

CONFERENCE SCHEDULE

Day 1

- **7:00 - 8:00 am:** Registration
- **8:00 - 8:30 am:** Opening, Welcome, and Hula by Ka Hale 'I 'O Kahala Halau
Kumu Hula Halau: Leimomi Maldonado
- **8:30 - 9:15 am:** Keynote Presentation: Alan Pedersen – “Getting Right with Grief”
- **9:30 – 10:45 am:** Workshops
 - Larry Carlat: “A Space in the Heart: A Survival Guide for Grieving Parents: The End, Early Grief”
 - Dr. Bob Baugher: “Supporting People after a Suicide”
 - Glen Lord and Tanya Lord: “Support after an Overdose”
- **11:00 am - 12:15 pm:** Workshops
 - Dr. Heidi Horsley, Dr. Gloria Horsley, and Alan Pedersen: “Ten Things You Can Do to Decrease Anxiety After Loss”
 - Janée J. Baugher: “Creative Writing and Grieving”
 - Tami Cox Martinez: “Grief is My Middle Name”
 - Suicide Loss Panel (Moderator: Dr. Bob Baugher): Panel includes Larry Carlat, Tami Cox Martinez
- **12:30 - 2:00 pm:** Lunch on Your Own
- **2:00 - 3:15 pm:** Workshops
 - Laura Trinkle: “I’m Completely Alone”
 - Jordon Ferber: “How is Your Mother?” (Sibling Loss)
 - Glen Lord and Tanya Lord: “Loss of a Young Child”
- **3:30 – 4:45 pm:** Workshops
 - Dr. Bob Baugher: “Love and Grief”
 - Rebecca Horsley Bara: “Grief Release”
 - Dennis Apple: “What I Learned in My 35-Year Grief Journey”
- **6:00 pm:** Optional Workshop – “Yoga by the Beach” (Meet in the lobby at **5:30 pm** for walking to Ala Moana Beach)

CONFERENCE SCHEDULE

Day 2

- **7:00 - 8:00 am:** Registration
- **8:00 - 9:15 am:** Welcome and Keynote: Roy Davies – “I Can Still Be a Light”
- **9:30 – 10:45 am:** Workshops
 - Janée J. Baugher: Creative Epistolary (Letter) Writing & Grief
 - Steve Parker, Stacy Parker, and Carmen Guevara: “Loss to Fentanyl Poisoning”
 - Jordon Ferber: “Suddenly Alone” (Sibling Loss)
 - Rebecca Horsley Bara: “Healing Through Movement”
- **11:00 am – 1:30 pm:** Buffet Lunch with Keynote: Jennifer Perez – “Gritty Grief” & Raffle
- **1:30 – 2:45 pm:** Workshops
 - Larry Carlat: “A Space in the Heart: A Survival Guide for Grieving Parents – The Beginning, Later Grief”
 - Roy and Barbara Davies: “Stepparents - It’s Complicated”
 - Dr. Bob Baugher: “Your Story of the Life and Death of Your Loved One”
 - Dr. Heidi Horsley: “Sibling Loss Sucks”
- **3:00 – 4:15 pm:** Workshops
 - Sibling Panel (Q&A moderated by Dr. Heidi Horsley): Jordon Ferber, Jennifer Perez, Rebecca Horsley Bara
 - Parent Panel (Sudden Death, moderated by Alan Pedersen): Laura Trinkle, Dr. Gloria Horsley, Dennis Apple, Larry Carlat, Tami Cox Martinez, Carmen Guevara
 - Parent Panel (Medical or Long-term Death, moderated by Roy Davies): Q&A session with Steve & Stacy Parker, Barbara Davies, Gabby Gouveia
 - Glen Lord and Tanya Lord: “Love Winks: Signs, Symbols, and Dreams”
- **4:30-5:00 pm:** Closing Workshop (Optional)
 - Candle-lighting Event to Remember led by Alan Pedersen
- **4:30 - 6:00 pm:** Pick up CEU Certificates (must have signed in/out for each day and submitted assessments)

This program is approved by the National Association of Social Workers – Hawai’i Chapter (Approval HI62792023-193) for up to 14 social work continuing education contact hours.