



FEE STRUCTURE INFORMATION

My commitment remains to provide accessible and affordable counselling services while maintaining a high standard of quality and consistency. Session fees are annually revised to reflect my ACA Level 4 registration and clinical counsellor registration with PACFA, private practice operational costs, and GST obligations.

SESSION TYPE	DURATION	FEE
Brief Phone Counselling	30 minutes	\$75
Individual Counselling	60 minutes	\$150
Family Counselling (1 adult + 1 child)	60 minutes	\$150
Family Counselling (2 adults + 1-2 children)	60 minutes	\$185
Relationship Counselling (2 adults)	90 minutes	\$220
Counselling Supervision Individual	60 minutes	\$110
Counselling Supervision Individual Plus	90 minutes	\$150
Counselling Supervision Group (max 5)	90 minutes	\$ 70

PLEASE NOTE:

- These prices are inclusive of GST.
- All appointments exceeding 60 minutes in length are only applicable to clients over 18 years.
- Private health rebates may apply depending on your Health Fund and level of cover.
- These prices and discounted fees do not apply to NDIS participants or RTWSA clients.

DISCOUNTED FEES: A \$20 discount off the full fee is applied for concession or pension card holders, and children 16 and under (individual counselling only), or by prior agreement in cases of financial hardship.

CANCELLATIONS: Appointments cancelled with less than 24 hours' notice, or a non-attendance incur the full session fee. Cancellation fees may be waived at the discretion of the counsellor or in case of an emergency.

Thank you for your continued trust and support — it is a great privilege to work with clients on their journey.