

## **Alternative Peer Group** (APG):

A place where adolescents join together with peers to build new, healthy relationships, resiliency and pro social skills in support of their recovery from trauma, addiction and mental health challenges with expert guidance from licensed professionals.



## **APG Hours:**

Monday-Thursday 2:00 - 7:00pm and Saturday 3:00 - 10:00pm



## Key Features of an Alternative Peer Group (APG):

- There is no cost to attend
- Judgment free zone
- Clinical services
- Peer Mentors
- Meals and snacks
- Recreational activities such as concerts, fitness, community service, field trips, games, and creative arts
- Psycho-social groups and a safe place to hang out with friends
- Group accountability
- Transition support for college, work, or other communities



We are located at 108 Grove Street, Suite 205, Worcester, MA 01605 Please call to schedule a visit 508-455-5053 http://www.4choices.org