

Daycare Illness Policy

Our goal is to provide a healthy environment for children, families, and staff. This policy ensures everyone understands what to do when a child is sick and helps limit the spread of illness in our program.

Staying Home - Illness

Parents must notify us by **8:00 am** if their child will be absent due to illness.

Allergy Action Plan

If your child has a life-threatening allergy, please work with us to create an **Allergy Action Plan**.

Doctor's Note

If your child is absent for **3+ days** due to illness, a doctor's note is required.

When to Keep Your Child Home

- Have a fever of **100°F or higher**.
- Have diarrhea (two or more watery or loose stools in 24 hours).
- Have vomited (one or more episodes in 24 hours).
- Have nasal discharge that is thick, **yellow/green**, or persistent.
- Show signs of illness such as listlessness, excessive tiredness, severe cough, sore throat, ear pain, eye infection (**pink/red** eyes with discharge, itching, or burning).
- Cannot comfortably participate in normal activities or need extra rest.

Illness During the Day

- They will be made comfortable and separated from others until pickup.
- Parents will be contacted immediately and must arrange pickup as soon as possible.
- If we cannot reach you within **30 minutes**, your emergency contacts will be called.

Specific Guidelines

- They will be made comfortable and separated from others until pickup.
- Parents will be contacted **immediately** and must arrange pickup as soon as possible.

01 Fever

- Children with a temperature above 100°F will be sent home.
- Low-grade fevers with additional symptoms will also require pickup.
- Children must be fever-free for 24 hours without medication before returning.

03 Vomiting

- Children will be sent home after one vomiting episode.
- Vomiting with other symptoms may indicate stomach flu or foodborne illness.

02 Diarrhea

- Two or more loose or watery stools in one day require pickup.
- One loose or watery stool with signs of illness (such as fever, lethargy, or stomach pain) also requires pickup.
- The presence of blood or mucus in stool requires immediate exclusion from care.

04 Medication

- Children needing medication to get through the day must remain at home.
- Staff will only administer life-saving medication (inhalers, EpiPens, etc.) with proper documentation.