EXHIBIT COVER SHEET 4393 (Rev. 12/20)

STATE OF ILLINOIS UNITED STATES OF AMERICA COUNTY OF DU IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT							
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Thomas Fernandez	20221 4 001051						
Plaintiff,	2022LA001051						
v.	Case Number						
MEIER CLINICS OF ILLINOIS P C							
Defendant,		File Stamp Here					
EXHIBIT COVER SHEET							
Local Court	Rules 5.06 and 5.09						
EXHIBIT NAME: Costs of Divorce (Medical Ma	alpractice & Medication Mis	smanagement)					
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TITLE OF DOCUMENT THIS EXHIBIT BEL	ONGS WITH:						
Enjoy the quotes from the people around me, the	ey're SPECIAL.	-					
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Designant Elle Detail 2 25 2022							
Document File Date: 02-25-2023							
(The file date of the document this exhibit belongs with)							
EXHIBIT FILED ON BEHALF OF: Thomas C Ferna	andez						
EXHIBIT FILED ON BEHALF OF. INMINS CITCHE	(Case Party Name)						
Submitted by: Thomas C Fernandez							
Name: Thomas C Fernandez Pro Se							
DuPage Attorney Number:							
Attorney for:							
Address: 480 Roosevelt Rd Suite 203							
City/State/Zip: West Chicago, IL 60185							
Telephone Number: <u>6306494467</u>							
Email: securetcfmail@gmail.com							

Quotes from the people around me during this period of my life that really helped me out and brought this whole thing into perspective. (Context and Continuity)

Dr. Dan (Initially my therapist, and then our marriage therapist)

"He's probably hiding something like another family" - said to Megan during an appointment that I had missed. It stuck with her because she brought it up months later, after laying seige to our marriage

"You're a fuck up" - after I had expressed that I was concerned about Megan. I specifically said "I feel like the love, compassion, caring and empathy are gone"

"Take a 30 day break, don't make any serious decisions and try to avoid each other and conflict" - This would be fine if our marriage wasn't already rocked. Also, if he had told Megan and I the same thing. He told her to "Work on yourself and self improvement for 30 days" She screamed at me for 27 of the 30 days of our 30 day break.

Dr. Lee (Psychiatrist for 8+ years)

"Are you acting?"

Dad

"We can put you at the table with the meth addict and the alcoholic at Christmas" - I'm assuming that this was a reference to the accusations that Megan made regarding ADHD meds and Diet Pills

"You need to gain some weight" - after referencing missing diet pills, how would you know about that if you weren't in contact with my doctor? I specifically asked if you were in contact with my doctor and you said......"NO". Did anyone stop to think that I lose weight when I'm under extreme stress?

"You can rebuild after this" - I'm 38 sleeping on my parents couch and after finding out that I can no longer get an apartment, and realizing that someone would probably take it away from me anyways.

Mom

"Have a little compassion for the poor girl" - Megan had screamed at me for months and said she is taking everything and I won't get a dime. I responded with "Did you know she was filing for divorce?" This was after the "Hospitalization" recommendation, and after the second time they had shown up at my house, summoned by Megan, and I had walked out.

Megan

"I don't ever want to feel like a line item again" - After screaming at me for months that I had never contributed, I was a piece of shit, I never did shit, It was all about the money for me and she had paid me out at penny's on the dollar for the house. The original divorce papers basically said "Leave, Megan gets everything, and you get nothing except for the debt you have racked up maintaining, repairing, and upgrading the house, planning for future children, megan's lifestyle (which surprisingly changed with in the last month or two, and things that used to be huge issues, like a broken TV are no longer a problem) and your marriage. Good luck and god speed".

"You never contributed" - that stopped after I put together credit cards statements, expenses, time and effort and hours put into the house

"You're a piece of shit" - after trying to defend myself from another anxiety onslaught

"You stole from me" - not sure what I stole, but I think I remember this being a major part of the screaming up front, Diet Pills? Wasn't all of the medication in the house locked up for safty, like for when the kids come over?

"You never paid me anything (in reference to zelle payments and cash)" - before I provided the zelle payment list and after paying half of the cost of the refrigerator most recently

"You hadn't slept in weeks after the office move" - A flat out lie and the primary reason she kept calling my doctor....from my understanding.

"It's your mental health" - It actually wasn't, but I get it, I couldn't remember anything, and it had been a bad two years. I wouldn't have left her if she was going through something like this. She forced me out.

Jim

"(silence....crickets)" - after his daughter had screamed me out of the kitchen and I had said "Your daughter needs help, she has been screaming at me for months". No response.

Me

"I'm fine please leave me alone" - after being dragged over to my parents by Megan, after Jim's birthday party, and finding out that she had cancelled the secondary and we wouldn't be doing a transfer of embryos this year. This is the first time I remember anything about cancelling the secondary, it had been brought up twice before. I was in shock and felt like shit.

"I think I might be overmedicated"

"I can't remember anything until like 5-6 O'clock at night"

"I literally can't get up any earlier than 10:30-11:00, it's not lazyness, I'm getting 12+ hours of sleep a night and just can't get up"

"Divorce fucked me up"

Lessons on Personal Responsibility - Cost of Divorce

Costs and Feelings on the last 9 months (Would most people have blown their brains out at this point?)

Direct Costs:

My marriage

The love of my life

Tinkerbell (Our kid, the dog, who I have to schedule appointments to see)

My mom and dad (hopefully temporary, seems to be getting better, but I'm just fucking angry)

60 Point hit to my credit, plus credit usage doubled due to a LOC getting pulled (Credit usage currently at 68%, it was a 28% last month), this is after paying all \$12,500 towards debt)

An inability to get an apartment due to loss of credit, the roof over my head is not mine, and I'm sleeping on a couch.

50% of my 50% of the Present and Future appreciated value of our home, now her house. (Was paid \$12,500. House should sell for an appreciated value of \$100,000+)

\$20,000 Employee Loan (which I will never be able to pay back)

\$2500 Attorney's fees

A sense that I am defenseless and unsupported and will be pushed into hospitalization

Parental Rights towards our unborn children, but in Illinois I'll be forced to pay child support without visitation.....Who knows, I'm not a lawyer

Moving and Storage Expense

30,000 miles in 6 months on a new car, because I was forced out of my home, and it was my only safe space in the middle of winter Pain, heartache, extreme stress and major emotional trauma

My self respect and reputation

Time rebuilding my future in my head (I can't rebuild after this, someone will just take it away again, what's the point)

Time rebuilding my relationships with everyone (grasping at straws)

Potential present and future job implications (I am unable to focus on work anymore, I keep trying but it's like.....whats the point, I'm just going to end up homeless anyways)

Concern for future medical implications (national medical database is being thrown around by the politicians in D.C., I'm sure this looks great on my medical records)

Loss of privacy

A general sense that people are always fucking with me

In-laws (because I'm an asshole)

Extreme anxiety and panic attacks (better now, but for a while there I thought I was dying)

Emotional Equilibrium (This is returning)

Emotional Compartmentalization (Things bled together)

Memory issues (Major and Minor - much better than before medication)

Fear of hearing voices, and having no where to go except my car. If it happens again will I be able to drive? will I make enough sense so that people will leave me alone if I'm pulled over?

Waking up every day with another sin to deal with (Divorce), which doesn't seem like much, but I have taken my catholic faith seriously, you should hear about my Confirmation saga

Malnutrition/Dermatological issues from stress (I lose weight when I am under extreme stress, this has nothing to do with ADHD)

My face melted and I'm not sure what to do about the scars, I feel like I look at least 10 years older.

Home cooked meals

All of my projects, hobbies, and anchors are unavailable (What's left of my life is in storage, which I hope to be able to continue to afford)

My home and my safe space

The first divorce in my extended family among the 24 kids (this fucking sucks, sets a bad example, and is a heavy burden)

Marital property (a lot of it)

A lack of trust in the people around me including my doctors, mom, dad, and megan

Temporary insanity and instability caused by constant conflict, second guessing myself, fighting and arguing

A sense that something is wrong everywhere I look, because I wake up every morning on a couch that isn't mine

Constant conflict and arguing with my family and ex-family

A sense that I have reverted financially, emotionally, and mentally by at least 15 years.

A sense that I am unable to hibernate in the winter, which I normally do, but someone will decide that there is something wrong with me and force me out

A sense of always having to be on the defensive

Feeling like no one is telling me the truth

Extensive communication issues (verbal and nonverbal)

A sense for a while there that no one was LISTENING, HEARING, and UNDERSTANDING what I was saying

Forced extroversion and drama to get through to people, then they think I'm acting.... (I'm an introvert, and this is by far the most difficult thing I have ever done)