

SUTTON SOUP 3 - 6th October 2016



We had our best turn out yet for the third Sutton Soup, raising a staggering £560! The church was really buzzing with people as we sat down to listen to pitches from our four good causes. They were:

- **Free Cakes for Kids** – Lynne pitched for the Sutton branch of this nationwide group who volunteer to make homemade birthday cakes for children whose families would find it difficult to provide one for them.
- **No Panic (Sutton & Merton)** – No Panic are a support group for people who suffer from anxiety, panic attacks and phobias. We heard from Jean and Robin of who were pitching to pay for a day trip for their members who have anxiety and agoraphobia.
- **Shanklin Youth Club** – This youth club is run by **Surrey Clubs for Young People (SCYP)**. Joyce from SCYP told us all about the fantastic work they do and pitched for funds to help them keep doing it. She also asked for volunteers as they are in desperate need.
- **Carshalton Community Allotment** – This community allotment scheme is run by EcoLocal. Tansy from EcoLocal pitched and told us all about the therapeutic gardening sessions they provide for local people who have mental health problems and learning difficulties.



In the end, the money went to Free Cakes for Kids by a considerable margin – Lynne and Abigail, who was there for support, were thrilled to bits to receive their cheque. £560 will keep them in cakes for quite a while! They will of course be coming back to see us in January and give us an update.

A highlight of the evening was of course catching up with Nigel from **SMILE**. Nigel was the winner at the July Soup and he came back to let us know how the £345 he won had been spent. It was really good to hear about all the fun activities that the money had paid for.

We were also lucky enough to have **Sutton Community Farm** visit us again, with lots of info about their veg boxes and the other great things they do. Pavlina from the farm gave out some wholesome kale goody bags for us to sample – a big thank you to them for making it down and sharing their delicious produce with us.

And thank you so much to Shirley Fung for providing lovely piano music throughout the evening. Also we must mention **Waitrose, The Co-Op** and **The Bread Club** who donated food and drink on the night – it went down a treat!