

Presenters

Rev. Dennis Apple



Dennis Apple... is co-leader of the Johnson County TCF group and also serves as staff pastor at The Church of The Resurrection in Leewood, KS. He facilitates a weekly online support group for bereaved parents, grandparents and siblings. He is the author of two books: "Life After the Death of My Son" and "Runaway Griever." He is a frequent workshop presenter at the national TCF gatherings. Dennis and his wife, Buelah live in Olathe, KS. They have one son, Andrew, who lives with his wife,

Amber, in Seattle, WA. He is a bereaved father who lost his son, Denny, in 1991.

Workshop:

- *What I Learned in my 35-year Grief Journey*
- *Panel: Parent, Sudden Death*

Rebecca Bara

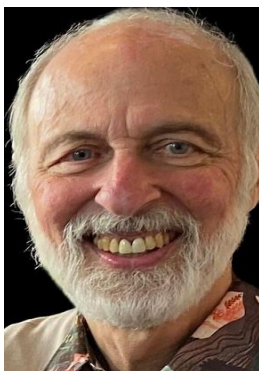


Rebecca has been teaching yoga and meditation for over 20 years. Throughout her career, she has owned two yoga studios, led international yoga retreats, and conducted yoga teacher training and workshops. Rebecca has a profound understanding of grief, having lost her brother to a car accident during her teenage years. She holds a Master's Degree in Transpersonal Psychology and a health coaching certificate. She serves as President of her family foundation, Open to Hope, founded in memory of her brother, with a mission of helping people find hope after loss.

Workshops:

- *Grief Release*
- *Healing Through Movement*
- *Panel: Sibling Loss*

Dr. Bob Baugher



Dr. Bob Baugher is a psychologist and certified death educator who recently retired from Highline College in Des Moines, Washington where he taught courses in Psychology and Death Education. For the past 30 years he has been the professional advisor to the South King County Chapter of The Compassionate Friends. Bob is the author of several grief-related books and articles and has been invited as a workshop presenter at the TCF National Conference for most of the past 30 years. Visit his website at: www.bobbaugher.com

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Workshops:

- *Supporting People after Suicide, Love and Grief*
- *Your Story of the Life and Death of your Loved One.*
- *Love and Grief*
- *Panel Moderator: Suicide Loss Panel*

Janée J. Baugher

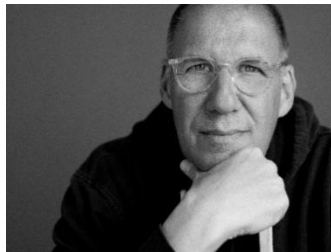


Janée J. Baugher, MFA, a suicide survivor, was awarded a 2024-2025 grant from the Seattle Office of Arts & Culture to complete her manuscript, “Suicide in the Mirror: A Lyric Memoir.” Her most recent books include *The Andrew Wyeth Chronicles* (Tupelo Press, 2026) and *The Ekphrastic Writer: Creating Art-Influenced Poetry, Fiction and Nonfiction* (McFarland, 2020). Baugher has been teaching creative writing since 1999.

Workshops:

- *Creative Writing*
- *Grieving Creative Epistolary (Letter) Writing & Grief*

Larry Carlat



Larry Carlat is a [grief coach](#) and group leader for bereaved parents at Our House Grief Support Center in Los Angeles. He has written for *The New York Times Magazine*, *Esquire*, *GQ*, *Rolling Stone*, *Men's Journal*, *Men's Health*, *Psychology Today* and *AARP Magazine*. His new book, [A Space in the Heart: A Survival Guide for Grieving Parents](#) was recently published by Rowman & Littlefield.

Workshops:

- *A Space in the Heart: A Survival Guide for Grieving Parents: The End (Early Grievers)*
- *A Space in the Heart: A Survival Guide for Grieving Parents: The Beginning (Later Grievers)*
- *Panel: Suicide Loss*
- *Panel: Parent, Sudden Death*

Presenters

Tami Cox Martinez



Tami Cox Martinez: Mom to Danielle Cox who passed in 2016. Tami retired after 30 years in medical sales. She enjoys travelling, gardening, cooking, and helps her husband Raul run his construction business. She is so honored to be a part of the steering committee.

Workshops:

- *Grief Is My Middle Name*
- *Suicide Loss Panel*

Jordon Ferber



Jordon Ferber is a standup comedian, podcaster and a bereaved sibling. Jordon's brother Russell was killed in a car accident on July 6th, 2002, at the age of 21. Since then, Jordon has worked to become a much-needed voice in the bereavement community. Currently his chapter's Co-Leader, he has facilitated The Compassionate Friends Manhattan Siblings group for the past decade and has presented his keynote

address at bereavement conferences across the country. Jordon is a unique public speaker, and producer of "*Where's the Grief?*," a podcast with (mostly) comedians who have experienced tragic loss. He and his family run **The Russell Ferber Foundation**, which provides scholarships to the Culinary Institute of America. He produces a yearly comedy benefit show for the foundation, continuing to bring people together and carry on the spirit of his brother Russell through love and laughter. In his spare time, Jordon enjoys writing short blurbs about himself in the third person.

Workshops:

- *How is Your Mother?*
- *Suddenly Alone*
- *Panel: Sibling Loss*

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Gabby Gouveia, RN, RYT-200, Certified Grief Educator



Gabby Gouveia is a Hawai‘i-born nurse, yoga instructor, and grief advocate who integrates movement, compassion, and lived experience into spaces of healing. After the death of her 5-year-old son Grayson to brain cancer in 2016, she and her husband Ka‘eo co-founded Let Grace In, where Gabby serves as Executive Director, guiding programs that support ‘ohana grieving the death of a child through Hope Retreats and monthly gatherings with evidence-based, holistic, culturally rooted practices.

Gabby has 25 years of nursing experience and was named 2021 Nurse of the Year for Community Stewardship at Straub Benioff Medical Center. She is a Certified Grief Educator, a Grief Recovery Method Specialist, a Grief Movement Guide, and a 200-hour Registered Yoga Teacher with CorePower Yoga.

Her approach bridges physical, emotional, and spiritual wellness—using mindful movement as a path to release, resilience, and connection. Gabby lives in Honolulu with her husband Ka‘eo and their daughters, Olivia and Charli.

Workshops:

- *Yoga by the Beach*

Dr. Gloria Horsley



Dr. Gloria Horsley is a bereaved parent, family therapist, and psychologist. She is founder of the Open to Hope Foundation, www.opentohope.com, and co-hosts the award-winning “Open to Hope” cable television show and podcast. An award-winning author, Dr. Gloria has co-authored 10 books. Her latest book is called, *The Secrets of Senior Dating; Open to Love*. She has been interviewed on numerous podcasts and television shows, including “The Today Show.” She is a member of the Forbes Nonprofit Council and serves on the advisory boards for the Tragedy Assistance Program for Survivors (TAPS) and the Elisabeth Kubler-Ross Foundation.

Dr. Gloria is also a former faculty member for the University of Rochester School of Nursing and the Academy of Intuition Medicine.

Workshops:

- *Ten Things You Can Do to Decrease Anxiety After Loss*
- *Panel: Parent, Sudden Loss*

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Dr. Heidi Horsley



Dr. Heidi Horsley is a bereaved sibling, licensed psychologist, and social worker. She is Executive Director for the Open to Hope Foundation, www.opentohope.com, and co-hosts an award-winning cable television show and podcast. She is an Adjunct Professor at Columbia University, and award-winning author of eight books. Dr. Heidi serves on the Advisory Boards of the Tragedy Assistance Program for Survivors of Military Loss (TAPS), the Elisabeth Kubler-Ross Foundation

and Sibling Strong Retreats. For ten years she worked on a Columbia University longitudinal study, with firefighter families who lost a firefighter in the September 11th attacks. Her psychology doctoral dissertation was on the sudden death of a sibling.

Workshops:

- *Ten Things You Can Do to Decrease Anxiety After Loss*
- *Sibling Loss Sucks*
- *Panel Moderator, Sibling Loss*

Glen Lord



I am the CEO of Peer Support Community Partners and the Director of SADOD, Support After Death by Overdose, a Massachusetts-based initiative that supports those grieving a substance-related death and provides peer-to-peer support throughout their grief journey. My involvement in this work is deeply personal. My son Noah died from medical error after a tonsillectomy when he was four and a half years old. My sister Heather passed away from metastatic breast cancer, and my surviving son Vladik struggles with substance use disorder. These losses have shaped my understanding of grief, connection, and genuine support.

Professionally, I have spent decades advocating for grieving individuals and building systems to ensure no one faces grief alone. I have led peer-based grief response efforts at local, state, and national levels, from supporting families after individual losses to developing statewide infrastructure to respond when children, siblings, spouses, and friends die. I co-created the RIVER Model of peer grief support (Relate, Invite, Validate, Empower, Reassure), which is currently being tested through NIH-funded research in collaboration with the RAND Corporation and Stanford University.

I have been involved with The Compassionate Friends for over twenty years, serving on its National Board of Directors, including two years as Board President, and participating in local chapters and national conferences as a grieving parent who has found lifelong connection, comfort, and purpose within this community.

At my core, I believe grief is not something to get over but something to inhabit and grow through. Peer support transforms unbearable isolation into connection, meaning, and hope. My life's work is dedicated to ensuring every grieving person has access to compassionate, informed peer support that meets them where they are and honors those they love.

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Workshops:

- Support after an Overdose
- Loss of a Young Child
- Love Winks: Signs, Symbols, and Dreams

Stacy Parker



Stacy Parker is a native Californian, living with her husband and two kids in the Los Angeles area. She became a grief expert after her first daughter; Alyssa died in 1997. Since her daughter's death, Stacy has been involved with The Compassionate Friends. She and her husband began facilitating their local TCF chapter in 2000. They also Co-Chaired the 2004 TCF National Conference in Hollywood, California & helped with the TCF International Conference in 2012.

Stacy has volunteered at Our House in Los Angeles, and wrote for an online newsletter - Sharing Wisdom, was a parent advocate at Cedar Sinai Medical Center & UCLA Mattel Children's Hospital and has been on the board for the Children's Hospice of America Foundation.

Stacy and her husband have been guests on Open to Hope & she is a parent representative on the hospice and palliative care board of the AAP (American Academy of Pediatrics). Grief As a Second Language is her first published book.

Workshops:

- Loss to Fentanyl Poisoning
- Parent Panel (Medical or Long-term Death)

Steve Parker



Steve Parker lives in the Los Angeles area with his family. He started his grief journey after his first daughter; Alyssa died in 1997. He and his wife began facilitating their local TCF chapter in 2000. They also Co-Chaired the 2004 TCF National Conference in Hollywood, California & helped with the TCF International Conference in 2012. He was on the TCF Board of Directors and was past president. Over the years Steve has facilitated many workshops. Most notably Fitness and Grief and Early Childhood loss. Through the years of working with bereaved families, he has a strong connection with helping others.

Workshops:

- Loss to Fentanyl Poisoning
- Parent Panel (Medical or Long-term Death)

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Jennifer Perez



Jennifer Perez is a dynamic speaker on loss, grief, and the quiet, powerful resilience that emerges in the shadows of heartbreak. After losing her brother Anthony at just 15 years old to accidental carbon monoxide poisoning, her world as she knew it cracked open—ushering in not only sorrow, but an awakening. As a certified Life Coach and Grief Educator, Jennifer channels her pain into purpose, and invites others to open themselves up to the hidden gifts of grief. With deep empathy and emotional honesty, she shares the intimate journey of shifting family dynamics, the disorienting search for a new normal, and the tender process of redefining identity after loss. She believes that we can live *with* grief, not in it, and that healing is a sacred act of remembrance, where love continues to grow.

Jennifer is the sibling representative for the Miami, FL chapter of The Compassionate Friends, and hosts the Gritty Growth podcast, where she shares stories of heartache, healing, and hope.

Keynote Presentation: *Gritty Grief*

Panel: *Sibling Loss*

Laura Trinkle



Laura serves in memory of her son, Matt Trinkle, who died in a fall while attempting to climb summit Dragontail Peak in the Cascade Mountains on June 30th 2012. Matt was 19 years old, an avid climber, full of life, and a friend to everyone he met. Laura found the Arlington, VA, TCF chapter through a grief counselor in the months following Matt's death. Laura has served on the Steering Committee for both the Arlington, VA, and Honolulu, HI, TCF chapters. In Arlington, she assisted with the annual candle lighting for 2015 and 2016. In Hawaii, Laura organized and facilitated the monthly evening meeting to provide another option for those who were looking for support. She also assisted throughout COVID in facilitating meetings via Zoom. She was a key contributor to the success of the first Hawaii Regional Conference originally planned for March 2020 and then postponed to March 2022. During this event, she represented the Hawaii Chapter as the spokesman at all the combined events.

Laura grew up in an Army family in Kansas. She served 30 years in the Army as a Medical Service Corps officer, retiring in 2020 as a Colonel. Throughout her career, she lived around the country and Germany. She deployed to Kosovo and Iraq with Combat Support Hospitals. After retiring, her desire to continue serving led her to the Hawaii Keiki Program, a non-profit organization providing school based health services to public school students in Hawaii. She continues to work remotely for the Hawaii Keiki Program on a part-time basis. She holds Masters Degrees in Healthcare Administration (Baylor University) and Strategic Studies (US Army War College). She is a Life Fellow in the American College of Healthcare Executives.

Laura currently lives in Wamego, Kansas. After working at the local level with two chapters, she is interested in serving at a national level. Through her work experience, she has served at senior executive

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levels and believes her skills would enhance the TCF Board. Using her skills to keep TCF as a thriving organization that can help others in their grief journey is what led her to express interest in the TCF BOD.

Workshops:

- I'm Completely Alone
- Parent Panel, Sudden Death

Awaiting Bios from 4 presenters.