

Ideas to support your child's learning whilst you are at home

Communication and Language

- * www.phonicsplay.co.uk is a now 'free to use' website. The username is: [march20](#) and the password is: [home](#). There lots of ideas to help support language as well as games to play with your child, such as 'what did you put in my lunchbox'.
- * Look at books and magazines together. Talk about the stories and illustrations - use both fiction and non-fiction if you have them.
- * Ask your child 'what can you see, hear, taste and smell' throughout the day.
- * Songs and rhymes - you could include the hand washing song (see the NHS website or YouTube).
- * Give your child simple instructions to follow and opportunities for asking and answering questions i.e. I wonder what.....How does this.....What if.....

Physical

- * Develop self-help skills - this might be an ideal time to toilet train your child (if they aren't already) - especially as nappies are in short supply.
- * Discuss healthy foods.
- * Develop your child's fine motor skills using pens and pencils as well as cutting and snipping with scissors.
- * Try out Cosmic Kids Yoga on YouTube.

Literacy

- * Mark making (include music if possible).
- * Sharing books and stories.
- * There are resources on www.phonicsplay.co.uk, to support parents, such as all phase 1 games and 'grab a giggling grapheme' (phase 2).
- * Songs and rhymes - also on www.phonicsplay.co.uk - 'playing with rhythm and rhyme' and 'listen out for sounds/voice sounds'.

Maths

- * Help your child with maths on www.bbc.co.uk/cbeebies/grownup/help-your-child-with-maths.
- * Counting rhymes and songs.
- * Counting steps and claps etc.
- * What shapes can you see in the environment?
- * What numbers can you see around you?
- * Counting and sorting the clothes when you do the washing.
- * How many cups, spoons etc. do we need.

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Understanding the World

- * Discuss your environment and talk about things you can see.
- * Use cause and effect toys - pressing buttons etc.
- * Take you child on a mini beast adventure on www.bbc.co.uk/cbeebies/shows/mini-beast-adventure-with-jess.

Expressive Art and Design

- * Dance with your children—use scarves and material to move to music.
- * Experiment with mark making.
- * Sing songs.
- * Play make believe games with available resources such as small world toys, dolls, cars etc.