



# The Compassionate Friends

## Honolulu Chapter

Supporting Family After a Child Dies

VOLUME 34, ISSUE 1 JULY - SEPTEMBER 2024 (THIRD QUARTER)

Chapter leaders: David and Terry  
Kaniaupio

David: (808)222-6556

Terry: (808)222-2729

Email: [kaniaupiotcf@gmail.com](mailto:kaniaupiotcf@gmail.com)

Treasurer: Tami Cox Martinez

Newsletter Editor: David Kaniaupio

Parent Coordinator: Clara Makaipo

Fundraising Coordinator: Karen Cho

Website: [www.compassionatefriendshawaii.org](http://www.compassionatefriendshawaii.org)

Facilitator (Sibling): Jennifer Wall

Apprentice Helper: Ethan Won

Grandmother – Infant Loss: Pearl Stewart

## HONOLULU CHAPTER

### Healing and Hope

For a long time after the death of a child, bereaved parents are convinced that healing will never occur, and that the loneliness, anger, guilt and despair, which control life so completely, will never change. This feeling is so strong that when others try to reassure the grieving one, the response is usually, “It’s different with me! You don’t understand!” This is the “normal” response to what is probably the most severe stress a human will ever face.

Fortunately, there are compassionate friends who once felt this same way who have learned that, out of this morass of loneliness, anger, guilt and despair, there finally arises a ray of hope. Though small and fleeting at first, this hope becomes the light which leads the wounded parents through the dark valley and into acceptance of their child’s death. And this healing will occur even though there is still no understanding of “Why?”

It is by working through our guilt (both real and imagined), facing our anger including anger at God and even at the dead child, crying our way through our despair (with carefully chosen professional help if necessary), that the loneliness will lessen, and hope will be seen as surviving when it was thought gone forever. Each one must use one’s spiritual beliefs in his or her own way to assist in this process.

Full recovery—in the sense that the effects of grief will finally disappear never to return—return not occur, although the term “recovery” is used. I prefer the term “healing,” a process whereby our lives come to a new “normal.” Healing implies (a) our accepting the unacceptable (the death of our child), and (b) our slowly learning to resume productive relationships with others. This is done all while we continue to love and miss the dead child.

Since we still love the children who have died, we will still experience grief, but it will no longer control our lives. Just as we cannot stop the flashbacks which occur so suddenly and unexpectedly during grief, neither can we prevent healing from occurring. We may slow the process by failing to do our grief work, but we cannot stop it!! One of the greatest hindrances to our healing is the fear that our dead children will be forgotten. We will not forget them, nor will they be forgotten by others, even though we may not realize it at the time! Perhaps the greatest obstacle to healing is the failure to forgive—ourselves, the dead child, others involved with the child’s death, even God if we hold Him responsible. For only through forgiveness and forgiving are we truly able to handle our guilt and the anger that comes from the guilt we presume in others.

We enhance the healing process when we do our grief work, when we have gratitude for the time we had with our child, when we recall the happy times we experienced with our child (or during pregnancy, if that’s all we had), and when we pick up the shattered pieces of our existence (as our child would want us to do), slowly resuming productive living.

### Monthly Meeting

Meeting Place: *Parish of St Clement*

Address: *1515 Wilder Avenue*

City: *Honolulu, Hawaii 96822*

Meeting time: *First Saturday of every  
month 10:00 – 11:30 AM*

Parking: *Entrance to the parking lot is on  
Makiki Street*

### Virtual Zoom Meeting

Meeting time: *Third Tuesday of every  
month 6:30 – 8:00 pm*

**See the Announcements**

### Upcoming Events

*47<sup>th</sup> TCF National Conference – July 12  
to 14, 2024 New Orleans, LA*

### Regional Coordinator

*Regional Coordinator: David Kaniaupio*

*Phone Number: (808)222-6556*

*Email: [kaniaupiotcf@gmail.com](mailto:kaniaupiotcf@gmail.com)*

### National Office

*The Compassionate Friends*

*48660 Pontiac Trail, #930808*

*Wixom, MI 48393*

*(877) 969-0010*

*Email:*

*[nationaloffice@compassionatefriends.org](mailto:nationaloffice@compassionatefriends.org)*

*Website: [www.compassionatefriends.org](http://www.compassionatefriends.org)*





No matter where you are in your journey toward healing, bolster the hope that arises within you. Your healing is probably the best memorial you may erect to your dead child!

Robert Gloor  
TCF Tuscaloosa, AL



## ANNOUNCEMENTS

**Monthly Meetings Update** ~ Our in-person meetings are held on the first Saturday of the month at The Parish of St Clement. The Saturday meetings are Hybrid, meaning we are also conducting the meetings virtually via Zoom. Our evening meetings are held on the third Tuesday of the month virtually. You will need to download the Zoom APP (Zoom Client for Meetings). To download the Zoom APP, go to: <https://zoom.us/download> and follow the instructions to download the APP. The monthly meeting reminder will contain the link to join the meetings. Clicking on the link in the reminder email will allow you to join the meetings. If you have any questions, please call or email David Kaniaupio – (808)222-6556 or email – [kaniaupiotcf@gmail.com](mailto:kaniaupiotcf@gmail.com).

**Walk to Remember** ~ Thank you to all who volunteered or participated with our “Walk to Remember” last month. We got to share stories with those we seldom get to share our stories with. I have gotten to know others as “normal” people, not only as bereaved parents. Thank you...

**Donating to TCF** ~ Loved ones have asked how they can give to The Compassionate Friends. The Compassionate Friends is an approved non-profit organization. We are listed with both the Aloha United Way (under “The Compassionate Friends” #72860) and Combined Federal Campaign of Hawaii-Pacific (under “Compassionate Friends Inc” #78470). If your employer participates in either of these Giving Campaigns, please consider The Compassionate Friends when completing your pledge – Mahalo!

**Voices** ~ We would like to include writings from parents in our chapter’s quarterly newsletter. If you are a creative writer and would like to share your child through stories, poems or artwork in our newsletter, please submit it to us at [kaniaupiotcf@gmail.com](mailto:kaniaupiotcf@gmail.com).



## LOVING LISTENERS

DAVID KANIAUPIO (808)222-6556

TERRY KANIAUPIO (808)222-2729



What a different place this world would be if people remembered that *grief is born of love* and all acts of grief are NORMAL, HEALTHY, and EXPECTED.

RaeAnn Fredrickson

*The Honolulu Chapter of The Compassionate Friends operates solely on donations: monetary gifts in any amount are deeply appreciated. Donations can be made to: The Compassionate Friends, c/o Tami Cox Martinez, 45-1013 Waialele Road, Kaneohe, HI 96744. Mahalo!*



## OUR CHILDREN REMEMBERED

*FOREVER LOVED, MISSED, REMEMBERED*

**JULY**

### Our Children Born in July

**Kaedyn Benjamin Kaimiloa AhMook Sang Stewart,**  
Jul 2015 - Aug 2015

**Ezra Mailani Bethea,** Jul 2013 - Jul 2013

**Paul Gabriel DeJesus,** Jul 1991 - Sep 2015

**Kyle Spencer Iaukea Ennis,** Jul 1991 - Apr 1994

**Betteanne Momilani Aldrich Pang Kaaa,** Jul 1964 -  
Nov 1992

**Jeffrey Mitchel Massie,** Jul 1967 - Aug 1984

**Jason May,** Jul 1974 - Jun 1988

**Laurie McNeil,** Jul 1960 - Jan 1994

**Noe Michel Melvin,** Jul 1976 - Dec 1996

**Ruby Miller,** Jul 2007 - May 2013

**Keene Kainoa Nagaishi** Jul 1997 - Dec 2015

**Wyatt Nguyen,** Jul 2016 - Jul 2016

**Elston Pang,** Jul 1990 - Jun 2014

**Tommy Polmal,** Jul 2013 - Sep 2013

**Peter Quintanilla,** Jul 1967 - Aug 2016

**Marika Akesa Melelina Quirit,** Jul 1992 - Aug 2004

**Reid Richards,** Jul 1965 - Sep 1998

**Tabatha Schoenfelt,** Jul 1985 - Jun 2016

**Lindsey Shinsato,** Jul 1991 - Oct 1993

**Jared Makana Isumu Teruya,** Jul 2000 - Apr 2013

**Jason Matthew Wegger,** Jul 1972 - Feb 2006

**Kecia M.U. Wong,** Jul 1982 - Mar 2002

### Our Children Who Left Us in July

**Keisha Agena,** Apr 1989 - Jul 2015

**Anais Atherton,** Jan 1980 - Jul 2016

**Ezra Mailani Bethea,** Jul 2013 - Jul 2013

**Michael Andrew Bignami,** Mar 1988 - Jul 2013

**Clay Chung,** Apr 1976 - Jul 2008

**Cameron W. Deal,** Mar 1969 - Jul 1996

**Inde Elgersma,** Feb 2015 - Jul 2016

**Melissa Jo Elmore,** Jun 1971 - Jul 1992

**David Higginbotham,** Feb 1992 - Jul 2000

**Mina Piilani Hornor,** Jan 2009 - Jul 2016

**Gregory Bruce Johanos,** Sep 1958 - Jul 1960

**Danica Darnell Alohi kealani ikawana'ao Kimura,**  
Aug 1986 - Jul 1993

**Charlie Lilinoepahola Kimura,** Apr 2014 - Jul 2016

**Joshua Levine,** Nov 1988 - Jul 2016

**Jing Li,** Jun 1967 - Jul 1990

**Charles "Keoki" Malott,** Dec 1971 - Jul 2011

**Michael Mannheimer,** Jun 1962 - Jul 2019

**Robert Jason Morales Jr,** Sep 1986 - Jul 2007

**Jolene Morizono,** Mar 1980 - Jul 2009

**Kristofer Nedorolik,** Nov 1997 - Jul 2015

**Wyatt Nguyen,** Jul 2016 - Jul 2016

**Michelle Shusterich,** Feb 1977 - Jul 1998

**Kaipo Vierra,** Oct 1982 - Jul 2009

**Laura Weldon Hogue,** Apr 1965 - Jul 2009

**Brandi Ann Malia Whitt,** Dec 1984 - Jul 2004



Ruby Miller



Charlie Lilinoepahola Kimura



Anais Atherton



Paul Gabriel DeJesus



Robert Jason Morales Jr





Kristofer Nedorolik



Joshua Levine



Jared Makana Isamu Teruya



Peter Quintanilla



Michael Mannheimer



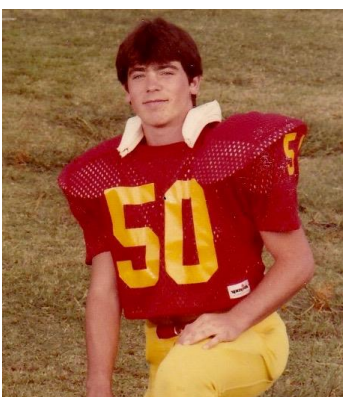
Jason May



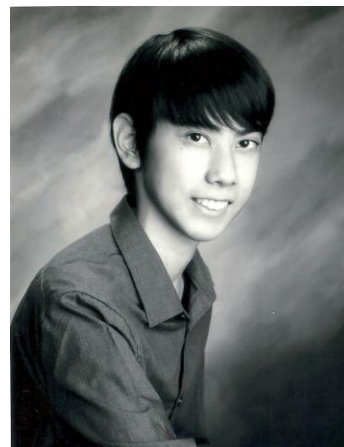
Marika Akesa Melelina Quirit



Elston Pang



Jeffrey Mitchel Massie



Keene Kainoa Nagaishi





Charles "Keoki" Malott



Tabatha Schoenfelt



Kaedyn Benjamin Kaimiloa  
AhMook Sang Stewart

There are some people who could  
hear you speak a thousand words and  
**STILL NOT UNDERSTAND YOU.**

And there are others who  
will understand without  
**YOU EVEN SPEAKING A WORD.**



**The  
Compassionate  
Friends**  
Supporting Family After a Child Dies

~ Yasmin Mogahed



## OUR CHILDREN REMEMBERED

*FOREVER LOVED, MISSED, REMEMBERED*

### AUGUST

#### Our Children Born in August

**Waika Wiia Carvalho**, Aug 1986 - Nov 2009  
**Ian Tyler Coronas**, Aug 1993 - Oct 2016  
**Anthony James Makaio Edrada**, Aug 1993 - Mar 2007  
**Lindsey Aiko Fujimoto**, Aug 1984 - Sep 2015  
**Nainoa Kealiihokuhelelani Hoe**, Aug 1977 - Jan 2005  
**Alaina Marie Jenkins**, Aug 1967 - Nov 1992  
**Helen Sayako Kaneshiro**, Aug 2000 - Oct 2000  
**Darryl Kahoeikaika Kaniaupio**, Aug 1981 - Nov 1999  
**Danica Darnell Alohihealaniikawana'ao Kimura**,  
Aug 1986 - Jul 1993  
**Yoshiro E. K. Lamansky**, Aug 1976 - Apr 1996  
**James Lantrip III**, Aug 1962 - Sep 1990  
**Cora Myers**, Aug 1988 - Aug 1988  
**Josiah Ramos**, Aug 1997 - Oct 2016  
**Emma Grace Smith**, Aug 2003 - Jun 2016  
**Matthew Trinkle**, Aug 1992 - Jun 2012  
**Kevin Wolfley**, Aug 1964 - Mar 2008  
**Evan Jonah Won**, Aug 2002 - Jun 2017

#### Our Children Who Left Us in August

**Dave Adams**, Nov 1982 - Aug 1998  
**Kaedyne Benjamin Kaimiloa AhMook Sang Stewart**,  
Jul 2015 - Aug 2015  
**John Charles Bromke III**, Nov 1982 - Aug 2006  
**Keokalani Snyder Elizares**, Feb 1976 - Aug 1998  
**Nikolas Taro Emerson**, Feb 1992 - Aug 2021  
**Brandon Keola Fong**, Apr 1975 - Aug 1995  
**Leah Marie Goldberg**, Apr 1996 - Aug 2014  
**Michael Hallenbeck**, Apr 1994 - Aug 2015  
**David Joshua**, Jun 1983 - Aug 2006  
**Ikaika Kale Kelepine Lopes**, Oct 1987 - Aug 2013  
**Richard Mannheimer**, Jun 1961 - Aug 2010  
**Jeffrey Mitchel Massie**, Jul 1967 - Aug 1984  
**Michael McNeil**, Oct 1956 - Aug 1981  
**Cora Myers**, Aug 1988 - Aug 1988  
**Rhianon Bliss Poitras**, Sep 1979 - Aug 2006  
**Peter Quintanilla**, Jul 1967 - Aug 2016  
**Marika Akesa Melelina Quirit**, Jul 1992 - Aug 2004  
**Allan Gordon Sanford**, Apr 1960 - Aug 1990  
**Kaikupa'aokalani Seto**, Feb 1985 - Aug 2004



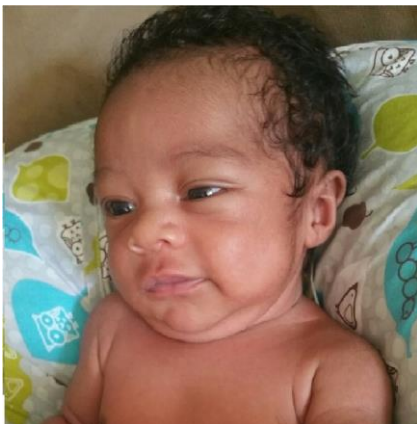
Richard Mannheimer



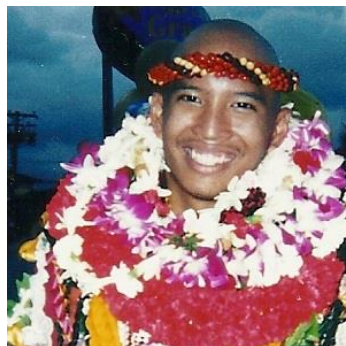
Ikaika Kale Kelepine Lopes



John Charles Bomke III



Kaedyne Benjamin Kaimiloa  
AhMook Sang Stewart



Darryl Kahoeikaika Kaniaupio



Marika Akesa Melelina Quirit

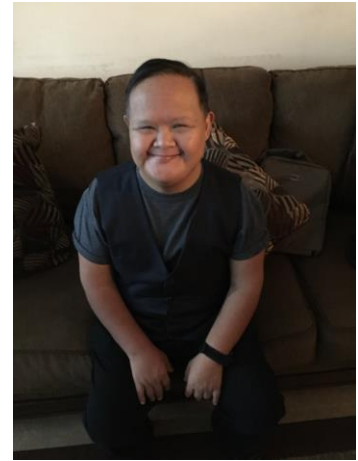




Matthew Trinkle



Josiah Ramos



Peter Quintanilla



Leah Marie Goldberg



Michael Hallenbeck



Nainoa Kealiihokuhelelani Hoe



Helen Sayako Kaneshiro



Alaina Marie Jenkins

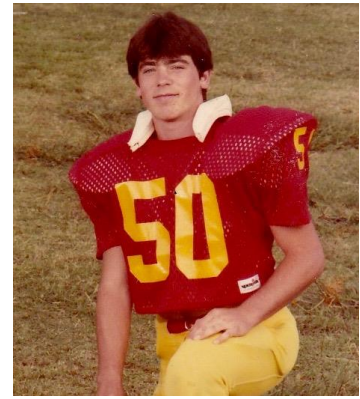




Rhianon Bliss Poitras



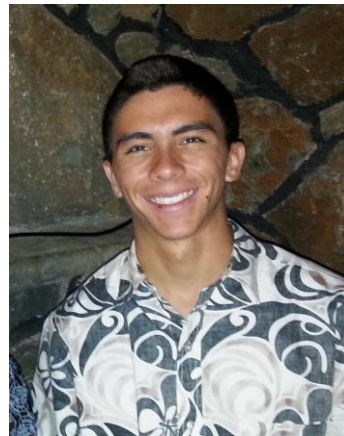
Emma Grace Smith



Jeffrey Mitchel Massie



Nikolas Taro Emerson

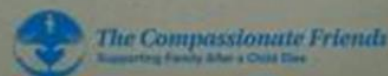


Ian Tyler Coronas



Evan Jonah Won

Learning to live with loss is not the same as minimizing the life of your loved one. Finding joy in your present and future is NOT a sign that you no longer value or miss those who were so great a part of your past." –excerpt from, "Regaining Strengths", by Michael Nunley





## OUR CHILDREN REMEMBERED

*FOREVER LOVED, MISSED, REMEMBERED*

### SEPTEMBER

#### Our Children Born in September

**Elizabeth Cook Allen**, Sep 1967 - Feb 2013  
**Amanda Raeanne Beaty**, Sep 1994 - Mar 2016  
**Alissa Rone' Bennett**, Sep 1989 - May 2012  
**Ichigo Ann Brunner**, Sep 1982 - Sep 2007  
**Augusto Camara**, Sep 1978 - Mar 2006  
**Sara Cosson**, Sep 1968 - Nov 2012  
**Jeremy Patrick Dias**, Sep 1971 - Oct 1987  
**Brian Gene Ellis**, Sep 1985 - Oct 2014  
**Jesse Garcia**, Sep 1981 - Oct 2005  
**Mark Patrick Goldberg**, Sep 1984 - Dec 2013  
**Arya Marika Alexandratos Hixson**, Sep 2017 - Oct 2017  
**Emilia Hung**, Sep 1988 - Mar 2013  
**Gregory Bruce Johanos**, Sep 1958 - Jul 1960  
**Jeffery Michael Kiyan**, Sep 1987 - May 2010  
**Bert Kenalio Malott**, Sep 1961 - May 2014  
**Dwayne George Mattos**, Sep 1970 - May 2013  
**Robert Jason Morales Jr**, Sep 1986 - Jul 2007  
**Kalen Nakasato**, Sep 1975 - Feb 2003  
**Frank Panelli**, Sep 1958 - Sep 1976  
**Rhianon Bliss Poitras**, Sep 1979 - Aug 2006  
**Sonny Dee Vesper Santiago**, Sep 1962 - Jun 1990  
**Christopher Scott Staackmann**, Sep 1960 - Oct 2010  
**Charles "Chuck" Tanaka**, Sep 1973 - Sep 1989  
**Grant Uyeshiro**, Sep 1976 - May 2006  
**Jaime Wong**, Sep 1965 - Nov 1998

#### Our Children Who Left Us in September

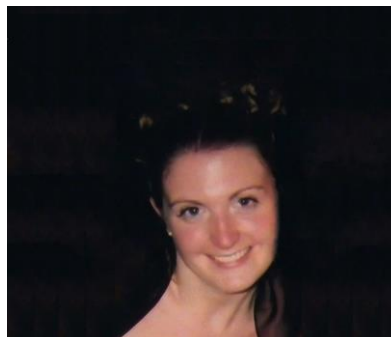
**Royce Henry Baginski**, Mar 1995 - Sep 2016  
**Ichigo Ann Brunner**, Sep 1982 - Sep 2007  
**Robert S. M. Chun**, Oct 1960 - Sep 2005  
**Paul Gabriel DeJesus**, Jul 1991 - Sep 2015  
**McKenna Fuglie**, Dec 1991 - Sep 2014  
**Lindsey Aiko Fujimoto**, Aug 1984 - Sep 2015  
**Daniel Jezek**, Jun 1977 - Sep 2010  
**James Lantrip III**, Aug 1962 - Sep 1990  
**Jaime Avelina Leonen**, May 1986 - Sep 2015  
**Andrew Madrid**, Apr 2000 - Sep 2014  
**Rudy Chung Murakami**, Oct 1981 - Sep 2012  
**Frank Panelli**, Sep 1958 - Sep 1976  
**Tommy Polmal**, Jul 2013 - Sep 2013  
**Reid Richards**, Jul 1965 - Sep 1998  
**Scott Rush**, Dec 1963 - Sep 1980  
**Kapena Lou Kalanikaioke'ie'ie Smith**, Mar 1980 - Sep 2003  
**Peter Soileau**, Mar 1959 - Sep 1993  
**Charles "Chuck" Tanaka**, Sep 1973 - Sep 1989  
**Princess Zuna Ilacad Yadao**, Nov 2014 - Sep 2016



Bert Kenalio Malott



Jaime Avelina Leonen



Rhianon Bliss Poitras



Alissa Rone' Bennett





Rudy Chung Murakami



Princess Zuna Ilacad Yadao



Paul Gabriel DeJesus



McKenna Fuglie



Daniel Jezek



Mark Patrick Goldberg



Arya Mariko Alexandratos Hixson



Andrew Madrid



Sara Cosson



Amanda Raeanne Beaty





Dwayne George Mattos



Brian Gene Ellis



Robert Jason Morales Jr

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## Gifts of Love

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### **Tami and Raul Martinez**

Mahalo for their generous donation and support in loving memory of their daughter Danielle Cox.

### **Georgiana and Pearson Best**

Mahalo for their generous donation and support in loving memory of their daughter Patrina Best.

**Mahalo** to all who participated in the Visitor Industry Charity Walk (VICW) 2024, who either did the walk or donated to The Honolulu Chapter of The Compassionate Friends

**Mahalo** to all who participated in our “Walk to Remember 2024” at Kapi’olani Park in Loving Memory of our Children.

**Special Mahalo** to Lorna (Keene’s Mom), the Oyasato family: Dixie Oyasato (Keene’s Grandmother), Kyle and Charlene Oyasato (Keene’s Uncle and Aunt), the Arakaki family: Candace Arakaki (Keene’s Aunt), and Ashley Arakaki (Keene’s cousin), who helped in making our “Walk to Remember 2024” a success.

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## Walk to Remember

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## Walk to Remember





## The Compassionate Friends Credo

*We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.*

*We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope.*

*Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.*

*We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.*

*We need not walk alone. We are The Compassionate Friends. ©2016*

### The Mission of The Compassionate Friends

*When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.*

### The TCF Mission Statement

*The Mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.*

### \*\*\*Please Consider Helping\*\*\*

I have found through my own experiences that helping others through their grief journey has strengthened my own journey. The memories of my son are positively reinforced as other bereaved parents share their stories and memories. We Need Not Walk Alone. That simple phrase resonates throughout my journey. There are other aspects to The Compassionate Friends that need help. If you have a talent – web design, writing, creativity, organizing, and greeting and would like to help others – please let us know.

