

## Equality and Diversity

### Course Overview

The course aims to provide learners with knowledge of the Equality Act 2010 including the 9 protected characteristics identified within the act. It covers what equality is, types of discrimination and unconscious bias. The course helps to reduce the occurrence of discrimination and to make sure everyone from any walk of life is treated equally and fairly

### Course Content

The course covers:

- How to create an inclusive culture.
- What it means to be an inclusive colleague/leader.
- Understanding the lived experience of colleagues.
- Protected characteristics.
- How to have difficult conversations.
- Dignity at work.
- Respect for colleagues.
- What is unconscious bias and why is it important.
- Exploring what can cause bias and the link to subtle discrimination.
- How to recognise and manage your bias.

### Structure

1 day face to face or online delivery.

The course is delivered as a single unit:

Unit 1: Equality and Diversity

If you would like further information, please contact us:

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