

1 MILE NO WETSUIT AGE GROUP WINNERS

MALE AGE GROUP: 18 - 24 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	225	1MNW	Christopher Brown	M	24	WARNERVILLE	NE	25:44
2	229	1MNW	Thomas Evans	M	19	HERNDON	VA	28:05
3	202	1MNW	Peter Ahlers	M	20	OLNEY	MD	29:45
4	335	1MNW	Dmitriy Zhigunov	M	21	RESTON	VA	31:30

FEMALE AGE GROUP: 18 - 24 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	226	1MNW	Kathryn Paterson	F	24	THROOP	PA	26:30
2	305	1MNW	Lauren Hicks	F	22	CENTREVILLE	VA	32:47
3	258	1MNW	Sarah Thorson	F	21	PACIFIC PALI	CA	34:08

MALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	213	1MNW	Sean Pinkney	M	31	UNIVERSITY H	OH	24:18
2	265	1MNW	Aram Thomasian	M	30	RESTON	VA	26:29
3	254	1MNW	Adam Bussey	M	34	BALTIMORE	MD	28:27
4	492	1MNW	Jason Somensatto	M	34			28:40
5	438	1MNW	Paul Dimmerling	M	34	GAITHERSBURG	MA	36:43

FEMALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	211	1MNW	Shannon Greene	F	30	ARLINGTON	VA	22:10
2	216	1MNW	Ellen Lee	F	34	ARLINGTON	VA	23:10
3	303	1MNW	Michele MacAry	F	32	RESTON	VA	31:50
4	276	1MNW	Susan Kasimer	F	34	MCLEAN	VA	33:31
5	375	1MNW	Meghan Gollhofer	F	31	ARLINGTON	VA	33:48

MALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	214	1MNW	Patrick Lee	M	35	ARLINGTON	VA	22:43
2	235	1MNW	Matthew Williams	M	37	WILLIAMSBURG	VA	28:20
3	401	1MNW	Kevin Takeguchi	M	37	ARLINGTON	VA	40:00

FEMALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	236	1MNW	Victoria Anderson	F	35	WASHINGTON	DC	26:14
2	201	1MNW	Kathryn McCabe	F	38	ARLINGTON	VA	27:46
3	255	1MNW	Sara Swenson	F	39	RESTON	VA	28:38
4	234	1MNW	Catherine Old	F	38	GREENSBORO	NC	29:11
5	224	1MNW	Carolyn Rogers-Viz	F	36	WESTWOOD	MA	30:01

MALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	205	1MNW	Erik Franklin	M	44	ARLINGTON	VA	20:46
2	465	1MNW	Nathan Dean	M	41	FAIRFAX	VA	24:52
3	482	1MNW	Eric Engstrom	M	41			24:56
4	410	1MNW	David English	M	43	ALEXANDRIA	VI	33:04
5	494	1MNW	Jefferson Marks	M	41			33:55

FEMALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	217	1MNW	Lauren Fitzgerald	F	40	SPRINGFIELD	VA	22:38
2	209	1MNW	Kathryn Madigan	F	40	ARLINGTON	VA	23:18
3	222	1MNW	Shannon Prendergas	F	41	OAKTON	VA	25:16
4	464	1MNW	Shannon Sullivan	F	40	WASHINGTON	DC	26:30
5	252	1MNW	Ingrid Mercer	F	41	ARLINGTON	VA	29:03

MALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	228	1MNW	Matt Rees	M	48	MCLEAN	VA	25:04
2	282	1MNW	Garret Sern	M	47	WASHINGTON	DC	27:43
3	285	1MNW	Anthony Wynes	M	46	RESTON	VA	29:22
4	420	1MNW	Grady Hough	M	46	RESTON	VA	29:35
5	300	1MNW	Bill Harper	M	48	FALLS CHURCH	VA	34:10

FEMALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	242	1MNW	Ellen MacGregor	F	49	VIENNA	VA	24:58
2	261	1MNW	Catherine Geiszler	F	47	FAIRFAX	VA	29:27
3	290	1MNW	Carol Shuford	F	49	ALEXANDRIA	VA	32:12
4	291	1MNW	Maureen Williams	F	49	ALEXANDRIA	VA	34:59
5	355	1MNW	Karin Spencer	F	48	LOVETTSVILLE	VA	35:21

MALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	208	1MNW	Rob Jones	M	51	CHARLOTTESVI	VA	20:34
2	212	1MNW	Scott Schutzmeiste	M	51	SPRINGFIELD	VA	24:22
3	241	1MNW	David Brown	M	54	LIGHTFOOT	VA	25:35
4	268	1MNW	Jeremy Worst	M	53	WARRENTON	VA	27:47
5	376	1MNW	Stephen Smith	M	53	FALLS CHURCH	VA	33:21

FEMALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	259	1MNW	Jamie McClellan	F	53	RESTON	VA	25:50
2	247	1MNW	Marlene Becker	F	52	FAIRFAX	VA	26:26
3	244	1MNW	Mandy Dawson	F	54	RESTON	VA	27:09
4	245	1MNW	Laura Jones	F	50	CHARLOTTESVI	VA	27:30
5	377	1MNW	Andrea Smith	F	53	FALLS CHURCH	VA	31:13

MALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	218	1MNW	Chuck Beatty	M	57	AKRON	OH	24:50
2	460	1MNW	Sam Scoggin	M	55	RESTON	VA	25:11
3	239	1MNW	Daniel Pick	M	59	ANNANDALE	VA	26:08
4	232	1MNW	David Varner	M	55	ARLINGTON	VA	26:10
5	237	1MNW	Jon Watson	M	58	FAIRFAX	VA	26:35

FEMALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	394	1MNW	Cheryl Bruner	F	57	WASHINGTON	DC	32:35
2	371	1MNW	Lori Whitehand	F	55	FALLS CHURCH	VA	34:10
3	360	1MNW	Louise Hyder-Darli	F	55	ELIZABETHTOW	PA	35:16

MALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	215	1MNW	Paul Fetters	M	62	FALLS CHURCH	VA	22:33
2	281	1MNW	Stuart Tenhoor	M	62	COLUMBIA	MD	31:23
3	266	1MNW	Howard Craddock	M	62	CHARLOTTESEVI	VA	31:35
4	367	1MNW	James Willett	M	63	RESTON	VA	31:58
5	387	1MNW	Ward Howick	M	60	BURKE	VI	35:47

FEMALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	221	1MNW	Shirley Loftus-Cha	F	64	AFTON	VA	23:36

MALE AGE GROUP: 65 - 69 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	271	1MNW	Richard Wallace	M	68	MANALAPAN	NJ	30:58
2	820	1MNW	Mac Cauley	M	68	ASHBURN	VA	34:52

FEMALE AGE GROUP: 65 - 99 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	405	1MNW	Kathleen Cauley	F	66	ASHBURN	VA	48:51

MALE AGE GROUP: 70 - 74 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	248	1MNW	Willis Braswell	M	71	ARLINGTON	VA	29:27

1 MILE WETSUIT AGE GROUP WINNERS

FEMALE AGE GROUP: 18 - 24 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	256	1MWD	Ellen Reynolds	F	24	ALEXANDRIA	VA	32:56

MALE AGE GROUP: 25 - 29 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	298	1MWD	Ryan Rudiger	M	28	GLEN BURNIE	MD	26:38

MALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	210	1MWD	Troy Sattgast	M	30	ARLINGTON	VA	21:16

FEMALE AGE GROUP: 30 - 34 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	487	1MWD	Kathleen Pruess	F	32			29:36
2	288	1MWD	Kaitlin Crile	F	32	FALLS CHURCH	VA	32:19
3	362	1MWD	Kim Rally	F	32	ASHBURN	VA	33:21
4	485	1MWD	Ashley Fry	F	30			34:37

MALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	495	1MWD	Adam Orton	M	35			23:12
2	456	1MWD	Louie Nardelli	M	37	STEPHENSON	VA	23:45
3	223	1MWD	Greg Brown	M	36	DALTON	PA	26:13
4	317	1MWD	Raghu Gopalan	M	39	SILVER SPRIN	MD	31:08
5	370	1MWD	Austin Huang	M	37	NORTH POTOMA	MD	32:36

FEMALE AGE GROUP: 35 - 39 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	219	1MWD	Anne Sattgast	F	35	ARLINGTON	VA	22:03
2	263	1MWD	Gladys Arrisueno	F	37	SILVER SPRIN	MD	27:21
3	457	1MWD	Jennifer Medina	F	36	FALLS CHURCH	VA	29:28
4	260	1MWD	Bonnie Algera	F	39	ALDIE	VA	31:58
5	369	1MWD	Allison Medina	F	38	FALLS CHURCH	VA	34:20

MALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	207	1MWD	Kevin Ruby	M	43	FALLS CHURCH	VA	20:42
2	204	1MWD	Kevin Reed	M	44	KENSINGTON	MD	21:37
3	269	1MWD	Jason Davidson	M	43	SPRINGFIELD	VA	26:58
4	296	1MWD	George Hodges-Fult	M	40	RESTON	VA	28:06

5 356 1MWD Patrick Maloney M 41 WOODBRIDGE VA 33:43

FEMALE AGE GROUP: 40 - 44 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	284	1MWD	Elizabeth Omasta	F	41	WASHINGTON	DC	28:51
2	301	1MWD	Stephanie Van Bebb	F	43	FAIRFAX	VA	30:40
3	325	1MWD	Jennifer Scott	F	44	ELLCOTT CIT	MD	30:58
4	388	1MWD	Leah Mechanic	F	43	KENSINGTON	MD	32:25
5	382	1MWD	Monique McDonough	F	42	WASHINGTON	DC	35:14

MALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	280	1MWD	Richard Spencer	M	49	LOVETTSVILLE	VA	24:07
2	220	1MWD	Jay Jacobs	M	48	VIENNA	VA	26:00
3	287	1MWD	Mark Wainwright	M	48	ALEXANDRIA	VA	27:41
4	240	1MWD	David Connor	M	48	FAIRFAX	VA	28:04
5	320	1MWD	Robert Brennan	M	46	SILVER SPRIN	MD	29:34

FEMALE AGE GROUP: 45 - 49 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	294	1MWD	Lisa Hughes	F	49	RESTON	VA	28:05
2	488	1MWD	Patricia Collins	F	47			28:25
3	503	1MWD	Mary Meyers	F	48			28:54
4	324	1MWD	Patricia Hickey	F	47	ARLINGTON	VA	29:56
5	306	1MWD	Angela Melton	F	45	KENSINGTON	MD	30:04

MALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	275	1MWD	James Hess	M	52	ARLINGTON	VA	24:35
2	238	1MWD	David Deitch	M	52	MCLEAN	VA	24:59
3	293	1MWD	Daniel Thomas	M	53	BOWIE	MD	27:27
4	463	1MWD	Richard Fitzgerald	M	53	HIGHLAND	MD	27:32
5	295	1MWD	Dave Black	M	52	WINCHESTER	VA	27:55

FEMALE AGE GROUP: 50 - 54 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	490	1MWD	Leslie Anchor	F	53			27:40
2	322	1MWD	Mary Klaff	F	50	POTOMAC FALL	VA	28:26
3	827	1MWD	Polly Nagell	F	50	MCLEAN	VA	30:18
4	339	1MWD	Kimberly Shoop	F	54	RESTON	VA	31:19
5	483	1MWD	Kris Petersen	F	51			32:44

MALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	233	1MWD	David Belyea	M	55	ASHBURN	VA	23:49
2	249	1MWD	Greg Nelson	M	56	OLNEY	MD	24:50
3	251	1MWD	Michael Willett	M	57	RESTON	VA	26:25
4	231	1MWD	Christopher Masson	M	57	WINCHESTER	VA	27:01

5 246 1MWD Alan Tober M 55 ARLINGTON VA 27:06

FEMALE AGE GROUP: 55 - 59 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	289	1MWD	Anneliese Thomson	F	57	ELLICOTT CIT	MD	29:09
2	264	1MWD	Deborah Gilgore	F	56	BETHESDA	MD	29:59
3	351	1MWD	Nicole Thomas	F	55	OLNEY	MD	32:49
4	390	1MWD	Abby Glassberg	F	56	CLARKSVILLE	MD	32:56
5	389	1MWD	Carole Owen	F	55	ELLICOTT CIT	MD	33:59

MALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	277	1MWD	Charles Thomas	M	63	KENNETT SQUA	PA	25:59
2	297	1MWD	John Gregory	M	61	NEW OXFORD	PA	28:03
3	278	1MWD	John Isbister	M	62	ELLICOTT CIT	MD	28:23
4	717	1MWD	Stephen Godwin	M	62	BETHESDA	MD	29:07
5	310	1MWD	Joseph Maline	M	63	HERNDON	VA	31:36

FEMALE AGE GROUP: 60 - 64 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	311	1MWD	Beth Maline	F	63	HERNDON	VA	29:54
2	412	1MWD	Wendy Aaronson	F	61	ROCKVILLE	MD	35:57
3	455	1MWD	Ann Hoffman	F	60	ROCKVILLE	MD	42:40

MALE AGE GROUP: 65 - 69 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	307	1MWD	Joseph O'Gorman	M	68	RESTON	VA	28:08
2	299	1MWD	Joseph Kasimer	M	65	ANNANDALE	VA	31:56
3	422	1MWD	Allen Kampf	M	65	SPARKS	MD	33:43
4	392	1MWD	David Breese	M	69	RESTON	VA	35:01
5	443	1MWD	Richard Langley	M	68	VIENNA	VA	37:55

FEMALE AGE GROUP: 65 - 69 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	361	1MWD	Kathleen Doswell	F	66	COLUMBIA	VA	35:14
2	400	1MWD	Ruth Hamilton	F	68	MCLEAN	VA	41:26
3	449	1MWD	Jennifer Johnston	F	68	ANNANDALE	VA	48:50

MALE AGE GROUP: 70 - 74 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	309	1MWD	Jaes Leimkuhler	M	70	MCLEAN	VA	28:23

MALE AGE GROUP: 75 - 79 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	430	1MWD	Gordon Gerson	M	79	RESTON	VA	38:24

FEMALE AGE GROUP: 70 - 99 (3 WINNERS)

Place	Bib#	Code	Name	G	Ag	City	St	1miler
1	378	1MWD	Lucy Manheim	F	73	FAIRFAX	VA	39:38
2	435	1MWD	Karen Hannam	F	75	ALEXANDRIA	VA	46:16