

**2024 Jim McDonnell Lake Swims**  
**EVENT DATE: 05/26/2024**  
**SANCTION NUMBER: #104-W001**  
**SANCTIONING LSMC: Potomac Valley LSMC**  
**SPONSORING ORG: Reston Masters Swim Team**  
**EVENT DIRECTOR: Tom Broderick(tbroderick451@gmail.com)**  
**LOCATION: Lake Audubon, Reston, VA**

**JMLS 2024 Top Ten Lists**

<b>1M-CAT I - Top Ten Women</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Wood, Elizabeth	42	L4S	00:24:02
2 Loftus-Charley, Shirley	72	CM-Y	00:25:58
3 Wack, Diane	56	OEVT	00:26:48
4 Keaney, Alice	42	OEVT	00:27:25
5 Lee, Michelle	40	OEVT	00:27:29
6 Dustin, Kim	56	DCWW	00:27:52
7 Becker, Marlene	60	L4S	00:27:54
8 Huizenga, Martha	57	WAV1	00:28:44
9 Pazos, Christena	56	MARY	00:28:46
10 Neuenschwander, Christi	23	UC09	00:29:03

<b>1M-CAT I - Top Ten Men</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Thomas, Sean	40	MARY	00:22:48
2 Kahner, Bryan	43	OEVT	00:24:52
3 Kaplan, Jordan	45	L4S	00:24:57
4 Sushkoff, George	58	VMST	00:25:36
5 Bundas, Michael	28	OEVT	00:25:47
6 Stille, Ryan	51	OEVT	00:25:49
7 Stone, Jonathan	42	FAFC	00:26:10
8 Gibbons, Patrick	32	OEVT	00:27:16
9 Scoggin, Sam	63	RMST	00:27:34
10 Bales, Paul	65	ALEX	00:27:36

<b>1M-CAT I - Top Ten Overall</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Thomas, Sean	40	MARY	00:22:48
2 Wood, Elizabeth	42	L4S	00:24:02
3 Kahner, Bryan	43	OEVT	00:24:52
4 Kaplan, Jordan	45	L4S	00:24:57
5 Sushkoff, George	58	VMST	00:25:36
6 Bundas, Michael	28	OEVT	00:25:47
7 Stille, Ryan	51	OEVT	00:25:49
8 Loftus-Charley, Shirley	72	CM-Y	00:25:58
9 Stone, Jonathan	42	FAFC	00:26:10
10 Wack, Diane	56	OEVT	00:26:48

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**JMLS 2024 Top Ten Lists**

<b>1M-CAT II - Top Ten Women</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Shepherd, Stefani	40	OEVT	00:25:43
2 Rebert, Kristina	61	YWMA	00:26:13
3 Paul, Jane	44	OEVT	00:26:19
4 Mccarthy, Erin	40	OEVT	00:27:52
5 Ramos, Laura	45	ANCM	00:29:12
6 Earley, Taylor	33	OEVT	00:29:20
7 Kramer, Kimberly	46	L4S	00:29:40
8 Saalfield, Jess	56	L4S	00:30:00
9 Estrada, Caroline	52	L4S	00:30:15
10 Rhoads, Donna	51	UC12	00:30:42

<b>1M-CAT II - Top Ten Men</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Leimkuhler, Matthew	52	MARY	00:22:58
2 Leimkuhler, Bill	53	OEVT	00:25:03
3 Sharkey, Luke	28	L4S	00:25:33
4 Oak, Nikhil	40	L4S	00:26:13
5 Abbott, Stephen	53	OEVT	00:26:28
6 Hess, James	60	UC10	00:26:44
7 Nelson, Greg	64	GERM	00:26:47
8 Nichols, Stephen	69	OEVT	00:27:04
9 Kowalewski, Matt	50	OEVT	00:27:55
10 Thomas, Charles	71	UC08	00:28:01

<b>1M-CAT II - Top Ten Overall</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Leimkuhler, Matthew	52	MARY	00:22:58
2 Leimkuhler, Bill	53	OEVT	00:25:03
3 Sharkey, Luke	28	L4S	00:25:33
4 Shepherd, Stefani	40	OEVT	00:25:43
5 Oak, Nikhil	40	L4S	00:26:13
6 Rebert, Kristina	61	YWMA	00:26:13
7 Paul, Jane	44	OEVT	00:26:19
8 Abbott, Stephen	53	OEVT	00:26:28
9 Hess, James	60	UC10	00:26:44
10 Nelson, Greg	64	GERM	00:26:47

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**JMLS 2024 Top Ten Lists**

<b>2M-CAT I - Top Ten Women</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Zerkle, Alden	19	OEVT	00:47:28
2 Wood, Elizabeth	42	L4S	00:49:14
3 Loftus-Charley, Shirley	72	CM-Y	00:51:41
4 Wack, Diane	56	OEVT	00:55:33
5 Desousa, Juliette-Marie	54	DCRP	00:56:12
6 Gainor, Cathy	56	ANCM	00:56:36
7 Mcwhorter, Allyce	34	OEVT	00:59:18
8 Pazos, Christena	56	MARY	00:59:33
9 Mercer, Ingrid	49	NAMI	00:59:40
10 Teitelbaum, Vanessa	53	L4S	01:00:02

<b>2M-CAT I - Top Ten Men</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Thomas, Sean	40	MARY	00:44:30
2 Dion, Thomas	45	RMST	00:45:03
3 Kaplan, Jordan	45	L4S	00:49:47
4 Duffy, Robert	43	ALEX	00:50:21
5 Van Pool, Kendall	48	ALEX	00:51:53
6 Lehman, Brian	46	OEVT	00:52:20
7 Henry, Austin	26	OEVT	00:52:30
8 Stone, Jonathan	42	FAFC	00:52:33
9 Hicks, Brian	48	OEVT	00:52:54
10 Stille, Ryan	51	OEVT	00:52:57

<b>2M-CAT I - Top Ten Overall</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Thomas, Sean	40	MARY	00:44:30
2 Dion, Thomas	45	RMST	00:45:03
3 Zerkle, Alden	19	OEVT	00:47:28
4 Wood, Elizabeth	42	L4S	00:49:14
5 Kaplan, Jordan	45	L4S	00:49:47
6 Duffy, Robert	43	ALEX	00:50:21
7 Loftus-Charley, Shirley	72	CM-Y	00:51:41
8 Van Pool, Kendall	48	ALEX	00:51:53
9 Lehman, Brian	46	OEVT	00:52:20
10 Henry, Austin	26	OEVT	00:52:30

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<b>2M-CAT II - Top Ten Women</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Paul, Jane	44	OEVT	00:53:16
2 Whitelock, Grace	23	OEVT	00:54:04
3 Vianello, Julie	49	OEVT	00:55:19
4 Rhoads, Donna	51	UC12	01:01:14
5 Estrada, Caroline	52	L4S	01:01:37
6 Gilgore, Deborah	64	GERM	01:03:00
7 Letos, Sarah	50	OEVT	01:03:43
8 Leimkuhler, Tracey	61	OEVT	01:07:08
9 Owen, Carole	63	OEVT	01:11:34
10 Glassberg, Abby	64	CMYM	01:11:38

<b>2M-CAT II - Top Ten Men</b>	<b>Age</b>	<b>Team</b>	<b>Official Time</b>
1 Leimkuhler, Matthew	52	MARY	00:48:44
2 Leimkuhler, Bill	53	OEVT	00:52:52
3 Sharkey, Luke	28	L4S	00:53:40
4 Hess, James	60	UC10	00:54:46
5 Kuldell, Philip	31	OEVT	00:55:29
6 Stuhan, Brendan	45	OEVT	00:55:31
7 Russiello, Michael	63	OEVT	00:56:37
8 Johnson, William	63	OEVT	00:57:40
9 Rickard, Alan	67	PBM	00:58:01
10 Roth, Kyler	23	OEVT	00:58:31

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1 Leimkuhler, Matthew	52	MARY	00:48:44
2 Leimkuhler, Bill	53	OEVT	00:52:52
3 Paul, Jane	44	OEVT	00:53:16
4 Sharkey, Luke	28	L4S	00:53:40
5 Whitelock, Grace	23	OEVT	00:54:04
6 Hess, James	60	UC10	00:54:46
7 Vianello, Julie	49	OEVT	00:55:19
8 Kuldell, Philip	31	OEVT	00:55:29
9 Stuhan, Brendan	45	OEVT	00:55:31
10 Russiello, Michael	63	OEVT	00:56:37