



FEE STRUCTURE UPDATE (EFFECTIVE 1 JANUARY 2026)

My commitment remains to provide accessible and affordable counselling services while maintaining a high standard of quality and consistency.

SESSION TYPE	DURATION	FEE (GST Inclusive)
Brief Phone Counselling	30 minutes	\$75
Individual Counselling	60 minutes	\$145
	90 minutes	\$180
Family (1 adult + 1 child)	60 minutes	\$145
Family or Relationship	60 minutes	\$180
	90 minutes	\$210

A **10% discount is applied** for concession card holders, and children under 16 (individual counselling only), or by prior agreement in cases of financial hardship; only one (1) discount applies per appointment per person.

PLEASE NOTE:

- Appointments exceeding 60 minutes are only applicable to clients aged over 18 years of age.
- Private health rebates may apply depending on your Health Fund and level of cover.
- These prices and discounted fees *do not* apply to NDIS funding, insurance claims or RTWSA

CANCELLATIONS within 24-hours of an appointment or a non-attendance will incur the full session fee. Cancellation fees may be waived at the discretion of the counsellor and on an individual case basis.

The fees are revised bi-annually to reflect the registration level with the ACA, operational costs and GST.

Thank you for your continued trust and support — it is a great privilege to work with clients on their journey.