



Useful Allergy Resources:

Please be advised, some of these organisations have formed under sad circumstance. These are recommended by My Little Allergy, as the information and what they stand for align with ours, they provide informative material relating to allergies and help raise awareness for those living with allergies. They are not intended to scare or produce anxiety

Allergy UK – www.allergyuk.org

Anaphylaxis UK – www.anaphylaxis.org.uk

Asthma and Allergy Foundation – www.asthmaandallergy.org.uk

BSACI – www.bsaci.org

British Paediatric Allergy Immunity & Infection Group – www.bpaiig.org

Food Standard Agency – www.food.gov.uk

Kitt Medical – www.kittmedical.com

National Allergy Strategy Group – www.nasguk.org

National Library of Medicine – www.pubmed.ncbi.nlm.nih.gov

NHS Evelina London – www.evelinalondon.nhs.uk

The allergy Team – www.theallergyteam.com

The Benedict Blythe Foundation – www.benedictblythe.com

The Natasha Foundation – www.narf.org.uk

The Sadie Bristow Foundation – www.sadiebristowfoundation.org.uk

World Allergy Organisation – www.worldallergy.org