Fast to Shift October 15, 2021

Fasting to Create a Shift in the Spiritual Realm

Join us Friday, October 15, 2021 for a nation wide day and night of fasting and praying for our country.

Fasting is mentioned over 70 times in the Bible. All throughout the Bible when people were in times of need for healing, for wisdom, for battles to be won, they fasted and prayed. God has called us now to do the same thing for our nation. When we fast and pray there is a shift that takes place in the spiritual realm. Things change spiritually and that manifests physically. God moves when we choose to sacrifice and put him at the forefront of our time and thoughts. Fasting is like a direct line to the Lord. It bypasses everything and it changes things. Prayer changes things. God calls us to prayer daily, in all we do. When you combine fasting and praying, God does mighty things, he does the impossible. I'd like each of us to do this. Think about how a prayer, even a small one, has changed your circumstances, how you felt when that happened. Now imagine what God will do when a whole nation is on it's knees praying and fasting. Please join us! Share with your family, friends and neighbors, near and far. Call them, Facebook them, instagram them, whatever you use but spread the word!

Visit us at: <u>www.fasttoshift.org</u> Facebook: Fast to Shift Instagram: @fasttoshift Email us: <u>melissa@fasttoshift.org</u>

Prayer:

- We pray over our nation. Protection over us.
- · Intervene on our behalf, go before us and fight this battle for us
- Pray for our leaders, and our government, remove the evil.
- Place Godly men and women in our government.
- Let the Holy Spirit reside in the places of government.
- · Pray the Blessing over our Gods people and nation
- · Pray God heals our land
- · He goes before us, behind us and beside us
- · Gods protection over us
- · Give us godly wisdom
- Pray that people would see their own double mindedness and take steps to change.

Verses:

2 Chronicles 7:14 If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.
Numbers 6: 24-26 May the Lord bless you and protect you. May the Lord smile on you and be gracious to you. May the Lord show you his favor and give you his peace.
Daniel 9: 3 So I turned to the Lord God and pleaded with him in prayer and petition, and fasting, and in sackcloth and ashes.