

**Reston Masters Second Annual  
 1/4 Mile Lake Swim, PY89-05  
 Lake Audubon, Reston, VA, May 28, 1989  
 1/4 Mile Open Water Course**

**J. Steven Fritzing  
 903 Plum St.  
 Vienna, VA 22180  
 703-281-3143**

**Top 10 Overall**

1	Beth O'Connor (F 28)	45:31
2	Paul Fetters (M 35)	46:09
3	Rodney D. Peltzer (M 32)	46:10
4	Lee Chesneau (M 40)	46:15
5	John R. Shrum (M 40)	46:27
6	Joe Vicedomine (M 27)	46:32
7	Christopher C. Greene (M 27)	46:36
8	Raymond L. Benecki (M 35)	47:08
9	William I. McKechnie (M 31)	47:12
10	John S. Leino (M 26)	47:36

4	Katharine Lacy (27)	54:58	Ov 30 / F 7
5	Suzanne C. Hunt (25)	56:50	Ov 36 / F 8
6	Karen M. Latham (25)	59:53	Ov 50 / F 11
7	Sarah Connick (26)	1:03:21	Ov 55 / F 13
8	Rebecca D. Friedberg (27)	1:15:06	Ov 74 / F 20
9	Colleen M. Morgan (27)	1:20:17	Ov 78 / F 22
DQ	Cindy J. Carapellucci (26)	1:01:39	wore wet suit
DQ	Barbara Edwards (26)	55:55	wore wet suit
DQ	Phyllis E. Goodwin (26)	54:59	wore wet suit
DQ	Linda P. Reppert (26)	57:38	wore wet suit
DQ	Kathleen M. Trainor (28)	59:21	wore wet suit

**Top 10 Women**

1	Beth O'Connor (28)	45:31	MR
2	Shirley A. Loftus (37)	47:40	
3	Jamie McClellan (26)	47:57	
4	Ellen S. Argo (25)	51:39	
5	Ann Svanson (43)	51:58	
6	Deborah A. Sloan (24)	53:04	
7	Katharine Lacy (27)	54:58	
8	Suzanne C. Hunt (25)	56:50	
9	Rebecca L. Hervey (23)	58:39	
10	Nancy J. Kirkendall (46)	58:59	

**Women: 30-34**

1	Donna L. DeGroat (33)	1:01:07	Ov 52 / F 12
2	Heather A. Peck (30)	1:07:47	Ov 61 / F 16
3	Joyce Gietkowski (34)	1:14:30	Ov 73 / F 19

**Women: 35-39**

1	Shirley A. Loftus (37)	47:40	MR Ov 11 / F 2
2	Delia G. Perez (37)	1:04:02	Ov 56 / F 14
3	Lynda J. Calkins (39)	1:07:39	Ov 60 / F 15
4	Ellen H. Green (36)	1:09:38	Ov 67 / F 17

**Top 10 Men**

1	Paul Fetters (35)	46:09
2	Rodney D. Peltzer (32)	46:10
3	Lee Chesneau (40)	46:15
4	John R. Shrum (40)	46:27
5	Joe Vicedomine (27)	46:32
6	Christopher C. Greene (27)	46:36
7	Raymond L. Benecki (35)	47:08
8	William I. McKechnie (31)	47:12
9	John S. Leino (26)	47:36
10	Gilbert P. Smith (26)	47:54

**Women: 40-44**

1	Ann Svanson (43)	51:58	Ov 22 / F 5
2	Judy L. Eggleston (40)	1:10:31	Ov 70 / F 18

**Women: 45-49**

1	Nancy J. Kirkendall (46)	58:59	MR Ov 45 / F 10
2	Roxanne Taylor (48)	1:16:56	Ov 75 / F 21

**Women: 50-54**

DQ	Margaret E. Regina (50)	1:39:40	exceeded 90 minute time limit
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**Age Group Scoring**

**Women: 19-24**

1	Deborah A. Sloan (24)	53:04	MR Ov 27 / F 6
2	Rebecca L. Hervey (23)	58:39	Ov 42 / F 9
DQ	Elizabeth L. Broman (24)		finished 3/4 mile
DQ	Amey C. Richardson (22)	57:11	wore wet suit

**Men: 19-24**

1	Rick Crump (24)	48:52	Ov 15 / M 12
2	Michael J. Casey (24)	1:09:06	Ov 65 / M 49

**Men: 25-29**

1	Joe Vicedomine (27)	46:32	MR Ov 6 / M 5
2	Christopher C. Greene (27)	46:36	Ov 7 / M 6
3	John S. Leino (26)	47:36	Ov 10 / M 9
4	Gilbert P. Smith (26)	47:54	Ov 12 / M 10
5	Ted Hirsch (28)	49:55	Ov 17 / M 14
6	Sam A. Scoggin (28)	51:42	Ov 21 / M 17
7	William L. Sickenberger, Jr (29)	54:00	Ov 28 / M 22
8	Jonathan Elkind (27)	54:06	Ov 29 / M 23

**Women: 25-29**

1	Beth O'Connor (28)	45:31	MR Ov 1 / F 1
2	Jamie McClellan (26)	47:57	Ov 13 / F 3
3	Ellen S. Argo (25)	51:39	Ov 20 / F 4

MR = Meet Recd Ov = Overall Place F = Place Among Women M = Place Among Men

RMST 2-Mile Lake Swim -

9	J. Steven Fritzingler (26)	55:41	Ov 32 / M 25
10	Joseph G. Giltter (29)	57:57	Ov 39 / M 31
11	Richard Kiy (26)	58:08	Ov 41 / M 33
12	Jeffrey P. Haggquist (29)	58:44	Ov 43 / M 34
13	Mark Diamond (26)	1:11:43	Ov 71 / M 53
14	Glen Saraduke (29)	1:23:36	Ov 80 / M 58
15	Michael G. Williams (27)	1:24:15	Ov 81 / M 59
DQ	David M. Cascio (26)	51:37	wore wet suit
DQ	Glenn T. Edelstein (26)	51:30	wore wet suit
DQ	Eric Lisann (29)	1:02:17	wore vest
DQ	William M. Winter (27)	52:42	wore vest

#### Men: 30-34

1	Rodney D. Peltzer (32)	46:10	Ov 3 / M 2
2	William J. McKechnie (31)	47:12	Ov 9 / M 8
3	Doug White (32)	49:34	Ov 16 / M 13
4	Christopher D. Massonneau (30)	50:31	Ov 18 / M 15
5	Kim A. McDonald (34)	51:02	Ov 19 / M 16
6	Robert J. Inlow (30)	52:26	Ov 24 / M 19
7	James T. Desrosiers (34)	53:01	Ov 26 / M 21
8	Jon D. Bergman (33)	57:37	Ov 38 / M 30
9	Dan Wilson (31)	59:23	Ov 47 / M 37
10	Byron L. Kolding (32)	59:45	Ov 49 / M 39
DQ	Andrew K. Dobson (32)	55:36	wore wet suit
DQ	Steve Kaplan (34)	1:05:51	wore wet suit

#### Men: 35-39

1	Paul Fetters (35)	46:09	MR Ov 2 / M 1
2	Raymond L. Benecki (35)	47:08	Ov 8 / M 7
3	Michael J. Delean (38)	48:17	Ov 14 / M 11
4	Thomas K. Miller (35)	52:12	Ov 23 / M 18
5	Paul V. Hartke (35)	55:08	Ov 31 / M 24
6	Timothy K. Gibson (35)	56:04	Ov 34 / M 27
7	Rich McLaughlin (36)	56:11	Ov 35 / M 28
8	James J. McDonnell (37)	57:17	Ov 37 / M 29
9	Douglas M. Frohock (38)	58:47	Ov 44 / M 35
10	Mike R. Evans (38)	59:27	Ov 48 / M 38
11	David C. Harmon (39)	1:01:03	Ov 51 / M 40
12	Curt T. Collins (37)	1:07:38	Ov 59 / M 45
DQ	John M. Binder (35)	53:38	wore wet suit
DQ	Chris J. Casey (35)	49:18	wore wet suit
DQ	John T. Epting (38)	58:50	wore wet suit
DQ	Stephen F. Gilson (39)	1:25:46	wore wet suit
DQ	David J. Gien (37)	53:14	wore wet suit
DQ	Patrick L. Grady (37)	59:18	wore wet suit
DQ	Daniel E. Grove (39)	58:22	wore wet suit
DQ	Robert J. Huber (39)	59:32	wore wet suit
DQ	Thomas A. Muir (36)	1:06:27	wore wet suit
DQ	Stuart J. TenHoor (35)	57:34	wore vest

#### Men: 40-44

1	Lee Chesneau (40)	46:15	MR Ov 4 / M 3
2	John R. Shrum (40)	46:27	Ov 5 / M 4
3	Wayne R. Hartke (41)	52:54	Ov 25 / M 20

4	David L. Sachleben (40)	59:15	Ov 46 / M 36
5	Larry S. Snowwhite (42)	1:02:54	Ov 54 / M 42
6	George C. Van Dyke (42)	1:04:12	Ov 57 / M 43
7	John Yorkilious (43)	1:09:04	Ov 64 / M 48
8	William F. Van Antwerp (43)	1:09:43	Ov 68 / M 51
9	John Bander (42)	1:17:31	Ov 76 / M 55
10	Stephen P. Halbrook (41)	1:31:56	Ov 82 / M 60
DQ	Robert A. Axelrod (41)	1:08:16	wore wet suit
DQ	Scott R. Bulfinch (40)	59:19	wore wet suit

#### Men: 45-49

1	Neil F. Medoff (46)	58:00	Ov 40 / M 32
2	William W. Treanor (46)	1:08:25	Ov 63 / M 47
DQ	David J. Diehl (47)	1:13:49	wore wet suit
DQ	Norman S. Happ (46)	1:02:33	wore wet suit
DQ	Howard Polster (46)	59:49	wore wet suit
DQ	Harold E. Simmons (49)	1:02:47	wore wet suit
DQ	Werner R. Wicha (48)	1:02:43	wore wet suit

#### Men: 50-54

1	Dale R. McGinley (51)	56:00	Ov 33 / M 26
2	Mike Freeman (52)	1:02:46	Ov 53 / M 41
3	Hubert Lavigne (52)	1:06:39	Ov 58 / M 44
4	Donald F. Walter (53)	1:07:55	Ov 62 / M 46
5	Gordon Gerson (52)	1:10:17	Ov 69 / M 52
6	Jim Lieberman (54)	1:20:12	Ov 77 / M 56
7	Stuart Schwartzberg (50)	1:23:18	Ov 79 / M 57
DQ	Mike Moran (53)	1:15:17	wore wet suit

#### Men: 55-59

1	Raymond F. Chen (55)	1:09:24	MR Ov 66 / M 50
DQ	William L. Sickenberger, Sr. (55)	1:19:56	wore wet suit

#### Men: 60-64

1	Fred S. Froelicher (61)	1:14:08	MR Ov 72 / M 54
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#### Team Scoring

##### Women: Division 1

No Teams qualified for Division 1

##### Women: Division 2

1	D.C. Masters	36.0
2	Virginia Masters	30.0
3	Reston Masters Swim Team	29.0
4	Upper Montgomery County Y	15.0
5	Maryland Masters Valley Forge	9.0
7	D.C. Department of Recreation	6.0

##### Men: Division 1

1	Reston Masters Swim Team	84.0
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MR = Meet Recd Ov = Overall Place F = Place Among Women M = Place Among Men

RMST 2-MI Lake Swim -

**Men: Division 2**

1	D.C. Masters	52.0
2	Virginia Masters	26.0
3	D.C. Department of Recreation	16.0
4	Lone Star Masters	11.0
5	Burke Masters	8.0
6	Fairfax County Masters	7.0
7	Upper Montgomery County Y	2.0
	Valley Forge	2.0
9	Rockville Montgomery Swim Club	1.0

**Combined: Division 1**

1	Reston Masters Swim Team	113.0
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**Combined: Division 2**

1	D.C. Masters	88.0
2	Virginia Masters	56.0
3	D.C. Department of Recreation	22.0
4	Upper Montgomery County Y	17.0
5	Lone Star Masters	11.0
6	Maryland Masters	9.0
	Valley Forge	9.0
8	Burke Masters	8.0
9	Fairfax County Masters	7.0
10	Valley Forge	2.0
11	Rockville Montgomery Swim Club	1.0

**Meet Information**

115 Swimmers Participated

30 Women Swam

85 Men Swam

9 Meet Records Set

Team Division Determination:

M & F Division 1 > 10 Swimmers

M & F Division 2 > 0 Swimmers

Combined Division 1 > 15 Swimmers

Combined Division 2 > 0 Swimmers

Points Awarded for Age Group Place as Follows:

11-9-8-7-6-5-4-3-2-1

**Acknowledgments**

T-Shirt design by Jamie McClellan

Caps donated by Aardvark Swim & Sport, Chantilly, VA

Stuff bags donated by Fleet Feet, Reston, VA

T-Shirts and Water Bottles provided by Aardvark