



FEE STRUCTURE UPDATE (EFFECTIVE 1 JANUARY 2026)

My commitment remains to provide accessible and affordable counselling services while maintaining a high standard of quality and consistency. In the coming year, session fees will be revised to reflect my registration level with the Australian Counselling Association, increased operational costs and GST obligations.

SESSION TYPE	DURATION	FEE
Brief Phone Counselling	30 minutes	\$75
Individual Counselling	60 minutes	\$145
	90 minutes	\$180
Family (1 adult + 1 child)	60 minutes	\$145
Family or Relationship	60 minutes	\$180
	90 minutes	\$210

A **10% discount is applied** for concession or pension card holders, and children under 16 (individual counselling only), or by prior agreement in cases of financial hardship; only one (1) discount applies per appointment per person.

PLEASE NOTE:

- These prices are inclusive of GST.
- All appointments exceeding 60 minutes in length are only applicable to clients aged over 18 years of age.
- Private health rebates may apply depending on your Health Fund and level of cover.
- These prices and discounted fees do not apply to NDIS funded or RTWSA clients

CANCELLATIONS within 24-hours of an appointment or a non-attendance will incur the full session fee. Cancellation fees may be waived at the discretion of the counsellor and on an individual case basis.

Thank you for your continued trust and support — it is a great privilege to work with clients on their journey.