Be a Light” Hibiscus**
- **9:30 am – 10:45 am: Workshops**
 - Janée J. Baugher: **Creative Epistolary (Letter) Writing & Grief Carnation**
 - Steve Parker, Stacy Parker, Anna Arnett, and Carmen Guevara: **“Loss to Fentanyl” Plumeria**
 - Jordon Ferber: **“Suddenly Alone” (Sibling Loss) Hibiscus**
 - Rebecca Horsley Bara: **“All Levels of Yoga: Healing Through Movement” Garden Lanai**
- **11:00 am – 12:45 pm: Buffet Lunch with Keynote: Jennifer Perez – “Gritty Grief” & Raffle**
- **1:00 pm – 2:15 pm: Workshops**
 - Larry Carlat: **“A Space in the Heart: A Survival Guide for Grieving Parents – The Beginning, Later Grief” Hibiscus**
 - Barbara Davies: **“Stepparents - It’s Complicated” Carnation**
 - Laura Trinkle: **“Leading After Loss” Plumeria**
 - Dr. Heidi Horsley: **“Sibling Loss Sucks!” (Sibling Loss) Garden Lanai**
- **2:30 pm – 3:45 pm: Workshops**
 - **Sibling Panel Workshop** (Q & A related to Sibling Loss), moderated by Dr. Heidi Horsley: Panel includes Jordon Ferber, Jennifer Perez, Rebecca Horsley Bara **Garden Lanai**
 - **Parent Panel Workshop** (Q & A related to **Unexpected or Sudden Child Loss**), moderated by Alan Pedersen: Panel to include Laura Trinkle, Dr. Gloria Horsley, Larry Carlat, Tami Cox Martinez, Carmen Guevara, Anna Arnett **Carnation**
 - **Parent Panel Workshop** (Q & A related to **Medical or Long-term Child Loss**), moderated by Roy Davies: Panel includes Steve & Stacy Parker, Barbara Davies, Gabby Gouveia **Plumeria**
 - Glen Lord and Tanya Lord: **“Love Winks: Signs, Symbols, and Dreams” Hibiscus**
- **4:00-4:30 pm: Closing Ceremony Hibiscus**
 - **Candle-lighting Event to Remember** led by Alan Pedersen
- **4:30 pm - 6:00 pm: Pick up CEU Certificates Hibiscus Foyer** (must have sign in/out for each day and submitted assessments at the end of the conference)

This program is approved by the National Association of Social Workers – Hawai’i Chapter (Approval HI62792023-193) for up to 14 social work continuing education contact hours.