REGAIN BALANCE
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FEE STRUCTURE INFORMATION 2027

My commitment remains to provide accessible and affordable counselling services while maintaining a high standard of quality and consistency. Session fees are revised annually; clients will be notified of any changes.

SESSION TYPE	DURATION	FEE	
Brief Phone Counselling	30 minutes	**$ 75**	CCO
Brief Online Counselling	45 minutes	**$120**	CCO
Individual Counselling	60 minutes	**$150**	
	90 minutes	**$185**	
Youth Counselling (Individual session 12-15 years)	45 minutes	**$110**	NDA
Family Counselling (Parent(s) and child)	60 minutes	**$185**	NDA
Relationship Counselling (2 adults)	90 minutes	**$220**	NDA
Counselling Supervision – Student to ACA Level 4	60 minutes	**$120**	NDA
Counselling Supervision Plus ACA Levels 1- 4	90 minutes	**$150**	NDA

** NDA - No discounts apply, CCO - Current clients only **

A **$20 discount** off the full fee is applied to *individual counselling sessions* for concession or pension card holders, and students over 16 years, or by mutual agreement if in financial hardship; only one (1) discount applies per appointment per person, and does not apply to supervision, RTWSA clients or NDIS participants.

PLEASE NOTE:

- These prices are inclusive of GST.
- All appointments exceeding 60 minutes in length are only applicable to clients over 18 years.
- Private health rebates may apply depending on your Health Fund and level of cover.
- These prices and discounted fees do not apply to NDIS or RTWSA clients.

CANCELLATIONS Appointments cancelled with less than 24 hours' notice, or a non-attendance, incurs a full session fee. Cancellation fees may be waived at the discretion of the counsellor or in case of an emergency.