

The Scrap Bag



Calico Cut-Ups Quilt Guild of Bella Vista, Arkansas

Volume 25, #7 calicocutups.org July 2018

calicocutups01@gmail.com

A Message from Our President

This quilt took me
FOREVER
to make...
So you better pretend
to love it!

Dear Fellow Quilters,

I saw this as a quilt label on Pinterest a few days ago. I probably wouldn't use this one (even though I might be thinking those thoughts), but it got me to thinking about quilt labels.

I have heard over and over that we should always label our quilts, and except for a very few, I am guilty of skipping this step. So, I have to ask myself, "why". I have lots of excuses, as do many of us, I am finding out.

Initially, I judged my quilts to be not worthy. I was not sure I wanted anyone to know I had made the quilt, except the receiver.

In retrospect, that was silly. Even though the stitches were not perfect and the points didn't always match, they were always made with love. If you come across an antique quilt, do you critically judge the workmanship or do you appreciate the fabric, colors, and wonder where it came from?

Historians say that we should label quilts as documentation for future generations. I've heard quilters say, "I'm not quilting for prosperity. I don't expect my quilts to last 100 years." While that may be true, you never know what will happen to a quilt after you have given it away.

Every quilt has a story to tell. Maybe the story is the quilt maker's source of inspiration, maybe it is about the occasion for which the quilt was given, or maybe it is about the giver and receiver's relationship. Whatever the story, wouldn't it be nice to find a quilt in an antique shop or flea market and know that story? Wouldn't it be nice to find a quilt in a trunk in your grandmother's attic and know that story? I got to thinking that, just maybe, my granddaughter may keep one of the quilts that I have made for her and give to her daughter or granddaughter. Wouldn't it be nice to be that granddaughter and have a connection to your great, great grandma?

For me, I think that the most compelling reason to put a label on a quilt I have made is to send a message to the receiver. It reminds me of the written notes I have received over the years from students or parents at my schools. I periodically come across one of these, and they give me such a warm feeling when reread. I think of that student and of that time in my life. A label on the back of your quilt can be a note and a reminder to the receiver that they are loved and appreciated.

Quilt labels come in all forms, from elaborate ones that are made from quilt blocks and embroidery to hand written on a piece of muslin. Most quilting sites recommend that a quilt label should include: who, what, when, where and why.

- Who...who made the quilt and who was it made for...use full names
- What...give the name of the pattern or what inspired it
- When...put the date or at least the year and/or the occasion it was given

- Where...where was it made...city and state
- Why...was it made for an occasion or milestone or “just because”
- Additions...add a personal note or even consider a picture

The easiest method for me is to use my inkjet printer and a template that can be ironed on. My new favorite way to add a label is to use a square of fabric that is folded into a triangle and sewn into the binding at one of the corners of the quilt. I read that some quilters write directly on the backing fabric with a thin Sharpie. I think even I can commit to that. I would suggest that if you are like me and haven't put many labels on your quilts, don't get bogged down with the details. Start small if you have to, including only the basics. I am going to try to think of my label as a “surprise” when the quilt is turned over...kind of an extra gift.

So, if you are one of those quilters that always adds a detailed label, then give yourself a pat on the back and an extra dessert...you are few and far between, I think. If you usually put on a label, but it is basic, try adding a personal message (and you can have a treat, too). The rest of you...I challenge you to join me in making a “mid-year” resolution to put a labels on our quilts. After you have done 5 in a row...treat yourself...sweets or more fabric...difficult choice!

Sew many good intentions,
Laurie

I *LOVE* you so much...
I used my *BEST* fabric on you!

CHANGE OF JULY MEETING DATE

Due to VBS at the church during our normal July meeting date, we will meet on the 3rd Monday, July 16.

FOOD PANTRY DONATIONS



Calico Cut-Ups helps the Shepherds' food pantry. Bring your donations to the guild meeting and receive an extra door prize ticket.
July: Cake Mix & Frosting.

Cathy Beaver, Chairperson, Special Projects
Kay Gaudian, Co-Chair

Small Groups

There are several small quilt groups that meet monthly. They include both new and experienced quilters and would love to have you. If you are interested, please call Shirley Wenger (316) 992-7757. I would like to talk to you and get you connected with a group that best suits you.

For a full list of small groups go to www.calicocutups.org/small-groups/

JULY MEETING

Monday, July 16
First United Methodist Church
(Enter around back in Becker Hall)
20 Boyce Drive, Bella Vista, AR
Vendor: Becky's Rag Bag Treasures
Workshop: Stack 'n Whack – 9:00
Program: Small Groups - 1:00

Remember to wear your name badge. It helps new members get acquainted (and old members, too). If you forget, a 25 cent fee is due and will be added to the general fund.

WEATHER POLICY

In the event of inclement weather and the Bentonville School system is closed, guild activities will be cancelled.

GUESTS

Our membership meetings have a \$5.00 guest fee that helps defray program costs if we have a paid speaker. This fee is applied to your membership if you choose to join our guild the same day as you visit. No charge for your first visit. Membership is half price July through December.

JULY PROGRAM

Due to the necessary change of our meeting date, our program presenter had to cancel.

The Small Groups of our Guild will present the program. Leaders of each group or a member will give a short history of the group, what their focus is and if they are open to new members. The groups include:

Calico New Bees including Quilting 101, Highland Cut Ups, Dog Beds, Quilters on the Go, Kid's Kamp, The Quilt Study Group and Quilts of Valor. Also included will be the Van Go Go Girls. Maybe you can find a group that interests you. If not, maybe you can start your own group.

Sharon Caton
Program Assistant

JULY WORKSHOP

See flyer for Stack 'n Whack workshop on last page of this issue.

CALICO CUT-UPS DATES TO REMEMBER

July 16: Stack 'n Whack **CHANGE OF DATE.**
July 16: General meeting date. **CHANGE OF DATE.**
August 27: General meeting date.
August 28: Judy Niemeyer class. 9:00 – 4:00. Becker Hall.

MONTHLY FAT QUARTER FABRIC EXCHANGE - JULY FABRICS



Bring fat quarters of good quality **GOLD** fabric and enter our drawing for June. You will get one chance for each fat quarter you enter up to 3 entries. You may win!

Rosalyn Sloan, Chairperson, Fabric Exchange

Judy Niemeyer Class

May Gunter is an approved teacher for Judy Niemeyer class. The workshop will be Tuesday August 28th from 9:00 - 4:00 in Becker Hall. The pattern she will use is Cactus Flower and is being taught as a table runner. The pattern is \$25.00 and the class is \$30.00. Example will be at the July Guild meeting along with the pattern. Hope you are able to join in this fun and educational workshop.

Sharon Caton, Program Assistant



Sunshine and Shadows

Do you know of a Calico Cut-Ups member that could use a card for good news, a celebration or some sad news? Please contact Norene Harmon at (479)271-7109 or peacelady@cox.net Thank you for your help.



The Scrap Bag Newsletter is published each month (except December) by Calico Cut-Ups Quilt Guild of Bella Vista, Arkansas and may be viewed on the guild website: www.calicocutups.org
Contact Editor Bob Harmon at Calico Cut-Ups Quilt Guild, P.O. Box 5481, Bella Vista, AR 72714.

Full versions of last month's Treasurer's report and guild minutes are available at guild meetings taped to the door. Guild minutes are also available at www.calicocutups.org/guild-meeting-minutes/.



Editor's Corner

Member Count

We ended 2017 with 149 members. As of this writing we're at 151 paid members. One way to potentially increase membership is to be friendly to our visitors. Let them know they are welcome. Also, be friendly with each other. Make an effort to visit with someone that may be alone. Your friendship may be the key to them continuing membership.

Kid's Kamp

We had a good time at Kid's Kamp the week of June 18. It was 8:30 – noon Monday through Friday. We had six in the Kamp – ages 8 – 13. Each made a quilt using 5" squares – 9 rows by 10 rows. They did it all from piecing to binding. They had the quilts finished by Thursday, so Friday we let them make other projects, such as pillows, pillowcases and bags. Brenda Askland was the coordinator and she said she will not be able to continue to do that for next year as she will be busy with being president. If you are interested and willing to coordinate Kid's Kamp for next year, get with Brenda for information. Information, pictures and a video may be found at www.calicocutups.com/kids-kamp-june-2017. Scroll down the page for 2018.

Show 'n Tell Videos

We've been trying for several months to post videos of our Show 'n Tell but had several snags. I think we have resolved the problems and now the video for June is at www.calicocutups.com/show-n-tell/. Many thanks to Verna for patiently working through the issues.

Website

If you miss a meeting, you may go to www.calicocutups.com to read the meeting minutes, see photos taken before the meeting and see a video of Show 'n Tell. Do you like free patterns? There are hundreds available on the website. Would you like to take a quilting cruise? There are many listings of quilting cruises for 2018 and 2019. How about taking a class? There are listings of local classes. Scrap Bags are available back to 1994.

Quilts on Website

I had asked for a minimum of 10 members to send me a picture of a quilt to post on the website. I received pictures from 6 of you so that idea has been scrapped.

Bob Harmon, Scrap Bag Editor

UPCOMING DATES

2018

August 3-4: Edmond Quilt Guild Show, Edmond, OK

August 10-11: Route 65 Shop Hop.

August 31 – September 2: Cherokee National Holiday Quilt Show, Tahlequah, OK

September 21-22: Heart Of Arkansas Quilt Show, Benton, AR

September 27-29: Ozark Piecemakers Quilt Show, Springfield, MO

For more details, visit www.calicocutups.org/local-happenings/

Please submit newsletter items to Bob Harmon at mebobh@cox.net by August 8 for the August Scrap Bag. Earlier if possible.

UPC LABELS FROM HOBBS BATTING

When you use Hobbs batting, be sure to save the UPC labels. Give them to Cathy Beaver. She can use them to get a good discount for batting to use for donation quilts.

Ads may be placed in the Scrap Bag newsletter for upcoming for-profit classes, vendor ads, member for sale ads and other quilting related ads. Cost is \$10 per issue and must be paid in advance to Calico Cut-Ups. Contact Bob Harmon. mebobh@cox.net

Quilts of Valor

Just a reminder that the Quilts of Valor group meets the first Tuesday of each month at 1:00 PM, First United Methodist Church in Bella Vista. Room 28 in the lower level of the church. There are approximately 18 veterans on the waiting list at this time. If you are not able to make it each month, kits are currently being put together for you to take home and work on. We hope to have some ready at the next guild meeting. The preferred size of a top is 60" x 80". Thanks in advance for your help!

Susan Richmond

Susanr432@gmail.com



Quilting Tips

Don't leave your rotary cutting mat in the back of your car on a hot day. It may permanently warp or buckle.

Instead of wetting the end of the thread, wet the eye of the needle so it grasps the thread to make threading a needle easier.

Adult Quilting 101

A new **FREE** workshop for beginning quilters started June 13, 2018. There will be a series of ongoing workshops that are open to anyone interested in learning to quilt or improve on your quilting skills. This is open to guild or non-guild members. We welcome members of the community and invite your friends to join us.

The workshops will be held the 2nd Wednesday of each month from 1:00 – 3:00 in room 28 lower level at **First United Methodist Church**.

Going forward, the meetings will be held from 1:00 – 3:00PM on the 2nd Wednesday of the month. The meetings will be in room 28 in the lower lever of the Church. Each month students will add to their quilting knowledge.

If you have questions or plan to attend please contact:

Sharon Caton
479-319-4789
sccaton@cox.net



Quilt Donations

When you donate quilts, bags, etc. from the guild, whether it is through a small group or as an individual, please let Cathy Beaver know. She will add it to the number of donations by Calico Cut-Ups.

You know you're a
QUILTER



When you'd rather have a
JELLY ROLL
than a piece of cake!

Local Guilds to Visit And Maybe Join.



Pieces 'N Patches

Meets 1st Monday at 1:00 PM and 3rd Monday at 10:00 AM at First Presbyterian Church, 1901 South 26th Street, Rogers, AR.

Modern Quilt Guild

Meets 3rd Tuesdays at 6:30 PM at Rogers Historical Museum Annex, 322 South 2nd Street, Rogers, AR.

Dogwood Quilters Guild

Meets 1st Saturday of each month at 9:30 AM at Grace Episcopal Church, 617 North Mt. Olive Street, Siloam Springs, AR

Quilters United in Learning Together (Q.U.I.L.T)

Meets 4th Thursday at 6:30 PM January through October at St. Thomas Episcopal Church, 2898 S. 48th Street, Springdale, AR. November and December meetings are combined on the 1st Thursday of December.

NWA Up in Arms Longarm Guild

Meets 2nd Wednesday at 1 pm at Southside Church of Christ, 919 S. Dixieland Rd., Rogers AR.

Loose Threads

Meets 1st Wednesday at 9:30 AM at Washington County Extension Office, Fayetteville, AR.

Sew Happy Quilters

Meets 2nd Saturday at 10:00 AM at Harris Baptist Church, Elkins, AR.

A listing of other guilds in Arkansas, Kansas, Louisiana, Missouri, Oklahoma and Texas may be found at calicocutups.org/quilt-guilds/



Do you know of any local guild not listed here? Please let the editor know.



Cathy Beaver delivered 15 quilts and 5 totes to Children's Shelter and 13 quilts and 5 pillowcases to Ronald McDonald House on Friday, June 29th. Picture is at Children's Shelter.



We did good at Calico Cut-Ups Quilt Guild meeting. 27 finished quilts, 3 pillowcases, plus 3 tops to finish. Some kids and adults will be very happy. Now I need to get them all labeled so I can deliver them. Thank you all so much!

Cathy Beaver, Special Projects

Ed. Note: Let's give Cathy a big thank you for coordinating this project. She spends a lot of time and travel to get these quilts to where they are needed. She is also head of the food pantry project.

Quilting Tips

If you serge the raw edges of your fabric before washing, you will eliminate tangles and raveling threads.

To make a lightweight, portable, ironing surface, wrap the cardboard core from a bolt of fabric with an old bath towel and pin to secure. Great to take to workshops because it is much lighter than purchased lap top ironing boards.

Apply moleskin to your fingertips to protect them from needle pricks when hand quilting.

NEWSLETTER ADVERTISING

Our newsletter reaches our current members on a monthly basis, except December, with news pertaining to our guild. We are currently sending over 150 copies of each issue. Your advertisement can reach them too. Your ad in the Scrap Bag will also be displayed on our website at www.calicocutups.org/commercial-advertising for the same length of time chosen for the Scrap Bag. The ad must be quilt related. The Scrap Bag editor reserves the right to decline ads deemed to be inappropriate.

Below you will find the various ad sizes and their associated costs. You may send your ad copy by email as an attachment in .jpg or .pdf formatting to mebobh@cox.net. Ads will not be published until receipt of payment. Send checks made out to *Calico Cut-Ups Quilt Guild* to Bob Harmon, 1706 SW 14th St, Bentonville, AR 72712. You may also send a high quality scan-able paper copy of the ad. Your email address will be added to the distribution list.

Newsletter & Website Advertising Rates

	1 Issue	11 Issues
¼ page	\$10	\$100
½ page	\$20	\$200
Full page	\$30	\$300

Did You Know?

Sewing machine needles wear out.

It's recommended that you change needles with every project or after 8 hours of sewing.

Clues that indicate it's time for a new needle: thread is breaking or shredding; skipped stitches; fabric is puckering, snagging or leaving holes; machine is making a popping, clunking or clicking sound.

I enjoy doing machine embroidery. I learned a lesson about needles that I haven't forgotten. I was embroidering logos on about 50 jackets for the Pearl of Grace Ranch girls' home in Oklahoma. I had ordered a large cone of good quality thread. I started on the project and it wasn't long until the thread broke. I re-threaded multiple times and became frustrated. I contacted the thread company about the problem. They offered to send me another cone of thread, but also asked some questions. One of the questions was if I had recently changed my needle. My answer was "no". I changed the needle and was able to complete the project with no more thread breaks. I changed the needle a couple of times until I completed that project. I told the company that they did not need to send me more thread as the problem had been solved.

Bob Harmon

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B-Sew Inn
Sewing • Quilting • Embroidery

B-Sew Inn is committed to offering customers quality sewing, embroidery and quilting products, superior services, inspiring education and incredible values, allowing all levels of sewing enthusiasts to expand their individual passion for creativity. As the world's largest Baby Lock Retailer, we offer the full line of Baby Lock Machines!

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2910 N McKee Cir Fayetteville, AR
479-442-7808 www.bsewinn.com

Are You Using The Right Needle In Your Machine?

There are several types of needles from which to choose for the type of fabric/sewing you will be doing. A **Ball-point** is needed for knits as it has a slightly more rounded tip to go between the fabric threads, instead of piercing them.

A **Sharp/Microtex** is for finely woven fabric. They have a narrow shaft and sharper point to pierce fabric thread. They're ideal for heirloom stitching, topstitching, pintucks and edge stitching.

A **Universal** has a point that is very slightly rounded for use on knits, but sharp enough to pierce woven fabrics. Use when stitching synthetic or natural wovens and knits.

Denims/Jeans for heavy wovens and denim. They have a thick, strong shaft and a very sharp point. Use when making a quilt from denim or when stitching through multiple layers of fabric.

Machine Embroidery needles have a larger eye and specially designed scarf that protects the thread against breaking or shredding, even when stitching dense designs. Use for machine embroidery with rayon, acrylic or specialty threads.

Metallic needles are designed especially for use with metallic threads. It features an even larger eye than the embroidery needle, a fine shaft and a sharp point to prevent thread breakage and shredding. It's also ideal for use with monofilament thread.

Quilting needles feature a sharp, tapered point and are designed to stitch through thick layers and intersecting seams. Use them for piecing quilts and machine quilting the layers together.

Topstitch needles have an extra-large eye and a large groove to accommodate heavy topstitching thread or two strands of all-purpose thread. They also feature an extra-sharp point for straight, accurate stitching.

The number classification of a needle refers to the diameter of the blade – e.g., #90 means .9mm in diameter. The larger the number, the larger the needle's diameter. Larger needles also have a larger eye making them ideal for thicker threads. If a thread moves through an eye that is too small, the thread may shred.

TIP – If you use multiple types of needles, stick a small piece of masking tape to your machine and write the type of needle you're using on it.

July Block of the Month

Sampling different techniques is the theme for 2018. I'll be demonstrating the block of the month at the New Bees on the 2nd Wednesday of the month at 10:30 to noon in room 28, lower level of the First United Methodist Church.

The block for July is Alpine Cross.

The blocks will be 12 1/2" squares that can be made into purses, wall hangings, pillows, lap throws, or a sampler quilt. No set colors. We'll be using fabrics from your stash.

Anyone who is new to quilting or would just like help, or just to socialize are invited to come.

Marilyn Bullock, Chairman, Block of the Month

Note from pattern designer:

My patterns are helping find the cure for cancer. If your group has it in their hearts and/or in the budget, all I ask in exchange is for you to make a small donation to the American Cancer Society on my Relay For Life web site <http://main.acsevents.org/goto/MargeGordon2018> or by PayPal at <http://delawarequilts.com/Relay/> Or you may send me a check made payable to the American Cancer Society to: Marge Gordon, 31357 Kendale Road, Lewes, DE 19958

Alpine Cross for Calico Cut-Ups

Delaware Quilts

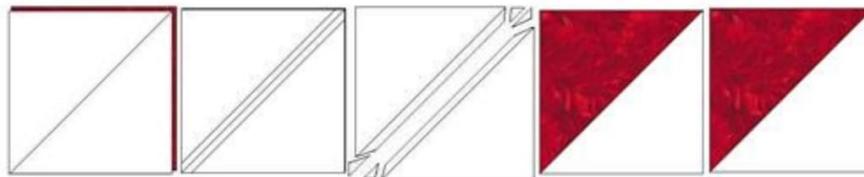


For a 12 1/2 inch Alpine Cross block (12 inches when sewn in a quilt) you need the following cuts.

For the Diagonal Half Squares (or HST) you need:
 Four 3 3/8 inch squares of the white-on-white.
 Six 3 3/8 inch squares of the black and white print.
 Six 3 3/8 inch squares of the red

For the center strips you need four 5 1/2 by 2 1/2 inch strips of the black and one 2 1/2 inch square of white.

First we will make the diagonal half squares (DHS) or half square triangles, which ever you prefer calling them. You can use which ever technique you want to make them, but this is my favorite.



First, mark your lightest squares diagonally through the center. (This will be a cutting line when you are finished.) Place your black or black and white print 3 3/8 inch square, right sides together with the 3 3/8 inch marked square. Sew on either side of the drawn line, exactly 1/4 inch from the first line. Cut this square in half on the cutting line. Press them all to the darkest fabric, in this case red. You will now have two diagonal half-squares, which should measure exactly 3 inches. Repeat with the remaining 3 3/8 inch squares. Press the remaining DHSs to the print fabric.



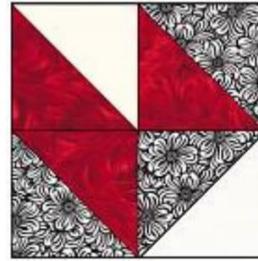
Make four units like this,



and then four like this

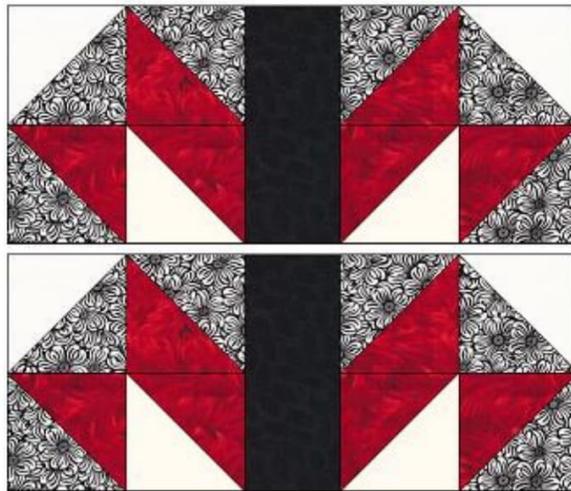
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Alpine Cross © Delaware Quilts December 2010



Now sew those together into four units which look like this.

Now sew a black strip between two of the units you just made. Notice how those units are turned, putting the black DHS in the center next to the red strip. Make two units like this.



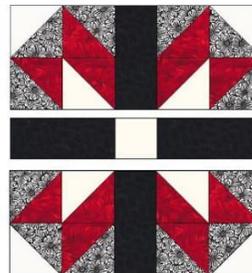
One of those units will be turned around when you put the block together

Sew together the middle row



Assemble following the diagram.

Your Alpine Cross block should measure 12 1/2 inches.



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Alpine Cross © Delaware Quilts December 2010

**Stack 'n Whack
(Kaleidoscope) Workshop**



Monday, July 16th

9:00 a.m. – 12:00 in Becker Hall

**No fee for workshop but
preregistration is required for
supply list.**

**Contact Sharon Moravits at
sharonmoravits@gmail.com or
417-434-6943 for instruction sheet
and to register.**