

# LITTLE BLUE TOTS DAYCARE, LLC

## Daycare Illness Policy

Our illness policy is the first step in providing a safe and healthy learning environment for children, families, and staff. This will help ensure families and staff know what to do when a child is sick and offer guidelines for everyone to follow to limit the spread of illness.

Children should be kept home if they are feverish, have diarrhea and/or vomiting, have nasal mucous discharge that isn't clear, or if they show signs of becoming sick such as: **listlessness, drowsiness, productive cough, sore throat, ear pain, eyes that are pink, burning, itching, or producing discharge.**

If your child cannot comfortably participate in usual activities or your child needs to stay indoors and/or have additional rest, these signs are generally indicative that the child should be kept home.

If your child becomes ill during the day, every effort will be made to make them comfortable, away from the other children. A parent will immediately be called to pick up the child. Parents are required to respond as soon as possible concerning a sick child when contacted by staff. If we cannot reach the parent within thirty minutes, we will reach out to emergency contacts provided.

Parents who decide to keep their child home must notify us no later than 8:00 am.

- **Fever Policy:**
  - Children with a temperature above 100° F will be sent home.
  - Children with a low-grade fever in conjunction with other symptoms will also be sent home.
  - Children must be fever-free for 24 hours without medication to return to daycare.
- **Vomiting Policy:**
  - Children will be sent home after one episode of vomiting.
  - Vomiting in conjunction of other symptoms could be a sign of stomach flu or food poisoning.
- **Diarrhea Policy:**
  - Children will be sent home if they have two loose or watery bowel movements in one day.
  - Children will also be sent home if blood or mucus is visibly present in their stool.

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- Administration of Medication Policy:
  - Children who need medication to get through the day are required to stay home under parental supervision.
  - Staff will not administer any medication beyond life saving measures (*i.e. asthma, epi-pens; documentation required*).