

Sunday June 7, 2020

Flower Mountain Zen

Fighting Words

Koan:

If you are scorned and reviled by others and are about to drop into hell in this very life because of evil karma from your previous life, then because you are scorned and reviled by others, the evil karma of your previous life will be extinguished.

Questions:

1. What do you carry around from previous lives or other times that makes it hard to see the world as it is right now?
2. What do you feel you need to atone for?
3. Is there anything you believe or have been taught that you would like to extinguish, so you could start over?

Poem:

Oceans *by Juan Ramon Jimenez*

I have a feeling that my boat
has struck, down there in the depths,
against a great thing.

And nothing
happens!
Nothing ... Silence ... Waves ...

- Nothing happens?
Or has everything happened,
and are we standing now, quietly, in the
new life?