

I am brave and can face anything that comes my way.

l love my uniqueness. It makes me special.

lam smart and capable of learning new things.

I feel loved by my family and friends.

CCCCCCCC

I am kind, and my actions make a difference.



I love being creative. My imagination knows no bounds.

00000000

I feel strong, both inside and out.

I am responsible and take care of my belongings.



I am a good friend, and I treat others with respect.

I am patient and can wait my turn.

CCCCCCCC

I believe in myself.

I am honest and tell the truth.

I enjoy lending a hand and helping

others.

I do amazing things that make the world

00000000

I see the bright side of things.

I am curious, and I love exploring the world around me.

better.



I am a problemsolver-I find solutions. I am loved for who I am, just as I am.

I am polite, and I use my manners.

CCCCCCCC

I know that I can achieve great things.

I am a good listener, and I care about what others share.

I am thankful for the good things in my life.

00000000

I feel full of energy and ready to take on the day.

I am respectful, and I treat others how I want to be treated.



I can achieve my goals.

I am a good sport, whether I win or lose.

I spread happiness wherever I go.

00000000

I am a good teammate and work well with others.

I am patient, and good things come to those who wait.

CCCCCCCC

I enjoy my life.

R

I can easily focus and concentrate on my tasks.

I am calm, and I can handle things even when they're tricky.



I feel grateful and appreciate the little things in life.

I feel confident and happy about who I am.

I am kind and treat others with kindness.

00000000

I love being full of imagination.

I feel happy when
I laugh and play with
my friends.

CCCCCCCC

I feel brave and try new things without fear.



I am positive, and I spread joy to those around me.

I am a good friend, and my friends appreciate me.



I speak to spread kindness and make the world better.

| know | am smart and can figure things out.

| know | am loved.

ccccccc

I am open to new ideas and thoughts.

I am proud of who I am.

| know | have a brave heart inside me.

00000000

I feel happy knowing my ideas really matter.

I feel loved by those around me.



I am capable of anything I set my mind to.

I am helpful.

I am able to see the good in every situation.

I am confident in being myself.

CCCCCCCC

I love learning new things and being curious.

I am someone people trust to do important things.

ccccccc

I am strong, and I can overcome challenges.

I am full of love.



I love showing compassion to others.

I do my very best all the time.

I am determined, and I never give up on my dreams. CCCCCCCC

I love myself to the fullest.

I am important, and my voice matters.

R

I am positive, and I have a sunny outlook on life.

CCCCCCCC

I am whole.

I am lovable and love myself.



I am creative and come up with amazing ideas.

person.

I am a powerful

I believe in my dreams and can make them come true.

I see the good in every situation.

CCCCCCCC

I am worthy of love and kindness.

I speak calmly and with confidence.

00000000

I believe in happiness and find joy in the little things.

I feel healthy and strong every day.



I am excited about life.

I feel calm and peaceful when I take big, deep breaths.

I speak in a friendly and kind way about others.

00000000

I am thankful for my body because it lets me do lots of things I love.

I feel proud of myself when I accomplish something, big or small.

CCCCCCCC

I am beautiful, inside and out.



I am thankful for this beautiful day.

I am deserving of good things.



I know my opinions and ideas are worth sharing.

I am special, and I celebrate everything that makes me who I am.

I am kind and treat all living beings with respect and compassion.

00000000

I am in charge of my feelings, and I choose to be positive and kind.

I feel loved, appreciated, and cherished by the people around me.

CCCCCCCC

I am surrounded by caring and supportive people.



I know I can learn from my mistakes.

I am a leader and inspire my friends to be their best selves.



I am grateful for the little things that make life special.

lam becoming the best version of myself.

I know I am kind and bring joy to others.

I am positive, and I find happiness in simple everyday

CCCCCCCC

I am surrounded by positivity, and it brightens my day.

moments.

I am thankful for all the love and happiness in my life.

CCCCCCCCC

I am proud of myself and my achievements.

I am patient and wait for good things to come.



I am loved for who I am.

I speak confidently and believe in myself.

I am grateful for the opportunities and experiences that come my way.

00000000

I am perfect just the way I am.

I am positive, and I focus on the good in every situation.

CCCCCCCC

I speak the truth and take responsibility for my actions.

I am creating a wonderful future for myself.

I know that anything can happen if I believe it can.



I am smart in my own way.

I am open to trying new things.

I know I have talents to share with the world.

I am in control of my thoughts and emotions.

CCCCCCCC

I feel strong, both in body and mind.

I am a hard worker.

ccccccc

I am here to learn, grow, and have fun along the way.



