

2025/26 SCHEDULE



MON	TUE	WED	THU	FRI	SAT
3:30PM - 4:30PM Youth + Junior Levels 1+2 Ages 7-12	1:30 - 3:00PM Home school Parkour	3:30PM - 4:30PM Levels 3+4	2:30PM - 3:15PM Tiny Parkour Ages 3+4	1:30 - 3:00PM Home school Parkour	10:00AM - 10:45AM Tiny Parkour Ages 3+4
4:30PM - 5:30PM Levels 3+4	3:30 - 4:30PM Mini Parkour Ages 5+6	4:30PM - 5:30PM Level 5	3:30PM - 4:30PM Youth + Junior Levels 1+2 Ages 7-12	3:30PM - 4:30PM Youth and Junior Levels 1+2 Ages 7-12	10:45AM-11:45AM Mini & Youth Parkour
5:30PM - 6:30PM Level 5	4:30 - 5:30PM Youth + Junior Levels 1+2 Ages 7-12	5:30PM - 6:30PM Senior/Adult Parkour 13+	4:30PM - 5:30PM Levels 3+4	4:30PM - 6:30PM BIRTHDAY PARTY	12:00PM - 2:00PM BIRTHDAY PARTY
6:30PM - 8:00PM Open Gym 7+	5:30PM - 6:30PM Levels 3+4	6:30PM - 8:00PM Open Gym 7+	5:30PM - 6:30PM Level 5	6:30PM - 8:00PM Open Gym/Games Night Ages 7+	2:30PM - 4:30PM BIRTHDAY PARTY
	6:30PM - 7:30PM Senior/Adult Parkour 13+		6:30PM - 7:30PM Senior/Adult Parkour 13+		5:00PM - 7:00PM BIRTHDAY PARTY

Questions? Contact us!

604-776-1923

info@elementsparkour.com

Unit 14 34100 South Fraser Way Abbotsford,
BC V2S5K4

Pricing Information

Monthly Class rates:

1 class per week = \$115.00 +tax per month
 2 classes per week = \$190 +tax per month
 UNLIMITED CLASSES = \$250 +tax per month

Daily Single Day Fees:

Non Members = \$35.00 +tax per class
 Members = \$30.00 + tax per class

Open Gym Rates:

Sibling Discount does not apply
 Non Members = \$15 +gst each open gym
 Members = \$10 +gst each open gym

Classes will be pro rated by our staff
 when registration is completed.

All classes including single day
 attendance must be pre registered .

\$45.00 membership fee will be
 added to your account per athlete, valid until
 August 2026.

10% sibling discount applies for classes
 Only one discount can be used at a time.