Susan Joyce Proctor, MBA, DAy

Speaker • Visionary • Synergist



Focus & Expertise

- Founder & Team Dynamics
- Community Building & Event Production
- Personalized Wellness & Alignment
- Women's Sovereignty & Empowerment

Signature Topics

- The Irreplaceable You: Discovering What Is Uniquely Yours in the Age of AI
- The Founder Factor: Unlocking the Hidden Genius in You and Your Team
- The Magic of Synergy: The Whole Is Greater Than the Sum of Its Parts
- The Divine Feminine Rising: From Conditioning to Sovereignty
- Wellness By Design: Why One Size Fits All Doesn't Fit Anyone

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THE *Women Thriving* PROJECT

Co-Founder ~ The Women Thriving Project
Founder ~ The Women's Alignment Collective

Creator ~ The Align By Design Blueprint™ &
The HemaDosha Blueprint™

Host & Writer ~ Thriving Beyond the Matrix
(Podcast & Substack)

According to Susan Joyce Proctor, one size fits all doesn't fit anyone. As the creator of the Align By Design Blueprint™, she's bringing a new perspective to how we understand ourselves, recognize our natural genius, and harness the power of our uniqueness—in our lives, relationships, and businesses.

A lifelong Synergist whose personal value proposition is synergy, Susan's unconventional career includes a decade each as a bank vice president and an event producer for a global spiritual teacher, along with more than 30 years of thought leadership in women's wellness, personal transformation, and sovereignty.

These days, Susan is bringing her experience, insights, and gift for creating synergy to The Women Thriving Project, the emerging enterprise she co-founded with Jenny Dangerfield, with a vision for transforming how women approach wellness, leadership, and thriving.

The Women Thriving Project is building an ecosystem bringing together personalized wellness, education, community, and opportunities for women to realize their potential as individuals, founders, and leaders. At its heart is Susan's conviction that understanding and honoring our uniqueness opens up extraordinary possibilities for collaboration, innovation, and thriving.

Susan's work and vision have been recognized by Marquis Who's Who, and she was recently featured in MSN's Beyond the Playbook: How Five Founders Are Rewriting the Rules of Business.